

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
<b>Women 14-1450 Free</b>							
1	27.05 L	F	Giuliana Vyncke	14	DRGN JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
2	27.09 L S	F	Abigail Kotze	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
3	27.98 L	P	Bailey Lambert	14	RSA	06/10/2023	World Aqua -Swimming World Cup Oct
4	28.20 L	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National Junior Age Group
5	28.48 L	F	Sienna Gous	14	INFA NMA	09/02/2024	Infinity Gala 2024
6	28.49 L	P	Payton Aitken	14	WATR JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
7	28.59 L	F	Blake Morris	14	LINR JHB	30/11/2023	CGA Championships 2023
8	28.83 L	F	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023
9	28.92 L	F	Milla Hulse	14	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
10	29.00 L	F	Anja Buitendach	14	MP EZD	19/04/2024	SA Schools Swimming Championship
11	29.26 L S	F	Riziki Magotsi	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
12	29.28 L	P	Shannon Hugo	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
13	29.30 L	F	Sylvie de Bruyn	14	BULS MAN	27/10/2023	Neptune Prestige Gala
14	29.37 L	F	Zuria Venter	14	CA EKU	26/01/2024	EGA Last Chance 2024
15	29.41 L S	P	Lilianne Hebler	14	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
16	29.52 L	P	Sadie Roberts	14	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
17	29.58 L	F	Leila Springer	14	SASE JHB	30/11/2023	CGA Championships 2023
18	29.59 L	F	Abigail Munro	14	USC BUF	15/12/2023	NMBA Championships 2023
19	29.66 L	F	Eva Dal Cin	14	ELEC TSH	09/11/2023	Mauritius Summer Championships (LC)
20	29.68 L	P	Isabella Bruyns	14	MDOL JHB	30/11/2023	CGA Championships 2023
21	29.74 L	F	Ane Snyders	14	BLSS MAN	06/12/2023	Free State Champs 2023
22	29.75 L	F	Paige Meeser	14	CA EKU	28/10/2023	EGA Summer 2 2023
23	29.76 L	P	Madison Higgs	14	INFA NMA	09/02/2024	Infinity Gala 2024
24	29.78 L	F	Emma Pinheiro	14	SMTG JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
25	29.82 L	F	Jade Van Vuuren	14	WATR JHB	30/11/2023	CGA Championships 2023
26	29.90 L	F	Amara Okoye	14	PAC TSH	12/12/2023	NTS Championships 2023
27	29.91 L	F	Tchisank Banza	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
28*	29.93 L	F	Carla Dannhauser	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
28*	29.93 L	F	Megan Jansen	14	MP EZD	19/04/2024	SA Schools Swimming Championship
30	29.97 L	P	Lyla vd Spuy	14	TUKS TSH	12/12/2023	NTS Championships 2023
31	29.98 L	P	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
32	30.01 L	P	Stephanie Dannhauser	14	LP CCD	19/04/2024	SA Schools Swimming Championship
33	30.04 L	F	Leah Markgraaff	14	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
34	30.06 L S	S	Almi Geyser	14	LALE GED	14/12/2023	Western Cape LC-A Championship 2023
35*	30.10 L	P	Caileigh De Beer	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
35*	30.10 L	F	Jamie-Lee Graham	14	AA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
37*	30.11 L	F	Addison Doolan	14	AA JHB	20/03/2024	SA Level 3 Regional Age Group
37*	30.11 L	F	Mikayla Hinkley	14	PER JHB	30/11/2023	CGA Championships 2023
37*	30.11 L	P	Mia Groenewald	14	NC FB	19/04/2024	SA Schools Swimming Championship
40	30.14 L	F	Danielle Grobler	14	BLOT MAN	06/12/2023	Free State Champs 2023
41	30.22 L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024	SA Level 3 Regional Age Group
42	30.25 L S	P	Keillah-Naomi Holthuis	14	QSAW GED	14/12/2023	Western Cape LC-A Championship 2023
43	30.26 L S	P	Madison Coleman	14	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
44	30.29 L	F	Kaylin Fabricius	14	BARR CPT	21/03/2024	SA Level 3 Regional Age Group
45	30.36 L	F	Kacey Hughes	14	STSC KCD	14/12/2023	KZNA 2023 Championships Incorp SSA
46	30.39 L	F	Sophia Trout	14	VINE CPT	11/11/2023	Winelands SL4
47	30.40 L	F	Caitlin Rossiter	14	HSH BP	23/02/2024	NW School Championships 2024
48*	30.43 L	P	Ella Jv Rensburg	14	SS MPD	15/03/2024	SA National Junior Age Group
48*	30.43 L	F	Cara Visser	14	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
50	30.44 L	F	Anja Volschenk	14	BLSS MAN	06/12/2023	Free State Champs 2023
51	30.49 L S	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
52	30.58 L	F	Milan Ferreira	14	TASC MPD	20/03/2024	SA Level 3 Regional Age Group
53	30.63 L	F	Kapitolina Xaba	14	SASE JHB	30/11/2023	CGA Championships 2023
54	30.65 L	P	Odette Upton	14	LP CCD	19/04/2024	SA Schools Swimming Championship
55	30.72 L S	P	Ava Newton	14	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
56	30.74 L	F	Ella-Mae Henning	14	VRC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
57	30.75 L	F	Abigail Wilcocks	14	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
58	30.78 L	F	Abigail Suckling	14	FSE KCD	03/02/2024	KCDA February Age Group 2024

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	Time	P/F/S	Name	Age/Yr					
59	30.82	L	F	Margo Senekal	14	TYGE CPT	21/03/2024	SA Level 3 Regional	Age Group
60	30.83	L	F	Hannah De Necker	14	FISH EDD	04/11/2023	EDEN 3rd A-League School Trials Gala	
61	30.92	L	P	Aryana Cloete-Hopkins	14	SSISA CPT	15/03/2024	SA National Junior Age Group	
62*	30.96	L	P	Zuri Tome	14	TUKS TSH	20/03/2024	SA Level 3 Regional	Age Group
62*	30.96	L	P	Shalem Mashingaidze	14	GAU JHB	19/04/2024	SA Schools Swimming Championship	
64	30.97	L	F	Shane Swarts	14	PSA ZLD	05/04/2024	SA Level 2 Regional Age Group Champs	
65	30.99	L	P	Kerrigan Hayes	14	CASC CPT	15/03/2024	SA National Junior Age Group	
66	31.00	L	F	Sydni Adams	14	VINE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet	
67	31.02	L	F	Sharni-Marie Watson	14	PAC TSH	26/01/2024	NTS Level 3+ January Age Group 2024	
68	31.04	L	F	Lili Annandale	14	BULS MAN	21/10/2023	Otters Prestige Gala 2023	
69	31.05	L	F	Gemma Walters	14	DORE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023	
70*	31.09	L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional	Age Group
70*	31.09	L	F	Arne' Dreyer	14	STAQ CED	03/02/2024	Winelands SL final	
70*	31.09	L	F	Abigail Kulynych	14	BAS EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
73	31.14	L	P	Mila De Souza	14	EXP TSH	12/12/2023	NTS Championships 2023	
74	31.15	L	F	Lehane Lategan	14	FAAC	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023	
75	31.16	L	F	Rozaan Korff	14	ACAQ CCD	01/12/2023	Limpopo Champs	
76*	31.19	L S	F	Marike Raimond	14	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023	
76*	31.19	L	P	Lara Eckersley	14	CRSC JHB	20/03/2024	SA Level 3 Regional	Age Group
78	31.23	L	F	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24	
79	31.24	L	P	Catherine Roberts	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
80	31.30	L	F	Inge Vd Walt	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
81	31.33	L	F	Zoé Steyn	14	HREF BP	06/12/2023	NWS Championships 2023/24	
82	31.36	L	F	Kylie De Bruyn	14	TUKS TSH	23/02/2024	NTS Prestige AG February 2024	
83	31.37	L	P	Alexis Muller	14	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
84*	31.46	L	P	Lethabo Masemola	14	WATR JHB	20/03/2024	SA Level 3 Regional	Age Group
84*	31.46	L	F	Hazel Hutchison	14	FAAC	10/02/2024	AGE GROUP 6 UPT - 2024	
86	31.48	L	F	Hannah Du Toit	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
87*	31.49	L	P	Tatum Grant	14	SOUL EKU	20/03/2024	SA Level 3 Regional	Age Group
87*	31.49	L	F	Jessica Davies	14	VINE CPT	10/02/2024	WCA-B Champs - 2024	
87*	31.49	L	F	Emma Brooks	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024	
90	31.52	L	P	Sam Juries	14	CLSC WCD	15/03/2024	SA National Junior Age Group	
91	31.53	L	F	Rebecca Briggs	14	LALE CED	10/02/2024	WCA-B Champs - 2024	
92	31.55	L	F	Emma-Lee Theron	14	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
93	31.57	L	F	Sulize Henning	14	HREF BP	06/12/2023	NWS Championships 2023/24	
94*	31.63	L	P	Annabell Sirrals	14	TUKS TSH	20/03/2024	SA Level 3 Regional	Age Group
94*	31.63	L	P	Amy Hartung	14	WCA CPT	19/04/2024	SA Schools Swimming Championship	
94*	31.63	L	F	Sinead De Wet	14	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
97	31.64	L	F	Lienke Els	14	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
98	31.67	L	F	Leila Smit	14	CSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
99*	31.68	L	P	Indigo Woodburn	14	MDOL JHB	30/11/2023	CGA Championships 2023	
99*	31.68	L	P	Jenna Morris	14	VINE CPT	15/03/2024	SA National Junior Age Group	
101*	31.71	L	P	Kirsten Myers	14	WCA CPT	19/04/2024	SA Schools Swimming Championship	
101*	31.71	L	F	Isabelle Welgemoed	14	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs	
103*	31.75	L	P	Nicola Carver	14	ELEC TSH	20/03/2024	SA Level 3 Regional	Age Group
103*	31.75	L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023	
105	31.76	L	F	Gabi McQuinn	14	ELEC TSH	12/01/2024	2024 Grand Prix Invitation Swimming	
106*	31.77	L	P	Marne' Van Rensburg	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023	
106*	31.77	L	F	Isla Minderon	14	PEAS NMA	11/11/2023	5th A League Gala 2023	
108*	31.78	L	P	Alexa Basso	14	SOUL EKU	20/03/2024	SA Level 3 Regional	Age Group
108*	31.78	L	F	Miane Kasselmann	14	WES KK	23/02/2024	NW School Championships 2024	
110	31.89	L	F	Keira Ellerbeck	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
111*	31.90	L	F	Carle Hager	14	LALE CED	11/11/2023	Winelands SL4	
111*	31.90	L	F	Aliyah De Oliveira	14	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet	
113	31.91	L	F	Anieke Prinsloo	14	BETH FDD	06/12/2023	Free State Champs 2023	
114*	31.94	L	P	Chanel Van Tonder	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
114*	31.94	L	F	Evelyn Malan	14	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group	
116	31.96	L	P	Jessica Stedall	14	WWOL TSH	20/03/2024	SA Level 3 Regional	Age Group
117	31.98	L	F	Tatum Topliss	14	MAKO EKU	15/09/2023	EGA Summer 1	

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	Time	P/F/S	Name	Age/Yr			
118	31.99 L	F	Amy Jackson	14	TCA EKU	11/11/2023	EGA Summer 3
119	32.02 L	F	Simone' Pretorius	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
120*	32.03 L	F	Ella Lombard	14	AA JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
120*	32.03 L	F	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
122	32.04 L	F	Mi-Ly Vd Merwe	14	LALE CED	11/11/2023	Winelands SL4
123	32.05 L	F	MacKenzie Bone	14	ELEC TSH	26/01/2024	NTS Level 3+ Januery Age Group 2024
124	32.10 L	F	Elandri Du Randt	14	BETH FDD	06/12/2023	Free State Champs 2023
125*	32.12 L	F	Caitlin Camacho	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
125*	32.12 L	P	Kyrach Mack	14	PEAS NMA	09/02/2024	Infinity Gala 2024
127	32.13 L	F	Ona-Mari Van Niekerk	14	KNYA EDD	21/03/2024	SA Level 3 Regional Age Group
128	32.14 L	F	Emma Hagglund	14	SSISA CPT	11/11/2023	Winelands SL4
129*	32.15 L	F	Bianca Potgieter	14	PAC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
129*	32.15 L	P	Tara Saint	14	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
131*	32.20 L	F	Georgia Wichmann	14	MGSC UGD	24/11/2023	Westville-Seals LC Championships
131*	32.20 L	F	Emily Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
133	32.26 L	F	Ulrike Kruger	14	PSC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
134	32.31 L	F	Sadie Bothma	14	HREF BP	06/12/2023	NWS Championships 2023/24
135	32.32 L	F	Gabriella Boerstra	14	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
136*	32.36 L	F	Liane' de Wet	14	BULS MAN	13/10/2023	Pelicans Gala
136*	32.36 L	F	Jesse Kirsten	14	BLOT MAN	06/12/2023	Free State Champs 2023
138	32.37 L	F	Taylor Kassebaum	14	AA JHB	06/10/2023	Super Seals & Sentraal Aquatics Gala
139	32.45 L	F	Macayle Eisen	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
140	32.46 L	P	Marlo Lensing	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
141*	32.47 L	P	Cailyn Clowes	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
141*	32.47 L	F	Ada Barnard	14	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
143	32.52 L	F	Roslyn Ramoholi	14	LEGC ETH	24/11/2023	Westville-Seals LC Championships
144	32.53 L	P	Emma Nolan	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
145	32.57 L	F	Amy Walton	14	AZON ETH	24/11/2023	Westville-Seals LC Championships
146	32.59 L	F	Maria Barreiros	14	ELEC TSH	17/11/2023	NTS Level 3+ November Age Group
147	32.63 L S	F	Keona Landman	14	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
148	32.64 L	F	Klara Weber	14	PLAY CED	03/02/2024	Winelands SL final
149	32.65 L	F	Diane Munro	14	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
150	32.66 L	F	Micke Prinsloo	14	TKS WBD	11/11/2023	Limpopo Age Group 5
151	32.67 L	F	Robyn-Rae Purdon	14	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
152	32.68 L	P	Keira Bester	14	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
153	32.69 L	F	Tamlyn Kew	14	CSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
154*	32.70 L	F	Rebecca Froneman	14	STSC KCD	27/01/2024	Ushaka Champs 2024
154*	32.70 L	F	Margo Louw	14	QSAW CED	21/01/2024	CTA BMEET 4
156	32.78 L	F	Ava Lambropoulos	14	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
157	32.79 L	F	Stephanie Minnaar	14	TYGE CPT	10/02/2024	WCA-B Champs - 2024
158	32.81 L	P	Rachel Fairweather	14	HPS TSH	20/03/2024	SA Level 3 Regional Age Group
159	32.83 L	F	Mienke Kempen	14	LALE CED	03/02/2024	Winelands SL final
160	32.84 L	F	Xanri Muller	14	GHSK	20/01/2024	AGE GROUP 5 KBY 2024
161	32.85 L	P	Jessica Davies	14	VIKI BUF	24/06/2023	PEA Winter Gala 2023
162*	32.87 L	F	Mia Vorster	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
162*	32.87 L	F	Madison Smith	14	CA EKU	26/01/2024	EGA Last Chance 2024
164	32.93 L	F	Carmen Stapelberg	14	TINC TSH	17/11/2023	NTS Level 3+ November Age Group
165	32.94 L	P	Abigail Blake	14	GREY CPT	21/03/2024	SA Level 3 Regional Age Group
166	32.96 L	P	Lika Vd Merwe	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
167	32.98 L	P	Mieke Griffiths	14	MSC NGD	24/03/2024	SA Level 2 Regional Age Group Champs
168	32.99 L	P	Shayla WHYTE	14	MDOL JHB	30/11/2023	CGA Championships 2023
169	33.02 L	F	Milnie Du Toit	14	NHS EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
170	33.13 L	F	McKenzie Jones	14	ESTR EKU	11/11/2023	EGA Summer 3
171	33.20 L	F	Lara Janse van Rensburg	14	NSAD EZD	01/12/2023	Mpumalanga Championships 2023
172*	33.22 L	F	Emme Wentzel	14	INFA NMA	22/07/2023	1st A League Gala 2023
172*	33.22 L	F	Sulize Kruger	14	AA JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
174	33.29 L	F	Kutlo Kesilwe	14	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
175	33.33 L	P	Whitney Lauf	14	MDOL JHB	30/11/2023	CGA Championships 2023
176*	33.47 L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023	CGA Championships 2023

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	Time	P/F/S	Name	Age/Yr			
176*	33.47 L	F	Riley Prinsloo	14	ELEC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
178	33.49 L	F	Carli Murray	14	QUIC CPT	10/02/2024	WCA-B Champs - 2024
179	33.50 L	F	Sophia Wener	14	VINE CPT	21/01/2024	CTA BMEET 4
180	33.51 L	F	Amina Putter	14	NHS EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
181*	33.56 L	F	Ariel De Bruyn	14	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
181*	33.56 L	P	Juanè Burger	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
183	33.73 L	F	Kay-Lee Mouton	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024
184	33.76 L	P	Kyra Home	14	MDOL JHB	30/11/2023	CGA Championships 2023
185	33.77 L	F	Ava Strong	14	PEAS NMA	21/10/2023	4th A League Gala 2023
186*	33.78 L	F	Rozel Scholtz	14	STEL RM	23/02/2024	NW School Championships 2024
186*	33.78 L	F	Erin Stead	14	FRA KCD	05/04/2024	SA Level 2 Regional Age Group Champs
188	33.81 L	F	Talita Wessels	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
189	33.87 L	P	Tylin Taljard	14	SS MPD	24/03/2024	SA Level 2 Regional Age Group Champs
190	33.95 L	F	Megan Mayhew	14	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
191	34.01 L	F	Mariné Pretorius	14	UPSK ZMD	03/02/2024	NCASA SPRINTS 2024
192	34.05 L	F	Isidora Stojanovic	14	RFA TSH	02/03/2024	AG Level 1 Regional Age Group
193	34.06 L	F	Isabella Dos Santos	14	PER JHB	02/03/2024	AG Level 1 Regional Age Group
194	34.08 L	P	Rachel Henley	14	ESTR EKU	24/03/2024	SA Level 2 Regional Age Group Champs
195	34.09 L	P	Keone Molapo	14	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
196	34.11 L	P	Rebekah Van Coller	14	FISH EDD	24/06/2023	PEA Winter Gala 2023
197	34.14 L	F	Hannah Struwig	14	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs
198	34.15 L	F	Leanette Fourie	14	HSB BP	23/02/2024	NW School Championships 2024
199*	34.19 L	F	Anike Taljaard	14	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
199*	34.19 L	F	Khanya Khalala	14	FLOD JHB	02/03/2024	AG Level 1 Regional Age Group
201	34.22 L	F	Cecilia Breedt	14	DORE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
202	34.23 L	F	Larissa Bouwer	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
203	34.26 L	F	Gabriela Sa	14	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
204	34.29 L	F	Kayla Koen	14	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
205	34.35 L S	P	Julia Booth	14	SOUL EKU	07/12/2023	EGA Summer Championships
206	34.36 L	F	Helena Rooken-Smith	14	LALE CED	03/02/2024	Winelands SL final
207	34.37 L	P	Ameera Motala	14	ATLA JHB	30/11/2023	CGA Championships 2023
208	34.39 L	P	Oratile Matti	14	ESTR EKU	24/03/2024	SA Level 2 Regional Age Group Champs
209	34.41 L	F	Nina Wessels	14	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
210*	34.49 L	F	Simone Van Wyk	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships
210*	34.49 L	F	Mia Koen	14	BULS MAN	06/12/2023	Free State Champs 2023
212	34.51 L	F	Kiara Storm	14	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
213	34.52 L	F	Zephani Adams	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
214*	34.53 L	F	Gabriella Baillie	14	ROA EDD	18/11/2023	EDA LC Champs 2023
214*	34.53 L	P	Takiyah Maclou	14	AA JHB	30/11/2023	CGA Championships 2023
216	34.56 L	F	Megan Horn	14	DOLFI MPD	21/10/2023	Limpopo Age Group 4
217	34.68 L	F	Daniella Myburg	14	BLSS MAN	19/08/2023	Super Seals Prestige Gala
218	34.72 L	F	Kayden Mauer	14	USC BUF	15/12/2023	NMBA Championships 2023
219	34.73 L	F	Silizwe Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
220	34.77 L	F	Jani Visagie	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024
221*	34.83 L	P	Kaylee Glutz	14	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
221*	34.83 L	P	Isabelle Botha	14	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
223	34.89 L	F	Benedicta Atta-Asamoah	14	WWOL TSH	02/03/2024	AG Level 1 Regional Age Group
224	34.92 L	F	Moya Felix	14	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
225	35.18 L	P	Keira Martins	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs
226	35.19 L	F	Tamsyn Thomson	14	BULS MAN	16/02/2024	Neptunes Last chance Gala
227	35.21 L S	P	Cayla Boardman	14	CA EKU	07/12/2023	EGA Summer Championships
228	35.25 L	F	Keanke Nel	14	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
229	35.28 L	P	Buhlebemvelo Mdluli	14	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
230	35.33 L	P	Aaishah Hartley	14	MARL CPT	24/06/2023	PEA Winter Gala 2023
231	35.34 L	F	Erin Olivier	14	ASAC CPT	17/09/2023	CTA BMEET 3
232	35.38 L	F	Annabelle Van Rensburg	14	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
233*	35.40 L	F	Annemie De Villiers	14	PRKA PSD	03/02/2024	NCASA SPRINTS 2024
233*	35.40 L	F	Kate Rankin	14	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
235	35.47 L	P	Aimee Grobler	14	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
236*	35.48 L	F	Sadie Dreyer	14	STAQ CED	11/11/2023	Winelands SL4
236*	35.48 L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
238	35.49 L S	F	Delise Malenza	14	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
239	35.53 L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
240	35.54 L	F	Joré Benade	14	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
241	35.64 L	F	Taylor Hulley	14	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
242	35.65 L	F	Kari Tise	14	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
243	35.71 L	F	Gabriela Dimitrova	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
244	35.75 L	F	Zea Zondagh	14	WAGH BP	23/02/2024	NW School Championships 2024
245*	35.76 L	F	Emmah Myburgh	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
245*	35.76 L	P	Melinda Dippenaar	14	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
247	35.85 L	F	Elmé Meiring	14	LSJM SKD	04/11/2023	Limpopo LS - Top 8 skole 2023
248	35.86 L S	F	Gabrielle Edwards	14	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
249	35.90 L	F	Karla Lemmer	14	USH KCD	02/12/2023	Stingrays Swim Champs 2023
250	35.93 L	P	Alexa Cave	14	MDOL JHB	30/11/2023	CGA Championships 2023
251	35.97 L	F	Melandri Vermaak	14	TINC TSH	02/03/2024	AG Level 1 Regional Age Group
252	36.03 L	F	Callen Campbell	14	WEST CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
253	36.06 L	F	Madisson De Druyn	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
254	36.09 L	F	Yara David	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
255	36.12 L S	P	Skyla Reddy	14	SWIFT EKU	07/12/2023	EGA Summer Championships
256	36.14 L	F	Riette Kroukamp	14	PAC TSH	02/02/2024	NTS Level 1+2 February Age Group
257	36.25 L	F	Victoria Hoffeld	14	CA EKU	26/01/2024	EGA Last Chance 2024
258	36.35 L	F	Olethiwe Mqadi	14	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
259	36.36 L	F	Nasheetah Jephtha	14	MANT CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
260	36.38 L S	F	Skylar Adams	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
261	36.48 L	F	Elme Swanepoel	14	FROS TMD	02/03/2024	FSA Level 1 2024
262	36.52 L	F	Diëm Peens	14	CUHE OBD	17/02/2024	Swartland Invitational Gala 2024
263	36.53 L S	F	Jessie Ludick	14	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
264*	36.54 L	F	Nicole Senekal	14	TKS WBD	11/11/2023	Limpopo Age Group 5
264*	36.54 L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023	BCA Long Course Championships 2023
266*	36.55 L	F	Alexandra Sheppard	14	STAR BPD	21/10/2023	NWS Age Group 1 & 2 2023
266*	36.55 L	F	Tuhina Asharam	14	KZNA ETH	16/02/2024	EDA Age Group Gala 6 2024
268	36.56 L	F	Nolene Badenhorst	14	STAQ CED	11/11/2023	Winelands SL4
269	36.61 L	P	Mikaela Johst	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
270	36.63 L	F	Mia Pienaar	14	BULS MAN	21/10/2023	Otters Prestige Gala 2023
271	36.66 L	F	Kawanelo Linake	14	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
272	36.73 L	F	Chloe Coetsee	14	WRP EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
273	36.83 L	P	Chandre Cloete	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
274	36.87 L	F	Sasha Boyum	14	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
275	36.99 L	F	Nonjabulo Thusi	14	USH KCD	21/10/2023	Froggies Championships 2023
276	37.05 L	F	Elizma Du Plooy	14	SS MPD	21/10/2023	Limpopo Age Group 4
277	37.09 L	F	Sadie Kata	14	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
278*	37.31 L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024	NW School Championships 2024
278*	37.31 L	F	Emilia de Freitas	14	MAKO EKU	11/11/2023	EGA Summer 3
278*	37.31 L	F	Lauren Naidoo	14	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs
281	37.46 L	F	Nina Cloete	14	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
282	37.47 L	F	Samara Prinsloo	14	STSC KCD	27/01/2024	Ushaka Champs 2024
283	37.65 L	F	Hannaan Mia	14	MANT CPT	17/02/2024	Swartland Invitational Gala 2024
284	37.75 L	F	Imke Botha	14	STAR BPD	21/10/2023	NWS Age Group 1 & 2 2023
285	37.82 L	F	Alexah Furman	14	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
286	37.97 L	F	Mia Okkers	14	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
287	38.19 L	F	Humairah Safi	14	ISSA NM	23/02/2024	NW School Championships 2024
288*	38.55 L	F	Sandisiwe Mkhathswa	14	MAKO EKU	28/10/2023	EGA Summer 2 2023
288*	38.55 L	P	Samantha Janse van Rensburg	14	PEAS NMA	24/06/2023	PEA Winter Gala 2023
290	38.61 L	F	Isabella Du Plessis	14	LSBOS WB	04/11/2023	Limpopo LS - Top 8 skole 2023
291	38.62 L	F	Madison Amy Naude	14	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
292	38.76 L	F	Leneave George	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
293	38.95 L	F	Klara Groenewald	14	PRA GSD	02/02/2024	MP AGE GROUP 5 GALA
294	39.09 L	F	Resego Chalashika	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
295	39.16 L	F	Jasmine Hirshovitz	14	GREY CPT	10/02/2024	WCA-B Champs - 2024	
296	39.26 L	F	Ilze Olley	14	PHS CCD	27/01/2024	Limpopo School Champs	
297	39.31 L	F	Esther Erasmus	14	PGH KK	23/02/2024	NW School Championships 2024	
298	39.35 L	F	Jessica Dos Santos	14	UPC EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS	
299	39.38 L	F	Lida Gerber	14	AASC EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
300	39.54 L	F	Lisakhanya Letloloane	14	VRC TSH	03/11/2023	NTS Level 1+2 November Age Group	
301	39.64 L S	F	Lilli-Hanna Black	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023	
302	39.69 L	F	Lyla Shekel	14	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024	
303	39.73 L	F	Leah Davel	14	ACAA CCD	01/12/2023	Limpopo Champs	
304	39.75 L	F	Boitumelo Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
305	39.80 L	F	Atlegang Mogotsi	14	ESTR EKU	02/03/2024	AG Level 1 Regional Age Group	
306	39.81 L	F	Johanika Groenewald	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
307	39.82 L	F	Kate Krummeck	14	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
308	39.89 L	F	Cornelia Van Zyl	14	LALE CED	11/11/2023	Winelands SL4	
309	39.99 L	F	Buhlebenkosi Sibanda	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala	
310	40.05 L	F	Chloe Hendricks	14	CAMB BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
311*	40.20 L	F	Hlelo Cele	14	FRA KCD	21/10/2023	Froggies Championships 2023	
311*	40.20 L	F	Jacqueline Pieterse	14	FSE KCD	02/12/2023	Stingrays Swim Champs 2023	
313	40.35 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group	
314	40.38 L	F	IIne Bruwer	14	BLSS MAN	11/11/2023	Bull Sharks Gala	
315	40.66 L	F	Chloe Venter	14	BERG BP	23/02/2024	NW School Championships 2024	
316	41.04 L	F	Kirsten Roos	14	EXA EZD	13/10/2023	MP AGE GROUP 2	
317	41.08 L	F	Surene Kleingeld	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group	
318	41.32 L	F	Macayla Meyer	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024	
319	41.50 L	F	Rebecca Eybers	14	CUR EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21	
320	41.66 L	F	Caroline Retief	14	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet	
321	41.79 L	F	Kayla Esterhuizen	14	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023	
322	41.92 L	F	Emerentia Swanevelder	14	HE CCD	14/10/2023	Limpopo Top 8 - High Schools	
323	42.09 L	F	Danielle Andrews	14	AAS JHB	02/03/2024	AG Level 1 Regional Age Group	
324	42.33 L	F	Azoma Mbanga	14	AQUA BUF	17/02/2024	Eastern Cape School Trials 2024	
325	42.40 L	F	Bohlale Khahledi	14	BARR CPT	17/09/2023	CTA BMEET 3	
326*	42.62 L	F	Lutendo Mphelo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala	
326*	42.62 L	F	Mamello Mabuzza	14	ESP EKU	02/03/2024	AG Level 1 Regional Age Group	
328	42.72 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group	
329	42.82 L	F	Giselle Coetzee	14	BLOT MAN	26/08/2023	kovsie Sprint Gala	
330	42.88 L	F	Liyana Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
331	43.28 L	P	Aobakwe Molokoane	14	TLAC BPD	06/12/2023	NWS Championships 2023/24	
332	43.43 L	F	Andriette Pretorius	14	HSO TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG	
333	43.88 L	F	Kerani Nana	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group	
334	43.89 L	F	Stephany Neculescu	14	HPPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct	
335	44.02 L S	F	Jessica Bennett	14	SAAW CPT	24/11/2023	CTA A & B CHAMPS 2023	
336	44.04 L	F	Shauna Hoole	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024	
337	44.20 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/12/2023	Free State Champs 2023	
338	44.70 L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023	Limpopo Champs	
339	44.77 L	F	Swazikazi Ntuli	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
340	45.30 L	F	Isabel Landman	14	NWUC KKD	11/11/2023	NWS Age Group 3 + 4	
341	45.31 L	F	Madyson Windvogel	14	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
342	45.73 L	F	Thlalefo Mokgosi	14	USHAK EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG	
343	46.29 L	F	Ninke Marais	14	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools	
344	46.42 L	F	Andrea Mclachlan	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
345	47.09 L S	F	Deannè King	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023	
346	49.04 L	F	Dimpho Leshabane	14	USHAK EKU	11/11/2023	EGA Summer 3	
347	49.55 L	F	Beth Sahd	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st	
348	50.70 L	F	Justine-Annah Sengooba	14	PGH KK	23/02/2024	NW School Championships 2024	
349	51.24 L	F	Mishkah Sooliman	14	PGH KK	23/02/2024	NW School Championships 2024	
350	53.60 L	F	Bokang Seheri	14	USHAK EKU	28/10/2023	EGA Summer 2 2023	
351	58.54 L S	P	Jo-Anne van Dyk	14	JAQ EKU	07/12/2023	EGA Summer Championships	
352	1:04.39 L	F	Najouan Haouali	14	BLNE MAN	03/02/2024	Heidedal Welkom Gala 2	

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
<b>Women 14-14100 Free</b>								
1	58.58 L	P	Giuliana Vyncke	14	AGB JHB	08/04/2024	SA National	Aquatic Champ 2024-PE
2	58.85 L	F	Abigail Kotze	14	TYGE CPT	15/03/2024	SA National	Junior Age Group
3	1:00.42 L	F	Bailey Lambert	14	KZNA ETH	19/04/2024	SA Schools	Swimming Championship
4	1:00.82 L	F	Sienna Gous	14	INFA NMA	09/02/2024	Infinity Gala	2024
5	1:01.29 L	F	Blake Morris	14	LINR JHB	15/03/2024	SA National	Junior Age Group
6	1:01.56 L	F	Amelie Kleine	14	TUKS TSH	15/03/2024	SA National	Junior Age Group
7	1:02.36 L	P	Anja Buitendach	14	MP EZD	08/04/2024	SA National	Aquatic Champ 2024-PE
8	1:02.56 L	F	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023	Championships Incorp SSA
9	1:03.09 L	P	Leah Markgraaff	14	AGC TSH	08/04/2024	SA National	Aquatic Champ 2024-PE
10	1:03.10 L	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National	Junior Age Group
11	1:03.56 L	F	Emma Pinheiro	14	AAS JHB	30/11/2023	CGA Championships	2023
12	1:03.57 L	F	Payton Aitken	14	WSTV ETH	24/11/2023	Westville-Seals LC	Championships
13	1:03.79 L	P	Riziki Magotsi	14	VINE CPT	15/03/2024	SA National	Junior Age Group
14	1:03.81 L	P	Madison Higgs	14	INFA NMA	15/03/2024	SA National	Junior Age Group
15	1:03.83 L	P	Lilianne Hebler	14	WCA CPT	08/04/2024	SA National	Aquatic Champ 2024-PE
16	1:04.18 L	F	Lara Nel	14	SEALE ETH	21/01/2024	EDA Age Group	Gala 5 2024
17	1:04.30 L	F	Milla Hulse	14	KLOO ETH	21/03/2024	SA Level 3 Regional	Age Group
18	1:04.59 L	F	Isabella Bruyns	14	MDOL JHB	20/03/2024	SA Level 3 Regional	Age Group
19	1:04.62 L	F	Mia Groenewald	14	KTS	21/03/2024	SA Level 3 Regional	Age Group
20	1:04.63 L	F	Shannon Hugo	14	KZNA ETH	19/04/2024	SA Schools	Swimming Championship
21	1:04.65 L	F	Kacey Hughes	14	STSC KCD	14/12/2023	KZNA 2023	Championships Incorp SSA
22*	1:04.86 L	P	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala	2023
22*	1:04.86 L	P	Keilah-Naomi Holthuis	14	QSAW CED	14/12/2023	Western Cape LC-A	Championship 2023
24	1:04.94 L	P	Lyla vd Spuy	14	TUKS TSH	15/03/2024	SA National	Junior Age Group
25	1:05.04 L	P	Sadie Roberts	14	ASA ILD	15/03/2024	SA National	Junior Age Group
26	1:05.05 L	F	Sylvie de Bruyn	14	BULS MAN	03/11/2023	Heidedal Welkom	Gala
27	1:05.08 L	P	Kylie De Bruyn	14	TUKS TSH	15/03/2024	SA National	Junior Age Group
28	1:05.26 L	F	Caileigh De Beer	14	BLSS MAN	06/12/2023	Free State Champs	2023
29	1:05.27 L	F	Mikje Bocking	14	SEAL UMD	21/03/2024	SA Level 3 Regional	Age Group
30	1:05.36 L	F	Jade Van Vuuren	14	WATR JHB	17/02/2024	CGA Level 2+ Gala	17 Feb 2024
31	1:05.39 L	P	Gemma Walters	14	DORE JHB	15/03/2024	SA National	Junior Age Group
32	1:05.49 L	F	Carla Dannhauser	14	LP CCD	19/04/2024	SA Schools	Swimming Championship
33	1:05.51 L	P	Paige Meeser	14	CA EKU	15/03/2024	SA National	Junior Age Group
34	1:05.62 L	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard	Invitational Gala
35	1:05.65 L	P	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala	2023
36	1:05.80 L	F	Amy Hartung	14	ASAC CPT	03/02/2024	Winelands SL	final
37	1:05.88 L	F	Cara Visser	14	CYBE CPT	14/12/2023	Western Cape LC-A	Championship 2023
38	1:05.93 L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024	SA Level 3 Regional	Age Group
39	1:05.96 L	P	Tchisank Banza	14	MP EZD	08/04/2024	SA National	Aquatic Champ 2024-PE
40	1:06.04 L	P	Evelyn Malan	14	TUKS TSH	15/03/2024	SA National	Junior Age Group
41*	1:06.12 L	F	Sharni-Marie Watson	14	PAC TSH	20/03/2024	SA Level 3 Regional	Age Group
41*	1:06.12 L	F	Margo Senekal	14	TYGE CPT	21/03/2024	SA Level 3 Regional	Age Group
43*	1:06.20 L	P	Eva Dal Cin	14	ELEC TSH	24/05/2023	Winter National	Championships'23
43*	1:06.20 L	F	Abigail Munro	14	USC BUF	27/01/2024	BCA January Age Group	Gala 2024
45	1:06.22 L	F	Lehane Lategan	14	FAAC	07/12/2023	NCASA CHAMPS 7 - 10	DEC 2023
46	1:06.24 L	P	Odette Upton	14	LP CCD	19/04/2024	SA Schools	Swimming Championship
47	1:06.27 L	P	Stephanie Dannhauser	14	LP CCD	19/04/2024	SA Schools	Swimming Championship
48	1:06.36 L	F	Madison Coleman	14	BLMA CPT	05/10/2023	42nd Freda Barnard	Invitational Gala
49	1:06.37 L	F	Zuri Tome	14	TUKS TSH	20/03/2024	SA Level 3 Regional	Age Group
50	1:06.43 L	P	Jamie-Lee Graham	14	AA JHB	15/03/2024	SA National	Junior Age Group
51	1:06.44 L	P	Aryana Cloete-Hopkins	14	SSISA CPT	15/03/2024	SA National	Junior Age Group
52	1:06.54 L	P	Mila De Souza	14	EXP TSH	12/12/2023	NTS Championships	2023
53	1:06.70 L	F	Mikayla Hinkley	14	PER JHB	30/11/2023	CGA Championships	2023
54	1:06.86 L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional	Age Group
55	1:06.89 L	F	Almi Geysler	14	LALE CED	21/03/2024	SA Level 3 Regional	Age Group
56	1:07.04 L	P	Caitlin Rossiter	14	HREF BP	15/03/2024	SA National	Junior Age Group
57	1:07.20 L	P	Marike Raimond	14	TYGE CPT	15/03/2024	SA National	Junior Age Group
58	1:07.25 L	F	Kaylin Fabricius	14	BARR CPT	10/02/2024	WCA-B Champs - 2024	

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
59	1:07.29	L	P	Gabriella Boerstra	14	TUKS	FSH	12/12/2023	NTS Championships 2023
60	1:07.42	L	P	Milan Ferreira	14	LP	CCD	19/04/2024	SA Schools Swimming Championship
61	1:07.47	L	P	Gabi McQuinn	14	ELEC	FSH	12/12/2023	NTS Championships 2023
62	1:07.49	L	P	Taylor Kassebaum	14	AA	JHB	30/11/2023	CGA Championships 2023
63	1:07.57	L	P	Alexa Basso	14	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
64	1:07.61	L	F	Kapitolina Xaba	14	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
65	1:07.67	L	F	Tatum Dace	14	PEAS	NMA	12/08/2023	Madibaz Swim Meet 2023
66*	1:07.70	L	P	Ella Jv Rensburg	14	SS	MPD	15/03/2024	SA National Junior Age Group
66*	1:07.70	L	F	Abbigail Kulynych	14	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
68	1:07.71	L	F	Mikayla Frösler	14	BEST	NMA	15/12/2023	NMBA Championships 2023
69	1:07.79	L	P	Ella-Mae Henning	14	VRC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
70	1:07.83	L	P	Kerrigan Hayes	14	CASC	CPT	15/03/2024	SA National Junior Age Group
71	1:07.86	L	P	Amara Okoye	14	PAC	FSH	12/12/2023	NTS Championships 2023
72	1:07.95	L	F	Ava Newton	14	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
73	1:07.98	L	F	Rozaan Korff	14	ACAQ	CCD	17/11/2023	NTS Level 3+ November Age Group
74	1:08.06	L	P	Sam Juries	14	CLSC	WCD	15/03/2024	SA National Junior Age Group
75	1:08.10	L	P	Lethabo Masemola	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
76	1:08.18	L	F	Ane Snyders	14	BLSS	MAN	06/12/2023	Free State Champs 2023
77	1:08.22	L	F	Katya O'Brien	14	BON	EKU	20/03/2024	SA Level 3 Regional Age Group
78	1:08.35	L	F	Danielle Grobler	14	BLOT	MAN	06/12/2023	Free State Champs 2023
79	1:08.40	L	P	Shalem Mashingaidze	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
80	1:08.42	L	F	Payton Groger	14	LEGC	ETH	03/11/2023	EDA Age Group Gala 4 2023
81	1:08.49	L	P	Addison Doolan	14	AA	JHB	20/03/2024	SA Level 3 Regional Age Group
82	1:08.50	L	F	Indigo Woodburn	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
83	1:08.61	L	F	Abigail Wilcocks	14	PAC	FSH	22/09/2023	NTS Level 3+ September Age Group
84	1:08.62	L	P	Mi-Ly Vd Merwe	14	LALE	GED	21/03/2024	SA Level 3 Regional Age Group
85	1:08.78	L	P	Amy Jackson	14	TCA	EKU	20/03/2024	SA Level 3 Regional Age Group
86	1:08.82	L	F	Hannah De Necker	14	FISH	EDD	18/11/2023	Eden LC Champs 2023
87*	1:08.84	L	P	Inneke Liebenberg	14	POTC	KKD	20/03/2024	SA Level 3 Regional Age Group
87*	1:08.84	L	F	Caitlin Camacho	14	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
89	1:09.01	L	F	Emma-Lee Theron	14	BLSS	MAN	06/12/2023	Free State Champs 2023
90	1:09.04	L	P	Annabell Serrals	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
91	1:09.07	L	F	Jamie Napier	14	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
92	1:09.13	L	F	Marne' Van Rensburg	14	BLSS	MAN	27/10/2023	Neptune Prestige Gala
93	1:09.15	L	P	Nicola Carver	14	ELEC	FSH	20/03/2024	SA Level 3 Regional Age Group
94	1:09.16	L	P	Anja Volschenk	14	BLSS	MAN	19/04/2024	SA Schools Swimming Championship
95*	1:09.23	L	F	Mine Prinsloo	14	BLSS	MAN	06/12/2023	Free State Champs 2023
95*	1:09.23	L	P	Tatum Grant	14	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
97	1:09.36	L	F	Ona-Mari Van Niekerk	14	KNYA	EDD	10/02/2024	WCA-B Champs - 2024
98	1:09.38	L	P	Megan Jansen	14	UNI	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
99	1:09.48	L	P	Jessica Stedall	14	WWOL	FSH	12/12/2023	NTS Championships 2023
100	1:09.62	L	F	Zoé Steyn	14	HREF	BP	06/12/2023	NWS Championships 2023/24
101	1:09.65	L	P	Abigail Blake	14	GREY	CPT	21/03/2024	SA Level 3 Regional Age Group
102	1:09.69	L	F	Rivani Naidoo	14	ELEC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
103	1:09.84	L	P	Sophia Trout	14	VINE	CPT	15/03/2024	SA National Junior Age Group
104	1:09.94	L	F	Sydni Adams	14	VINE	CPT	10/02/2024	WCA-B Champs - 2024
105	1:09.95	L	F	Isla Minderon	14	PEAS	NMA	17/02/2024	Eastern Cape School Trials 2024
106	1:09.96	L	F	Rebecca Froneman	14	STSC	KCD	24/11/2023	Westville-Seals LC Championships
107	1:09.99	L	F	Tara Saint	14	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
108	1:10.01	L	P	Emma Hagglund	14	SSISA	CPT	21/03/2024	SA Level 3 Regional Age Group
109	1:10.08	L	P	Cara Rossouw	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
110	1:10.17	L	P	Kayla Kleynhans	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
111	1:10.20	L	F	Ava Strong	14	PRIO	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
112	1:10.24	L	P	Tatum Topliss	14	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
113	1:10.26	L	F	Lara Eckersley	14	CRSC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
114*	1:10.42	L	F	Marlo Lensing	14	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024
114*	1:10.42	L	F	Ella Lombard	14	AA	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
116	1:10.48	L	F	Jessica Davies	14	VINE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
117	1:10.62	L	F	Carmen Stapelberg	14	TINC	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
118	1:10.69	L	F	Lili Annandale	14	BULS MAN	03/02/2024	Heidedal Welkom Gala 2
119	1:10.70	L	F	Maria Barreiros	14	ELEC FSH	17/11/2023	NTS Level 3+ November Age Group
120	1:10.76	L	F	Inge Vd Walt	14	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
121	1:10.80	L	F	Miane Kasselmann	14	RBOT BPD	06/12/2023	NWS Championships 2023/24
122	1:10.88	L	P	Chanel Van Tonder	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorpor SSA
123	1:10.91	L	F	Carle Hager	14	LALE CED	11/11/2023	Winelands SL4
124	1:11.03	L	P	Kirsten Myers	14	WCA CPT	19/04/2024	SA Schools Swimming Championship
125*	1:11.07	L	F	Mia-Isabelle Mans	14	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
125*	1:11.07	L	F	Xanri Muller	14	GHSK	26/03/2024	SA Level 2 Regional Age Group Champs
127	1:11.08	L	F	Sinead De Wet	14	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
128	1:11.09	L	F	Arne' Dreyer	14	STAQ CED	03/02/2024	Winelands SL final
129	1:11.13	L	F	Margo Louw	14	QSAW CED	10/02/2024	WCA-B Champs - 2024
130	1:11.17	L	F	Georgia Wichmann	14	MGSC UGD	24/11/2023	Westville-Seals LC Championships
131*	1:11.27	L	P	Lara Janse van Rensburg	14	CSA EZD	20/03/2024	SA Level 3 Regional Age Group
131*	1:11.27	L	P	Leila Smit	14	CSC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
133	1:11.31	L	F	Jessica Hall	14	SEAL UMD	21/01/2024	EDA Age Group Gala 5 2024
134	1:11.37	L	F	Simone' Pretorius	14	BETH FDD	06/12/2023	Free State Champs 2023
135*	1:11.44	L	F	Rebecca Briggs	14	LALE CED	11/11/2023	Winelands SL4
135*	1:11.44	L	P	Shane Swarts	14	PSA ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
137*	1:11.45	L	F	Tylah Johannes	14	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
137*	1:11.45	L	F	Lienke Els	14	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
139	1:11.50	L	F	Hazel Hutchison	14	FAAC	13/01/2024	AGE GROUP 4 KBY 2024
140*	1:11.58	L	P	Emma Nolan	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
140*	1:11.58	L	F	Isabelle Welgemoed	14	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
142	1:11.87	L	F	Jemma Hendricks	14	LALE CED	10/02/2024	WCA-B Champs - 2024
143	1:11.94	L	F	MacKenzie Bone	14	ELEC FSH	22/09/2023	NTS Level 3+ September Age Group
144	1:12.02	L	P	Ada Barnard	14	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
145	1:12.05	L	F	Aliyah De Oliveira	14	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
146	1:12.10	L	F	Keona Landman	14	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
147	1:12.11	L	F	Megan Mayhew	14	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
148	1:12.13	L	F	Roslyn Ramoholi	14	LEGC ETH	24/11/2023	Westville-Seals LC Championships
149	1:12.20	L	P	Juanè Burger	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
150	1:12.25	L	P	Mariné Pretorius	14	UPSK ZMD	21/03/2024	SA Level 3 Regional Age Group
151	1:12.30	L	P	Rachel Fairweather	14	HPS FSH	20/03/2024	SA Level 3 Regional Age Group
152	1:12.34	L	P	Tamlyn Kew	14	CSC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
153	1:12.35	L	F	Mia Vorster	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
154	1:12.44	L	P	Mieke Griffiths	14	MSC NGD	24/03/2024	SA Level 2 Regional Age Group Champs
155	1:12.45	L	F	Sulize Henning	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
156	1:12.67	L	F	Abigail Suckling	14	FSE KCD	05/04/2024	SA Level 2 Regional Age Group Champs
157	1:12.78	L	P	Elandri Du Randt	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
158*	1:12.92	L	P	Daizeli Bosman	14	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
158*	1:12.92	L	F	Bianca Potgieter	14	PAC FSH	16/02/2024	NTS February Open Age Group 2024
160	1:12.95	L	P	Nikita Grant	14	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
161	1:13.00	L	P	Diane Munro	14	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
162	1:13.07	L	F	Ameera Motala	14	ATLA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
163	1:13.19	L	F	Mèla Loubser	14	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
164	1:13.23	L	P	Macayle Eisen	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
165	1:13.24	L	P	Keira Bester	14	DORE JHB	30/11/2023	CGA Championships 2023
166	1:13.31	L	F	Annabelle Van Rensburg	14	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
167	1:13.35	L	P	Jessica Davies	14	VIKI BUF	21/03/2024	SA Level 3 Regional Age Group
168	1:13.40	L	F	Jesse Kirsten	14	BLOT MAN	06/12/2023	Free State Champs 2023
169	1:13.57	L	P	Keira Ellerbeck	14	H2O EKU	07/12/2023	EGA Summer Championships
170	1:13.64	L	P	Robyn-Rae Purdon	14	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
171	1:13.73	L	F	Hannah Du Toit	14	ELEC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
172	1:13.75	L	P	Riley Prinsloo	14	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
173	1:13.76	L	F	Emma Brooks	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024
174	1:13.78	L	F	Ulrike Kruger	14	PSC FSH	02/02/2024	NTS Level 1+2 February Age Group
175	1:13.83	L	F	Liane' de Wet	14	BULS MAN	27/10/2023	Neptune Prestige Gala
176	1:13.85	L	F	Kyrah Mack	14	COLH NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
177	1:13.91	L	P	Keira Martins	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs
178	1:14.01	L	P	Sulize Kruger	14	AA JHB	24/03/2024	SA Level 2 Regional Age Group Champs
179	1:14.02	L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
180	1:14.07	L	F	Madison Smith	14	CA EKU	26/01/2024	EGA Last Chance 2024
181	1:14.09	L	F	Stephanie Minnaar	14	TYGE CPT	10/02/2024	WCA-B Champs - 2024
182	1:14.31	L	F	Line Brits	14	HMER MP	14/10/2023	Limpopo Top 8 - High Schools
183	1:14.32	L	P	Micke Prinsloo	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
184	1:14.41	L	F	Anieke Prinsloo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
185	1:14.55	L	P	Huei-Ing Chen	14	DORE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
186	1:14.61	L	P	Rachel Henley	14	ESTR EKU	24/03/2024	SA Level 2 Regional Age Group Champs
187	1:14.70	L	P	Klara Weber	14	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
188*	1:14.71	L	F	Gabriela Sa	14	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
188*	1:14.71	L	F	Ariel De Bruyn	14	CSA EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
190	1:14.80	L	F	Oratile Matli	14	ESTR EKU	28/10/2023	EGA Summer 2 2023
191	1:14.90	L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
192	1:14.99	L	P	Lika Vd Merwe	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
193	1:15.03	L	F	Kyra Home	14	MDOL JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
194	1:15.27	L	P	Whitney Lauf	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
195	1:15.37	L	F	Alexa Cave	14	MDOL JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
196	1:15.44	L	F	Melina Alexandrou	14	SWIFT EKU	28/10/2023	EGA Summer 2 2023
197	1:15.60	L	F	Ava Lambropoulos	14	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
198	1:15.66	L	P	McKenzie Jones	14	ESTR EKU	07/12/2023	EGA Summer Championships
199	1:15.79	L	F	Talita Wessels	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
200	1:15.82	L	F	Emme Wentzel	14	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
201	1:15.83	L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023	CGA Championships 2023
202	1:15.89	L	P	Cailyn Clowes	14	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
203	1:16.07	L	F	Leandri Grobler	14	VHD ZLD	13/01/2024	KCDA January Age Group Gala 2024
204	1:16.15	L	F	Erin Stead	14	FRA KCD	18/11/2023	KCDA November Age Group Gala 2023
205	1:16.23	L	P	Annemie De Villiers	14	PRKA PSD	26/03/2024	SA Level 2 Regional Age Group Champs
206	1:16.29	L	F	Rebekah Van Coller	14	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
207	1:16.36	L	P	Mia Koen	14	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
208	1:16.54	L	F	Takiyah Maclou	14	AA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
209	1:16.57	L	F	Larissa Bouwer	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
210*	1:16.62	L	F	Nina Wessels	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
210*	1:16.62	L	P	Shayla WHYTE	14	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
212*	1:16.66	L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
212*	1:16.66	L	P	Kawanelo Linake	14	TRAZ TSH	24/03/2024	SA Level 2 Regional Age Group Champs
214	1:17.22	L	F	Isidora Stojanovic	14	RFA TSH	02/03/2024	AG Level 1 Regional Age Group
215	1:17.36	L	P	Keone Molapo	14	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
216	1:17.41	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
217*	1:17.52	L	P	Sadie Bothma	14	HREF BP	06/12/2023	NWS Championships 2023/24
217*	1:17.52	L	P	Simone Van Wyk	14	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
219	1:17.55	L	F	Cecilia Breedt	14	DORE JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
220	1:17.59	L	F	Melandri Vermaak	14	TINC TSH	02/03/2024	AG Level 1 Regional Age Group
221	1:17.64	L	F	Anike Taljaard	14	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
222	1:17.75	L	F	Silizwi Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
223	1:17.78	L	F	Carli Murray	14	QUIC CPT	10/02/2024	WCA-B Champs - 2024
224	1:17.89	L	P	Rozel Scholtz	14	STELL RMD	26/03/2024	SA Level 2 Regional Age Group Champs
225	1:18.07	L	F	Erin Olivier	14	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
226	1:18.22	L	F	Olethiwe Mqadi	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
227	1:18.49	L	F	Isabella Dos Santos	14	PER JHB	02/03/2024	AG Level 1 Regional Age Group
228	1:18.57	L	P	Isabelle Botha	14	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
229	1:18.60	L	P	Kiara Storm	14	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
230	1:18.87	L	F	Mila Volschenk	14	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
231	1:18.88	L	F	Daniella Myburg	14	BLSS MAN	15/09/2023	Bull Sharks Annual Gala
232	1:19.09	L	F	Kayla Koen	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
233	1:19.15	L	F	Zephani Adams	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
234	1:19.24	L	F	Cayla Boardman	14	CA EKU	28/10/2023	EGA Summer 2 2023
235	1:19.29	L	F	Kayden Mauer	14	USC BUF	09/02/2024	Infinity Gala 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
236	1:19.44	L	F	Jessie Ludick	14	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
237	1:19.67	L	F	Nicole Senekal	14	TKS WBD	01/12/2023 Limpopo Champs
238	1:19.76	L	F	Delise Malenza	14	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
239	1:19.97	L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024 AG Level 1 Regional Age Group
240	1:20.18	L	F	Benedicta Atta-Asamoah	14	WWOL TSH	01/12/2023 2023 The Tshwane Mayor's Gala
241	1:20.25	L	F	Elme Swanepoel	14	FROS TMD	02/03/2024 FSA Level 1 2024
242	1:20.37	L	F	Leigh Chung Kim Yuen	14	MANT CPT	21/01/2024 CTA BMEET 4
243	1:20.42	L	F	Kaylee Glutz	14	SEALI HLD	24/11/2023 Westville-Seals LC Championships
244	1:20.46	L	P	Melinda Dippenaar	14	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
245	1:20.57	L	F	Julia Booth	14	SOUL ECU	28/10/2023 EGA Summer 2 2023
246	1:20.68	L	F	Khanya Khalala	14	FLOD JHB	02/03/2024 AG Level 1 Regional Age Group
247	1:20.75	L	F	Skyla Reddy	14	SWIFT ECU	26/01/2024 EGA Last Chance 2024
248	1:20.83	L	P	Mikaela Johst	14	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
249	1:20.93	L	F	Nasheetah Jephtha	14	MANT CPT	11/11/2023 Swartland Prestige Gala 2023
250	1:21.02	L	F	Callen Campbell	14	WEST CPT	17/09/2023 CTA BMEET 3
251	1:21.11	L	F	Leanette Fourie	14	HSB BP	23/02/2024 NW School Championships 2024
252	1:21.16	L	F	Hannah Struwig	14	AQUA BUF	20/01/2024 Uthukela January 2024 Age Group Gala
253	1:21.20	L	P	Aaishah Hartley	14	MARL CPT	24/06/2023 PEA Winter Gala 2023
254	1:21.68	L	P	Emmah Myburgh	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
255	1:21.79	L	F	Gabriela Dimitrova	14	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
256	1:21.92	L	F	Chandre Cloete	14	UNI EZD	13/10/2023 MP AGE GROUP 2
257	1:22.09	L	F	Samara Prinsloo	14	STSC KCD	13/01/2024 KCDA January Age Group Gala 2024
258	1:22.32	L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023 BCA Long Course Championships 2023
259	1:22.79	L	P	Alexandra Sheppard	14	STAR BPD	06/12/2023 NWS Championships 2023/24
260	1:22.99	L	F	Tuhina Asharam	14	KZNA ETH	27/01/2024 Ushaka Champs 2024
261	1:23.05	L	F	Mia Pienaar	14	BULS MAN	06/12/2023 Free State Champs 2023
262	1:23.42	L	F	Nonjabulo Thusi	14	USH KCD	21/10/2023 Froggies Championships 2023
263	1:23.56	L	P	Tamsyn Thomson	14	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
264	1:23.74	L	F	Hannaan Mia	14	MANT CPT	21/01/2024 CTA BMEET 4
265*	1:23.89	L	F	Riette Kroukamp	14	PAC TSH	02/02/2024 NTS Level 1+2 February Age Group
265*	1:23.89	L	P	Lauren Naidoo	14	ACSA ETH	05/04/2024 SA Level 2 Regional Age Group Champs
267	1:23.94	L	F	Joré Benade	14	PHS CCD	14/10/2023 Limpopo Top 8 - High Schools
268	1:24.29	L	P	Victoria Hoffeld	14	CA ECU	07/12/2023 EGA Summer Championships
269	1:24.63	L	F	Sandisiwe Mkhathswa	14	MAKO ECU	26/01/2024 EGA Last Chance 2024
270	1:24.71	L	F	Emilia de Freitas	14	MAKO ECU	28/10/2023 EGA Summer 2 2023
271	1:25.44	L	F	Gabrielle Edwards	14	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
272	1:25.47	L	F	Zea Zondagh	14	WAGH BP	23/02/2024 NW School Championships 2024
273	1:25.58	L	F	Diëm Peens	14	CUHE OBD	17/02/2024 Swartland Invitational Gala 2024
274	1:25.60	L	F	Lyla Shekel	14	CYBE CPT	17/02/2024 Swartland Invitational Gala 2024
275	1:25.63	L	F	Skylar Adams	14	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
276	1:25.76	L	F	Leiani van Aarde	14	SOUL ECU	28/10/2023 EGA Summer 2 2023
277	1:25.80	L	F	Chloe Hendricks	14	CAMB BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
278	1:25.95	L	F	Sasha Boyum	14	HSTAN MP	14/10/2023 Limpopo Top 8 - High Schools
279	1:26.00	L	F	Klara Groenewald	14	PRA GSD	02/02/2024 MP AGE GROUP 5 GALA
280	1:26.37	L	F	Nina Cloete	14	FISH EDD	04/11/2023 EDEN 3rd A-League School Trials Gala
281	1:26.40	L	F	Elizma Du Plooy	14	SS MPD	21/10/2023 Limpopo Age Group 4
282*	1:26.60	L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024 NW School Championships 2024
282*	1:26.60	L	F	Chloe Coetsee	14	WRP EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
284	1:26.63	L	F	Mia-Ann Van der Westhuizen	14	AGAQ OBD	11/11/2023 Swartland Prestige Gala 2023
285	1:26.90	L	F	Khanyolwethu Fokazi	14	CYBE CPT	21/01/2024 CTA BMEET 4
286	1:27.31	L	F	Cornelia Van Zyl	14	LALE CED	11/11/2023 Winelands SL4
287	1:27.45	L	F	Leah Davel	14	ACAQ CCD	01/12/2023 Limpopo Champs
288*	1:28.41	L	F	Sophia Kriel	14	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
288*	1:28.41	L	F	Nolene Badenhorst	14	STAQ CED	03/02/2024 Winelands SL final
290	1:28.45	L	F	Jasmine Hirshovitz	14	GREY CPT	10/02/2024 WCA-B Champs - 2024
291	1:28.84	L	F	Hayley Belinfante	14	QUIC CPT	17/09/2023 CTA BMEET 3
292	1:28.85	L	F	Imke Botha	14	RHS BP	23/02/2024 NW School Championships 2024
293	1:29.48	L	F	Ilne Bruwer	14	BLSS MAN	16/02/2024 Neptunes Last chance Gala
294	1:29.59	L	F	Mia Okkers	14	HURA CPT	11/11/2023 Swartland Prestige Gala 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
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	Time	P/F/S	Name	Age/Yr			
295	1:29.68 L	F	Esther Erasmus	14	PGH KK	23/02/2024	NW School Championships 2024
296	1:30.68 L	F	Kiana De Vries	14	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
297	1:31.00 L	F	Lilli-Hanna Black	14	HTSA CPT	21/01/2024	CTA BMEET 4
298	1:31.49 L	F	Kate Krummeck	14	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
299	1:32.54 L	F	Johanika Groenewald	14	UNI EZD	13/10/2023	MP AGE GROUP 2
300	1:32.59 L	F	Atlegang Mogotsi	14	ESTR EKU	28/10/2023	EGA Summer 2 2023
301	1:32.82 L	F	Leneave George	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
302	1:32.90 L	F	Bohlale Khahledi	14	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
303*	1:33.28 L	F	Isabel Landman	14	NWUC KKD	06/12/2023	NWS Championships 2023/24
303*	1:33.28 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
305	1:33.50 L	F	Resego Chalashika	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
306	1:33.52 L	F	Kirsten Roos	14	EXA EZD	13/10/2023	MP AGE GROUP 2
307	1:33.76 L	F	Boitumelo Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
308	1:33.84 L	F	Jacqueline Pieterse	14	FSE KCD	02/12/2023	Stingrays Swim Champs 2023
309	1:34.35 L	F	Danielle Andrews	14	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
310	1:35.18 L	F	Kayla Esterhuizen	14	UPSK ZMD	03/11/2023	UPINGTON 2023
311	1:36.13 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
312	1:36.17 L	F	Jessica Dos Santos	14	UPC EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
313	1:36.61 L	F	Caroline Retief	14	HTSA CPT	17/09/2023	CTA BMEET 3
314	1:36.62 L	F	Macayla Meyer	14	CAMPB BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
315	1:36.68 L	F	Lisakhanya Letloane	14	VRC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
316	1:36.85 L	F	Chloe Venter	14	BERG BP	23/02/2024	NW School Championships 2024
317	1:36.86 L	F	Mamello Mabuza	14	ESP EKU	28/10/2023	EGA Summer 2 2023
318	1:37.24 L	F	Hlelo Cele	14	FRA KCD	21/10/2023	Froggies Championships 2023
319	1:37.29 L	F	Ilze Olley	14	PHS CCD	27/01/2024	Limpopo School Champs
320	1:38.75 L	F	Hannah Myburgh	14	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
321	1:39.16 L	F	Liyana Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
322	1:39.47 L	F	Aobakwe Molokoane	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
323	1:39.48 L	F	Jessica Bennett	14	SAAW CPT	17/02/2024	Swartland Invitational Gala 2024
324	1:40.10 L	F	Suad Samaai	14	MARL CPT	17/09/2023	CTA BMEET 3
325	1:40.18 L	F	Azoma Mbanga	14	SHS KK	03/02/2024	Buffalo City School Trials 2024
326	1:42.54 L	F	Deannè King	14	HTSA CPT	17/09/2023	CTA BMEET 3
327	1:43.48 L	F	Sofiya Talip	14	MANT CPT	21/01/2024	CTA BMEET 4
328	1:43.81 L	F	Surene Kleingeld	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
329	1:44.18 L	F	Thlalefo Mokgosi	14	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
330	1:45.12 L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023	Limpopo Champs
331	1:45.18 L	F	Lutendo Mphelo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
332	1:46.70 L	F	Swazikazi Ntuli	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
333	1:47.55 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/12/2023	Free State Champs 2023
334	1:53.02 L	F	Andrea Mclachlan	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
335	1:55.41 L	F	Kerani Nana	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
336	1:55.67 L	F	Dimpho Leshabane	14	USHAK EKU	24/11/2023	EGA Summer 4
337	2:07.50 L	F	Bokang Seheri	14	USHAK EKU	28/10/2023	EGA Summer 2 2023
338	2:12.09 L	P	Jo-Anne van Dyk	14	JAQ EKU	07/12/2023	EGA Summer Championships
339	2:24.02 L	F	Najouan Haouali	14	BLNE MAN	06/12/2023	Free State Champs 2023
<b>Women 14-14200 Free</b>							
1	2:09.16 L	F	Abigail Kotze	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
2	2:09.18 L	P	Giuliana Vyncke	14	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:09.37 L	F	Amelie Kleine	14	TUKS TSH	15/03/2024	SA National Junior Age Group
4	2:11.54 L	F	Sienna Gous	14	INFA NMA	23/09/2023	3rd A League Gala 2023
5	2:11.68 L	F	Bailey Lambert	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorporate SSA
6	2:12.24 L	F	Anja Buitendach	14	MP EZD	19/04/2024	SA Schools Swimming Championship
7	2:12.29 L	F	Blake Morris	14	LINR JHB	15/03/2024	SA National Junior Age Group
8	2:12.66 L	P	Leah Markgraaff	14	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
9	2:12.86 L	F	Zuria Venter	14	CA EKU	15/03/2024	SA National Junior Age Group
10	2:16.02 L	P	Kylie De Bruyn	14	TUKS TSH	15/03/2024	SA National Junior Age Group
11	2:17.83 L	F	Emma Pinheiro	14	AAS JHB	30/11/2023	CGA Championships 2023
12	2:17.85 L	P	Evelyn Malan	14	TUKS TSH	15/03/2024	SA National Junior Age Group
13	2:18.24 L	F	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
14	2:18.60	L	F	Kacey Hughes	14	STSC KCD	14/12/2023	KZNA 2023 Championships Incorp SSA
15	2:20.11	L	F	Amy Hartung	14	ASAC CPT	03/02/2024	Winelands SL final
16	2:20.33	L	P	Riziki Magotsi	14	VINE CPT	15/03/2024	SA National Junior Age Group
17	2:20.68	L	F	Shannon Hugo	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
18	2:20.78	L	F	Sadie Roberts	14	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
19	2:21.59	L	F	Madison Higgs	14	INFA NMA	15/12/2023	NMBA Championships 2023
20	2:21.95	L	F	Mia Groenewald	14	KTS	21/03/2024	SA Level 3 Regional Age Group
21	2:22.12	L	P	Cara Visser	14	CYBE CPT	15/03/2024	SA National Junior Age Group
22	2:22.30	L	F	Keilah-Naomi Holthuis	14	QSAW CED	21/03/2024	SA Level 3 Regional Age Group
23	2:22.48	L	F	Tchisank Banza	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
24	2:22.85	L	P	Marike Raimond	14	TYGE CPT	15/03/2024	SA National Junior Age Group
25	2:22.86	L	F	Gabriella Boerstra	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
26	2:22.91	L	F	Paige Meeser	14	CA EKU	11/11/2023	EGA Summer 3
27	2:23.70	L	F	Caileigh De Beer	14	BLSS MAN	06/12/2023	Free State Champs 2023
28	2:23.72	L	P	Taylor Kassebaum	14	AA JHB	15/03/2024	SA National Junior Age Group
29	2:23.89	L	F	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023
30	2:24.41	L	F	Eva Dal Cin	14	ELEC TSH	21/10/2023	GP OCTOBER 2023
31	2:24.47	L	P	Madison Coleman	14	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
32	2:24.53	L	F	Payton Aitken	14	WSTV ETH	24/11/2023	Westville-Seals LC Championships
33	2:24.71	L	F	Zuri Tome	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
34	2:24.83	L	F	Margo Senekal	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
35	2:25.10	L	F	Danielle Grobler	14	BLOT MAN	16/02/2024	Neptunes Last chance Gala
36	2:25.13	L	P	Sam Juries	14	CLSC WCD	15/03/2024	SA National Junior Age Group
37	2:25.15	L	F	Mila De Souza	14	EXP TSH	22/09/2023	NTS Level 3+ September Age Group
38*	2:25.41	L	P	Scarlett Friis	14	KLOO ETH	15/03/2024	SA National Junior Age Group
38*	2:25.41	L	P	Caitlin Rossiter	14	HREF BP	15/03/2024	SA National Junior Age Group
40	2:25.65	L	F	Ava Newton	14	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
41	2:25.98	L	F	Tatum Grant	14	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
42	2:26.13	L	F	Abigail Munro	14	USC BUF	21/03/2024	SA Level 3 Regional Age Group
43	2:26.23	L	F	Almi Geysler	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group
44	2:26.37	L	P	Leila Springer	14	SASE JHB	15/03/2024	SA National Junior Age Group
45	2:26.68	L	F	Isabella Bruyns	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
46	2:26.86	L	F	Hannah Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
47	2:27.10	L	F	Rozaan Korff	14	ACAQ CCD	01/12/2023	Limpopo Champs
48	2:27.15	L	F	Jade Van Vuuren	14	WATR JHB	30/11/2023	CGA Championships 2023
49	2:27.19	L	P	Aryana Cloete-Hopkins	14	SSISA CPT	15/03/2024	SA National Junior Age Group
50	2:27.44	L	F	Shi Han Huang	14	BLMA CPT	11/11/2023	Swartland Prestige Gala 2023
51	2:27.88	L	F	Odetta Upton	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
52	2:28.26	L	P	Jamie-Lee Graham	14	AA JHB	15/03/2024	SA National Junior Age Group
53*	2:29.04	L	P	Clarise Van Niekerk	14	TUKS TSH	15/03/2024	SA National Junior Age Group
53*	2:29.04	L	F	Lehane Lategan	14	FAAC	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
55	2:29.09	L	F	Ane Snyders	14	BLSS MAN	06/12/2023	Free State Champs 2023
56	2:29.49	L	F	Alexa Basso	14	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
57	2:29.51	L	F	Gemma Walters	14	DORE JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
58	2:29.52	L	F	Sylvie de Bruyn	14	BULS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
59	2:29.58	L	F	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24
60	2:29.74	L	P	Kerrigan Hayes	14	CASC CPT	15/03/2024	SA National Junior Age Group
61	2:29.96	L	F	Mikayla Hinkley	14	PER JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
62	2:30.05	L	F	Mikayla Frösler	14	BEST NMA	11/11/2023	5th A League Gala 2023
63	2:30.96	L	P	Mikje Bocking	14	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
64	2:31.29	L	F	Mariné Pretorius	14	UPSK ZMD	21/03/2024	SA Level 3 Regional Age Group
65	2:31.46	L	P	Kayla Kleynhans	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
66	2:31.47	L	P	Lethabo Masemola	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
67	2:31.65	L	F	Tatum Topliss	14	CA EKU	11/11/2023	EGA Summer 3
68	2:32.26	L	P	Carla Dannhauser	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
69	2:32.27	L	P	Abigail Blake	14	GREY CPT	14/12/2023	Western Cape LC-A Championship 2023
70	2:32.29	L	P	Cara Rossouw	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
71	2:32.33	L	F	Kaylin Fabricius	14	BARR CPT	21/03/2024	SA Level 3 Regional Age Group
72	2:32.45	L	F	Annabelle Van Rensburg	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group

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	Time	P/F/S	Name	Age/Yr					
73	2:32.47	L	F	Caitlin Knight	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
74	2:32.55	L	P	Nicola Carver	14	ELEC	FSH	12/12/2023	NTS Championships 2023
75	2:32.85	L	F	Caitlin Camacho	14	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
76	2:32.94	L	P	Sharni-Marie Watson	14	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
77	2:33.11	L S	P	Amy Jackson	14	TCA	EKU	07/12/2023	EGA Summer Championships
78	2:33.41	L	F	Rebecca Froneman	14	STSC	KCD	27/01/2024	Ushaka Champs 2024
79	2:33.67	L	F	Tatum Dace	14	PEAS	NMA	12/08/2023	Madibaz Swim Meet 2023
80	2:33.85	L	F	Ona-Mari Van Niekerk	14	KNYA	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
81	2:33.87	L	F	Lara Janse van Rensburg	14	NSAD	EZD	13/10/2023	MP AGE GROUP 2
82	2:33.98	L	F	Izarra Ganas	14	ACSA	ETH	16/02/2024	EDA Age Group Gala 6 2024
83	2:34.14	L	F	Isla Minderon	14	PEAS	NMA	21/10/2023	4th A League Gala 2023
84	2:34.21	L	F	Xanri Muller	14	GHSK		10/02/2024	AGE GROUP 6 KBY - 2024
85	2:34.39	L	P	Milan Ferreira	14	TASC	MPD	20/03/2024	SA Level 3 Regional Age Group
86	2:34.43	L	F	Indigo Woodburn	14	MDOL	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
87	2:34.76	L	P	MacKenzie Bone	14	ELEC	FSH	12/12/2023	NTS Championships 2023
88	2:34.78	L	F	Emma-Lee Theron	14	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
89	2:34.88	L	F	Mine Prinsloo	14	BLSS	MAN	06/12/2023	Free State Champs 2023
90	2:34.96	L S	F	Abbigail Kulynych	14	BAS	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
91	2:35.25	L	F	Ella Jv Rensburg	14	SS	MPD	01/12/2023	Limpopo Champs
92	2:35.38	L	F	Mi-Ly Vd Merwe	14	LALE	GED	03/02/2024	Winelands SL final
93	2:35.58	L	F	Anja Volschenk	14	BLSS	MAN	06/12/2023	Free State Champs 2023
94	2:35.68	L S	F	Ella-Mae Henning	14	VRC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
95	2:35.92	L S	F	Emma Hagglund	14	SSISA	CPT	24/11/2023	CTA A & B CHAMPS 2023
96	2:35.98	L	P	Kapitolina Xaba	14	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
97	2:36.06	L	F	Hannah De Necker	14	FISH	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
98	2:36.14	L	P	Juanè Burger	14	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
99	2:36.32	L	F	Marlo Lensing	14	UPSK	ZMD	13/01/2024	AGE GROUP 4 UPT 2024
100	2:36.36	L	P	Megan Mayhew	14	WATR	JHB	30/11/2023	CGA Championships 2023
101	2:36.37	L	F	Payton Groger	14	LEGC	ETH	03/11/2023	EDA Age Group Gala 4 2023
102	2:36.48	L	F	Rachel Fairweather	14	HPS	FSH	17/11/2023	NTS Level 3+ November Age Group
103	2:36.55	L	P	Katya O'Brien	14	BON	EKU	20/03/2024	SA Level 3 Regional Age Group
104	2:36.67	L	F	Stephanie Dannhauser	14	TKS	WBD	01/12/2023	Limpopo Champs
105	2:36.91	L S	F	Aliyah De Oliveira	14	TYGE	CPT	24/11/2023	CTA A & B CHAMPS 2023
106	2:37.18	L	F	Shalem Mashingaidze	14	WATR	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
107	2:37.67	L	F	Miane Kasselmann	14	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
108	2:37.73	L	F	Marne' Van Rensburg	14	BLSS	MAN	24/06/2023	PEA Winter Gala 2023
109	2:37.81	L	F	Ella Lombard	14	AA	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
110	2:38.04	L	F	Addison Doolan	14	AA	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
111	2:38.26	L	F	Cailyn Clowes	14	PSCP	UMD	21/03/2024	SA Level 3 Regional Age Group
112	2:38.28	L	P	Catherine Roberts	14	PSCP	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
113	2:38.54	L	F	Lara Eckersley	14	CRSC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
114	2:38.62	L	P	Annabell Serrals	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
115	2:38.66	L	P	Kirsten Myers	14	SSISA	CPT	21/03/2024	SA Level 3 Regional Age Group
116	2:38.82	L	F	Maria Barreiros	14	ELEC	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
117	2:38.89	L	F	Mia-Isabelle Mans	14	KALA		27/10/2023	KALAHARI CLASSIC GALA 2023
118	2:39.11	L	P	Ada Barnard	14	SWAR	WCD	21/03/2024	SA Level 3 Regional Age Group
119	2:39.44	L	F	Isabelle Welgemoed	14	BLSS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
120	2:39.49	L	F	Simone' Pretorius	14	BETH	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
121	2:39.59	L	F	Abigail Wilcocks	14	PAC	FSH	22/09/2023	NTS Level 3+ September Age Group
122	2:39.67	L	F	Nikita Grant	14	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
123	2:39.71	L	P	Amy Walton	14	AZON	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
124	2:39.81	L	F	Carmen Stapelberg	14	TINC	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
125	2:40.07	L	F	Keona Landman	14	AACTA	CPT	10/02/2024	WCA-B Champs - 2024
126	2:40.40	L S	F	Keira Ellerbeck	14	H2O	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
127	2:40.54	L	P	Tara Saint	14	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
128	2:40.69	L	F	Lili Annandale	14	BULS	MAN	27/10/2023	Neptune Prestige Gala
129	2:41.09	L	F	Jessica Davies	14	VINE	CPT	10/02/2024	WCA-B Champs - 2024
130	2:41.41	L	F	Kay-Lee Mouton	14	SWAR	WCD	11/11/2023	Swartland Prestige Gala 2023
131	2:41.63	L S	F	Riley Prinsloo	14	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
132	2:41.87	L	F	Kutlo Kesiilwe	14	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
133	2:42.06	L	F	Zoé Steyn	14	HREF BP	17/11/2023 NTS Level 3+ November Age Group
134	2:42.35	L	F	Jemma Hendricks	14	LALE CED	10/02/2024 WCA-B Champs - 2024
135	2:42.49	L S	F	Inge Vd Walt	14	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
136	2:42.66	L	F	Diane Munro	14	BLSS MAN	06/12/2023 Free State Champs 2023
137	2:42.68	L S	F	Leila Smit	14	CSC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
138	2:42.80	L S	F	Tamlyn Kew	14	CSC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
139	2:42.88	L S	F	Sinead De Wet	14	CRSC JHB	24/03/2024 SA Level 2 Regional Age Group Champs
140	2:43.07	L S	F	Jamie Napier	14	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
141	2:43.08	L	P	Emma Nolan	14	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
142	2:43.14	L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
143	2:43.48	L	F	Christina Marzagalli	14	CYBE CPT	10/02/2024 WCA-B Champs - 2024
144	2:43.60	L	F	Hazel Hutchison	14	FAAC	20/01/2024 AGE GROUP 5 KBY 2024
145	2:43.71	L	F	Alexis Muller	14	PEAS NMA	01/10/2023 Curro AquaElite Gala
146	2:43.89	L	F	Mienke Kempen	14	LALE CED	03/02/2024 Winelands SL final
147	2:44.24	L	F	Elizabeth Viljoen	14	HREF BP	06/12/2023 NWS Championships 2023/24
148	2:44.48	L S	F	Megan Jansen	14	UNI EZD	24/03/2024 SA Level 2 Regional Age Group Champs
149	2:44.58	L	P	Carle Hager	14	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
150	2:45.21	L	P	Shayla WHYTE	14	MDOL JHB	30/11/2023 CGA Championships 2023
151	2:45.38	L	F	Zia Moosa	14	SEAL UMD	16/02/2024 EDA Age Group Gala 6 2024
152	2:45.46	L	F	Jessica Stedall	14	WWOL TSH	20/10/2023 NTS Level 3+ October Age Group 2023
153	2:45.50	L	F	Ava Strong	14	PEAS NMA	12/08/2023 Madibaz Swim Meet 2023
154	2:45.54	L	F	Mieke Griffiths	14	MSC NGD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
155	2:45.77	L	F	Sydni Adams	14	VINE CPT	21/01/2024 CTA BMEET 4
156	2:45.94	L	P	Chanel Van Tonder	14	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
157	2:46.45	L S	F	Sulize Kruger	14	AA JHB	24/03/2024 SA Level 2 Regional Age Group Champs
158	2:46.55	L	F	Jesse Kirsten	14	BLOT MAN	06/12/2023 Free State Champs 2023
159	2:47.66	L	P	Ameera Motala	14	ATLA JHB	30/11/2023 CGA Championships 2023
160	2:47.82	L	F	Daniella Myburg	14	BLSS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
161	2:48.12	L	F	Ariel De Bruyn	14	CSA EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
162	2:48.26	L	F	Freyja Weaver	14	OHAN ILD	27/01/2024 Ushaka Champs 2024
163	2:48.32	L	F	Bianca Potgieter	14	PAC TSH	16/02/2024 NTS February Open Age Group 2024
164	2:48.96	L	F	Kawanelo Linake	14	TRAZ TSH	01/12/2023 2023 The Tshwane Mayor's Gala
165	2:49.04	L	P	Shane Swarts	14	PSA ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
166	2:49.14	L	F	Elandri Du Randt	14	BETH FDD	06/10/2023 Super Seals & Sentraal Aquatics Gala
167	2:49.35	L	F	Leila Van Zyl	14	QUIC CPT	10/02/2024 WCA-B Champs - 2024
168	2:49.52	L	F	Ava Lambropoulos	14	TRAZ TSH	03/11/2023 NTS Level 1+2 November Age Group
169	2:49.53	L S	F	Isabelle Botha	14	PGAC EKU	24/03/2024 SA Level 2 Regional Age Group Champs
170	2:49.66	L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023 CGA Championships 2023
171	2:49.79	L	F	Sadie Bothma	14	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
172	2:50.02	L	F	Rebekah Van Coller	14	FISH EDD	18/11/2023 Eden LC Champs 2023
173	2:50.15	L	F	Whitney Lauf	14	MDOL JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
174	2:50.39	L	F	Helena Rookan-Smith	14	LALE CED	10/02/2024 WCA-B Champs - 2024
175	2:50.55	L	F	Erin Stead	14	FRA KCD	05/04/2024 SA Level 2 Regional Age Group Champs
176	2:50.62	L	F	Gabriella Baillie	14	ROA EDD	21/10/2023 EDEN 2nd A-League Gala 2023
177	2:50.64	L	F	Liane' de Wet	14	BULS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
178	2:50.88	L	P	Talitha Schuch	14	LEGC ETH	21/03/2024 SA Level 3 Regional Age Group
179	2:51.23	L	P	Simone Van Wyk	14	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
180	2:51.42	L	F	Kayden Mauer	14	USC BUF	09/02/2024 Infinity Gala 2024
181	2:51.51	L	F	Sulize Henning	14	HREF BP	21/10/2023 NWS Age Group 1 & 2 2023
182	2:51.56	L	F	Sahana Dayaram	14	DORE JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
183	2:51.75	L	F	Lika Vd Merwe	14	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
184	2:51.89	L S	F	Rachel Henley	14	ESTR EKU	24/03/2024 SA Level 2 Regional Age Group Champs
185	2:52.15	L S	F	Oratile Matli	14	ESTR EKU	24/03/2024 SA Level 2 Regional Age Group Champs
186	2:52.52	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	05/04/2024 SA Level 2 Regional Age Group Champs
187	2:52.61	L	P	Alexa Cave	14	MDOL JHB	30/11/2023 CGA Championships 2023
188	2:52.92	L S	F	Hannah Du Toit	14	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
189	2:52.98	L	F	Silizwiwe Giyose	14	USC BUF	24/11/2023 BCA Long Course Championships 2023
190	2:53.00	L	F	Melandri Vermaak	14	TINC TSH	02/03/2024 AG Level 1 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
191	2:53.03 L	P	Takiyah Maclou	14	AA JHB	30/11/2023	CGA Championships 2023
192	2:53.32 L	F	McKenzie Jones	14	ESTR EKU	11/11/2023	EGA Summer 3
193	2:53.53 L	F	Jessie Ludick	14	CASC CPT	10/02/2024	WCA-B Champs - 2024
194	2:53.71 L	F	Karla Lemmer	14	USH KCD	28/10/2023	KCDA October Age Group Gala 2023
195	2:54.18 L	F	Emme Wentzel	14	INFA NMA	22/07/2023	1st A League Gala 2023
196	2:54.23 L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
197	2:54.80 L	F	Emma Brooks	14	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
198	2:54.82 L	F	Macayle Eisen	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
199	2:54.87 L	F	Tylin Taljard	14	SS MPD	01/12/2023	Limpopo Champs
200	2:55.01 L	F	Isidora Stojanovic	14	RFA TSH	02/03/2024	AG Level 1 Regional Age Group
201	2:55.03 L	F	Annemie De Villiers	14	PRKA PSD	03/02/2024	NCASA SPRINTS 2024
202	2:55.14 L	F	Cecilia Breedt	14	DORE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
203	2:55.20 L	F	Alexandra Sheppard	14	BERG BP	23/02/2024	NW School Championships 2024
204	2:55.48 L	F	Cayla Boardman	14	CA EKU	11/11/2023	EGA Summer 3
205	2:55.54 L S	F	Carli Murray	14	QUIC CPT	24/11/2023	CTA A & B CHAMPS 2023
206	2:55.67 L	F	Kyra Home	14	MDOL JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
207	2:56.67 L S	F	Keone Molapo	14	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
208	2:56.87 L	F	Sofiya Dos-Santos	14	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
209	2:57.39 L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
210	2:58.44 L	F	Kiara Storm	14	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
211	2:58.68 L	F	Jessica Davies	14	VIKI BUF	01/12/2023	ECA Long Course Championships 2023
212	2:58.89 L	F	Nasheetah Jephtha	14	MANT CPT	17/02/2024	Swartland Invitational Gala 2024
213	2:59.09 L	F	Stephanie Minnaar	14	TYGE CPT	21/01/2024	CTA BMEET 4
214	2:59.13 L	F	Abigail Suckling	14	FSE KCD	03/02/2024	KCDA February Age Group 2024
215	2:59.14 L	F	Leigh Chung Kim Yuen	14	MANT CPT	21/01/2024	CTA BMEET 4
216	2:59.94 L	F	Talita Wessels	14	UNI EZD	13/10/2023	MP AGE GROUP 2
217	3:00.18 L S	F	Delise Malenza	14	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
218	3:00.22 L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
219	3:00.64 L	F	Chandre Cloete	14	UNI EZD	13/10/2023	MP AGE GROUP 2
220	3:00.67 L	F	Anieke Prinsloo	14	BETH FDD	06/12/2023	Free State Champs 2023
221	3:00.75 L	F	Mia Koen	14	BULS MAN	06/12/2023	Free State Champs 2023
222	3:01.19 L S	P	Keira Martins	14	H2O EKU	07/12/2023	EGA Summer Championships
223	3:01.49 L	P	Rozel Scholtz	14	STELL RMD	26/03/2024	SA Level 2 Regional Age Group Champs
224	3:02.59 L S	F	Callen Campbell	14	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
225	3:02.73 L	F	Olethiwe Mqadi	14	CASC CPT	17/09/2023	CTA BMEET 3
226	3:03.32 L	F	Sadie Kata	14	SWIFT EKU	02/03/2024	AG Level 1 Regional Age Group
227	3:03.45 L	F	Erin Olivier	14	ASAC CPT	10/02/2024	WCA-B Champs - 2024
228	3:04.75 L	F	Mia-Ann Van der Westhuizen	14	AGAQ QBD	11/11/2023	Swartland Prestige Gala 2023
229	3:05.28 L	F	Mia Pienaar	14	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
230	3:05.53 L S	P	Skyla Reddy	14	SWIFT EKU	07/12/2023	EGA Summer Championships
231	3:05.63 L	F	Nolene Badenhorst	14	STAQ CED	11/11/2023	Winelands SL4
232	3:05.70 L	F	Sadie Dreyer	14	STAQ CED	10/02/2024	WCA-B Champs - 2024
233	3:05.85 L	F	Emmah Myburgh	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
234	3:06.47 L	F	Benedicta Atta-Asamoah	14	WWOL TSH	01/12/2023	2023 The Tshwane Mayor's Gala
235	3:06.71 L	F	Kaylee Glutz	14	SEALI ILD	24/11/2023	Westville-Seals LC Championships
236	3:08.06 L	P	Melinda Dippenaar	14	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
237	3:08.69 L	F	Lyla Shekel	14	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
238	3:08.95 L	F	Aimee Grobler	14	AFIN JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
239	3:09.35 L	F	Hannaan Mia	14	MANT CPT	21/01/2024	CTA BMEET 4
240	3:09.62 L	F	Kari Tise	14	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
241	3:09.69 L	F	Zea Zondagh	14	WAGH BP	23/02/2024	NW School Championships 2024
242	3:10.25 L	F	Tuhina Asharam	14	KZNA ETH	27/01/2024	Ushaka Champs 2024
243	3:10.32 L	P	Lauren Naidoo	14	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs
244	3:11.52 L	F	Kianna Walters	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
245*	3:11.93 L	F	Hannah Struwig	14	AQUA BUF	09/12/2023	Uthukela District Age group Gala
245*	3:11.93 L	F	Jasmine Hirshovitz	14	GREY CPT	10/02/2024	WCA-B Champs - 2024
247	3:12.39 L	F	Nina Cloete	14	FISH EDD	17/02/2024	EDEN 5th A-League Gala 2024
248	3:13.19 L	F	Leah Davel	14	ACAQ CCD	21/10/2023	Limpopo Age Group 4
249	3:15.31 L	F	Sandisiwe Mkhathswa	14	MAKO EKU	26/01/2024	EGA Last Chance 2024



### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
250	3:15.33	L	F	Esther Erasmus	14	PGH KK	23/02/2024 NW School Championships 2024
251	3:15.91	L	F	Tamsyn Thomson	14	BULS MAN	06/12/2023 Free State Champs 2023
252	3:15.93	L	F	Hayley Belinfante	14	QUIC CPT	17/09/2023 CTA BMEET 3
253	3:16.14	L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024 AG Level 1 Regional Age Group
254	3:16.56	L	F	Emilia de Freitas	14	MAKO EKU	11/11/2023 EGA Summer 3
255	3:16.64	L	F	Cornelia Van Zyl	14	LALE CED	11/11/2023 Winelands SL4
256	3:16.69	L	F	Ilne Bruwer	14	BLSS MAN	27/10/2023 Neptune Prestige Gala
257	3:17.67	L	F	Khanyolwethu Fokazi	14	CYBE CPT	21/01/2024 CTA BMEET 4
258	3:18.08	L	F	Imke Botha	14	STAR BPD	21/10/2023 NWS Age Group 1 & 2 2023
259	3:18.10	L	F	Rerapetse Ramohale	14	STAR BPD	06/12/2023 NWS Championships 2023/24
260	3:18.46	L	F	Mikaela Johst	14	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
261	3:20.99	L	F	Diëm Peens	14	CUHE OBD	21/01/2024 CTA BMEET 4
262	3:22.34	L	F	Elizma Du Plooy	14	SS MPD	21/10/2023 Limpopo Age Group 4
263	3:23.32	L S	F	Skylar Adams	14	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
264	3:23.70	L	F	Nonjabulo Thusi	14	USH KCD	28/10/2023 KCDA October Age Group Gala 2023
265	3:24.01	L	F	Lilli-Hanna Black	14	HTSA CPT	21/01/2024 CTA BMEET 4
266	3:24.13	L	F	Kayla Esterhuizen	14	UPSK ZMD	25/11/2023 UPT AGE GROUP 2 2023
267	3:25.86	L	F	Johanika Groenewald	14	UNI EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
268	3:25.96	L S	F	Bohlale Khahledi	14	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
269	3:31.73	L	F	Atlegang Mogotsi	14	ESTR EKU	02/03/2024 AG Level 1 Regional Age Group
270	3:31.97	L	F	Kirsten Roos	14	EXA EZD	13/10/2023 MP AGE GROUP 2
271	3:36.16	L S	F	Mia Okkers	14	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
272	3:37.40	L	F	Jessica Bennett	14	SAAW CPT	17/02/2024 Swartland Invitational Gala 2024
273	3:38.18	L S	P	Mamello Mabuza	14	ESP EKU	07/12/2023 EGA Summer Championships
274	3:38.20	L	F	Hannah Myburgh	14	AQDO CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
275	3:45.29	L	F	Ilze Olley	14	ACAQ CCD	11/11/2023 Limpopo Age Group 5
276	3:48.31	L	F	Caroline Retief	14	HTSA CPT	21/01/2024 CTA BMEET 4
277	3:50.67	L	F	Lutendo Mphelo	14	BETH FDD	02/03/2024 FSA Level 1 2024
278	3:55.52	L	F	Aobakwe Molokoane	14	TLAC BPD	21/10/2023 NWS Age Group 1 & 2 2023
279	3:59.93	L	F	Sofiya Talip	14	MANT CPT	21/01/2024 CTA BMEET 4
280	4:10.35	L	F	Kerani Nana	14	ATLA JHB	02/03/2024 AG Level 1 Regional Age Group
281	4:17.11	L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	02/03/2024 FSA Level 1 2024
282	4:57.34	L	F	Andrika Breedt	14	WAGH BP	23/02/2024 NW School Championships 2024
<b>Women 14-14400 Free</b>							
1	4:28.47	L	F	Amelie Kleine	14	TUKS TSH	15/03/2024 SA National Junior Age Group
2	4:34.53	L	F	Sienna Gous	14	INFA NMA	15/03/2024 SA National Junior Age Group
3	4:34.64	L	F	Abigail Kotze	14	TYGE CPT	15/03/2024 SA National Junior Age Group
4	4:34.94	L	F	Leah Markgraaff	14	TUKS TSH	15/03/2024 SA National Junior Age Group
5	4:37.29	L	F	Zuria Venter	14	CA EKU	15/03/2024 SA National Junior Age Group
6	4:39.95	L	F	Kylie De Bruyn	14	TUKS TSH	15/03/2024 SA National Junior Age Group
7	4:41.42	L	F	Evelyn Malan	14	TUKS TSH	15/03/2024 SA National Junior Age Group
8	4:41.62	L	P	Anja Buitendach	14	MP EZD	08/04/2024 SA National Aquatic Champ 2024-PE
9	4:41.64	L	F	Blake Morris	14	LINR JHB	15/03/2024 SA National Junior Age Group
10	4:45.75	L	F	Emma Pinheiro	14	SMTG JHB	15/03/2024 SA National Junior Age Group
11	4:46.31	L	F	Giuliana Vyncke	14	DRGN EKU	15/03/2024 SA National Junior Age Group
12	4:53.34	L	F	Kacey Hughes	14	STSC KCD	14/12/2023 KZNA 2023 Championships Incorp SSA
13	4:55.64	L	F	Amy Hartung	14	ASAC CPT	03/02/2024 Winelands SL final
14	4:55.67	L	F	Shannon Hugo	14	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
15	4:57.69	L	F	Taylor Kassebaum	14	AA JHB	15/03/2024 SA National Junior Age Group
16	4:57.96	L	F	Scarlett Friis	14	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
17	4:58.21	L	F	Margo Senekal	14	TYGE CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
18	4:58.96	L	F	Lize-Marie Kruger	14	BLSS MAN	24/06/2023 PEA Winter Gala 2023
19	5:01.24	L	F	Paige Meeser	14	CA EKU	15/03/2024 SA National Junior Age Group
20	5:04.37	L	F	Mia Groenewald	14	KTS	24/11/2023 AGE GROUP 2 KATHU 2023
21	5:04.44	L	F	Marike Raimond	14	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
22	5:06.55	L	F	Gabriella Boerstra	14	TUKS TSH	12/12/2023 NTS Championships 2023
23	5:07.66	L	F	Tatum Dace	14	NMBA NM	13/01/2024 BCA Inter-District Championship Gala
24	5:08.41	L	F	Keilah-Naomi Holthuis	14	QSAW CED	21/03/2024 SA Level 3 Regional Age Group
25	5:09.43	L	F	Mila De Souza	14	EXP TSH	12/12/2023 NTS Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
26	5:10.15	L	F	Eva Dal Cin	14	ELEC	FSH	24/05/2023	Winter National Championships'23
27	5:10.65	L	F	Abigail Munro	14	USC	BUF	15/12/2023	NMBA Championships 2023
28	5:10.79	L	F	Mikje Bocking	14	SEAL	UMD	24/11/2023	Westville-Seals LC Championships
29	5:11.16	L	F	Zuri Tome	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
30	5:11.36	L	F	Rozaan Korff	14	ACAQ	CCD	01/12/2023	Limpopo Champs
31	5:11.43	L	F	Ava Newton	14	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
32	5:11.60	L	F	Hannah Hattingh	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023
33	5:11.80	L	F	Tatum Grant	14	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
34	5:12.01	L	F	Cailleigh De Beer	14	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
35*	5:12.05	L	F	Mariné Pretorius	14	UPSK	ZMD	21/03/2024	SA Level 3 Regional Age Group
35*	5:12.05	L	F	Caitlin Rossiter	14	MP	EZD	19/04/2024	SA Schools Swimming Championship
37	5:12.66	L	F	Tchisank Banza	14	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
38	5:12.71	L	F	Madison Coleman	14	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
39	5:14.26	L	F	Kayla Kleynhans	14	TUKS	FSH	12/12/2023	NTS Championships 2023
40	5:14.84	L	F	Almi Geysler	14	LALE	CED	21/03/2024	SA Level 3 Regional Age Group
41	5:14.91	L S	F	Shi Han Huang	14	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
42	5:15.84	L	F	Megan Mayhew	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
43	5:15.98	L	F	Carla Dannhauser	14	TKS	WBD	20/03/2024	SA Level 3 Regional Age Group
44	5:17.25	L	F	Madison Higgs	14	INFA	NMA	22/07/2023	1st A League Gala 2023
45	5:18.43	L	F	Inneke Liebenberg	14	POTC	KKD	06/12/2023	NWS Championships 2023/24
46	5:18.50	L	F	Amy Jackson	14	TCA	EKU	20/03/2024	SA Level 3 Regional Age Group
47	5:19.24	L	F	Cara Visser	14	CYBE	CPT	24/11/2023	CTA A & B CHAMPS 2023
48	5:19.43	L	F	MacKenzie Bone	14	ELEC	FSH	23/06/2023	Treviso Swim Cup
49	5:19.46	L	F	Lehane Lategan	14	FAAC		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
50	5:19.64	L	F	Danielle Grobler	14	BULS	MAN	13/10/2023	Pelicans Gala
51	5:20.06	L	F	Abigail Blake	14	GREY	CPT	21/03/2024	SA Level 3 Regional Age Group
52	5:21.41	L	F	Lara Janse van Rensburg	14	CSA	EZD	20/03/2024	SA Level 3 Regional Age Group
53	5:21.49	L	F	Cara Rossouw	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
54	5:21.83	L	F	Payton Aitken	14	WSTV	ETH	21/01/2024	EDA Age Group Gala 5 2024
55	5:22.57	L	F	Katya O'Brien	14	BON	EKU	20/03/2024	SA Level 3 Regional Age Group
56	5:23.62	L	P	Lethokuhle Makhubu	14	ACSA	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
57	5:25.33	L	F	Kerrigan Hayes	14	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
58	5:25.51	L	F	Gemma Walters	14	DORE	JHB	30/11/2023	CGA Championships 2023
59	5:25.72	L	F	Riziki Magotsi	14	RSA		03/05/2023	CANA Zone IV Swimming Champions
60	5:26.13	L	F	Marne' Van Rensburg	14	BLSS	MAN	06/12/2023	Free State Champs 2023
61	5:26.73	L	F	Alexis Muller	14	AZON	ETH	21/03/2024	SA Level 3 Regional Age Group
62	5:26.99	L	F	Tatum Topliss	14	CA	EKU	07/12/2023	EGA Summer Championships
63	5:27.59	L	F	Jamie-Lee Graham	14	AA	JHB	30/11/2023	CGA Championships 2023
64	5:27.88	L	F	Rebecca Froneman	14	STSC	KCD	27/01/2024	Ushaka Champs 2024
65	5:28.21	L	F	Juanè Burger	14	TYGE	CPT	24/11/2023	CTA A & B CHAMPS 2023
66	5:28.58	L	F	Isla Minderon	14	PEAS	NMA	15/12/2023	NMBA Championships 2023
67	5:28.73	L	F	Isabella Bruyns	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
68	5:29.02	L	F	Lethabo Masemola	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
69	5:29.75	L	F	Abbigail Kulynych	14	BAS	EKU	07/12/2023	EGA Summer Championships
70	5:30.14	L	F	Annabelle Van Rensburg	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
71	5:31.13	L	F	Aliyah De Oliveira	14	TYGE	CPT	16/09/2023	CTA A MEET 3
72	5:32.01	L	F	Indigo Woodburn	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
73	5:33.69	L	F	Xanri Muller	14	GHSK		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
74	5:34.84	L	F	Aryana Cloete-Hopkins	14	SSISA	CPT	18/11/2023	CTA QUALIFYING MEET 2
75	5:35.74	L	F	Kutlo Kesilwe	14	TUKS	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
76	5:36.48	L	F	Sylvie de Bruyn	14	BULS	MAN	27/10/2023	Neptune Prestige Gala
77	5:37.57	L	F	Anja Volschenk	14	BLSS	MAN	06/12/2023	Free State Champs 2023
78	5:38.43	L	F	Emma-Lee Theron	14	BLSS	MAN	01/09/2023	Seals Gala
79	5:38.83	L	F	Marlo Lensing	14	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
80	5:41.11	L	F	Lara Eckersley	14	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
81	5:41.12	L	F	Mine Prinsloo	14	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
82	5:41.55	L	F	Nikita Grant	14	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
83	5:42.16	L	F	Lili Annandale	14	BULS	MAN	06/12/2023	Free State Champs 2023
84	5:43.02	L	F	Zoé Steyn	14	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
85	5:45.24	L	F	Keira Ellerbeck	14	H2O EKU	26/01/2024	EGA Last Chance 2024
86	5:45.73	L	P	Cailyn Clowes	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
87	5:48.03	L	F	Jani Visagie	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
88	5:48.31	L	F	Simone' Pretorius	14	BETH FDD	06/12/2023	Free State Champs 2023
89	5:49.24	L	F	Ona-Mari Van Niekerk	14	FISH EDD	24/06/2023	PEA Winter Gala 2023
90	5:50.67	L	F	Kapitolina Xaba	14	SASE JHB	30/11/2023	CGA Championships 2023
91	5:51.94	L	F	Ane Snyders	14	BLSS MAN	01/09/2023	Seals Gala
92	5:58.90	L	F	Olethiwe Mqadi	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
93	5:59.94	L	F	Karla Lemmer	14	USH KCD	21/10/2023	Froggies Championships 2023
94	6:00.11	L	F	Tamlyn Kew	14	CSC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
95	6:00.65	L	F	Amara Okoye	14	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
96	6:03.62	L	F	Ariel De Bruyn	14	CSA EZD	01/12/2023	Mpumalanga Championships 2023
97	6:03.64	L	F	Rebekah Van Coller	14	FISH EDD	18/11/2023	Eden LC Champs 2023
98	6:06.35	L	F	Ameera Motala	14	ATLA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
99	6:06.90	L	F	Sulize Henning	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
100	6:10.84	L	F	Jessie Ludick	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
101	6:11.29	L	F	Alexandra Sheppard	14	STAR BPD	16/02/2024	NTS February Open Age Group 2024
102	6:11.33	L	F	Rachel Henley	14	ESTR EKU	26/01/2024	EGA Last Chance 2024
103	6:13.41	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	21/01/2024	EDA Age Group Gala 5 2024
104	6:15.15	L	F	Hazel Hutchison	14	FAAC	24/06/2023	PEA Winter Gala 2023
105	6:18.16	L	F	Melandri Vermaak	14	TINC TSH	02/02/2024	NTS Level 1+2 February Age Group
106	6:18.17	L S	F	Nasheetah Jephta	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
107	6:19.21	L	F	Kawanelo Linake	14	TRAZ TSH	02/02/2024	NTS Level 1+2 February Age Group
108	6:19.33	L	F	Elandri Du Randt	14	BETH FDD	18/11/2023	Valsrivier Gala
109	6:20.40	L	F	Chandre Cloete	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
110	6:20.69	L	F	Leila Smit	14	CSC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
111	6:23.00	L	F	Silizwi Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
112	6:25.00	L	F	Inge Vd Walt	14	TUKS TSH	03/11/2023	NTS Level 1+2 November Age Group
113	6:28.63	L S	F	Leigh Chung Kim Yuen	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
114	6:29.58	L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
115	6:31.04	L	F	Nieke Engelbrecht	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
116	6:31.97	L	F	Macayle Eisen	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
117	6:39.36	L	F	Delise Malenza	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
118	6:42.08	L	F	Lyla Shekel	14	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
119	6:52.16	L	F	Kaylee Glutz	14	SEALI ILD	21/10/2023	Froggies Championships 2023
120	6:55.98	L S	F	Hanna Mia	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
121	6:56.54	L	F	Emmah Myburgh	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
122	7:02.57	L	F	Lilli-Hanna Black	14	H TSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
123	7:03.97	L	F	Nina Cloete	14	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
124	7:07.17	L	F	Jasmine Hirshovitz	14	GREY CPT	11/11/2023	Winelands SL4
125	7:11.23	L	F	Esther Erasmus	14	PGH KK	23/02/2024	NW School Championships 2024
126	7:20.89	L	F	Imke Botha	14	RHS BP	23/02/2024	NW School Championships 2024
127	7:24.57	L	F	Keziah Campbell	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
128	7:25.52	L	F	Johanika Groenewald	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
129	7:28.02	L S	F	Mia Okkers	14	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
130	9:01.78	L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	13/10/2023	Pelicans Gala
<b>Women 14-14800 Free</b>								
1	9:05.90	L	F	Amelie Kleine	14	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
2	9:27.19	L	F	Sienna Gous	14	INFA NMA	15/03/2024	SA National Junior Age Group
3	9:27.21	L	F	Leah Markgraaff	14	TUKS TSH	15/03/2024	SA National Junior Age Group
4	9:35.26	L	F	Kylie De Bruyn	14	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
5	9:45.28	L	F	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorp SSA
6	9:47.42	L	F	Blake Morris	14	LINR JHB	15/03/2024	SA National Junior Age Group
7	9:49.12	L	F	Anja Buitendach	14	MP EZD	08/04/2024	SA National Aquatic Champ 2024-PE
8	9:51.29	L	F	Abigail Kotze	14	TYGE CPT	16/09/2023	CTA A MEET 3
9	10:01.02	L	F	Evelyn Malan	14	TUKS TSH	15/03/2024	SA National Junior Age Group
10	10:10.48	L	F	Shannon Hugo	14	SEAL UMD	15/03/2024	SA National Junior Age Group
11	10:11.54	L	F	Marike Raimond	14	TYGE CPT	15/03/2024	SA National Junior Age Group
12	10:13.89	L	F	Taylor Kassebaum	14	AA JHB	15/03/2024	SA National Junior Age Group

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

Time	P/F/S	Name	Age/Yr					
13	10:16.87	L	F	Kacey Hughes	14	STSC KCD	15/03/2024	SA National Junior Age Group
14	10:19.53	L	F	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
15	10:21.37	L	F	Amy Hartung	14	ASAC CPT	15/03/2024	SA National Junior Age Group
16	10:22.73	L	F	Scarlett Friis	14	KLOO ETH	15/03/2024	SA National Junior Age Group
17	10:31.44	L	F	Mia Groenewald	14	KTS	24/11/2023	AGE GROUP 2 KATHU 2023
18	10:32.63	L	F	Tchisank Banza	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
19	10:33.65	L	F	Paige Meeser	14	CA EKU	15/03/2024	SA National Junior Age Group
20	10:34.44	L	F	Rozaan Korff	14	ACAAQ CCD	01/12/2023	Limpopo Champs
21	10:36.42	L	F	Gabriella Boerstra	14	TUKS TSH	12/12/2023	NTS Championships 2023
22	10:37.89	L	F	Ava Newton	14	CASC CPT	15/03/2024	SA National Junior Age Group
23	10:40.60	L	F	Eva Dal Cin	14	ELEC TSH	15/03/2024	SA National Junior Age Group
24	10:57.48	L	F	Kayla Kleynhans	14	TUKS TSH	12/12/2023	NTS Championships 2023
25	11:00.01	L	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
26	11:03.01	L	F	Madison Coleman	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
27	11:03.99	L	F	Tatum Grant	14	SOUL EKU	11/11/2023	EGA Summer 3
28	11:05.58	L	F	Kerrigan Hayes	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
29	11:05.98	L	F	Margo Senekal	14	TYGE CPT	16/09/2023	CTA A MEET 3
30	11:09.58	L	F	Lehane Lategan	14	FAAC	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
31	11:11.46	L	F	Mikayla Frösler	14	BEST NMA	22/07/2023	1st A League Gala 2023
32	11:17.00	L	F	Ava Strong	14	PEAS NMA	05/10/2023	42nd Freda Barnard Invitational Gala
33	11:18.18	L	F	Juanè Burger	14	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
34	11:20.60	L	F	Lara Janse van Rensburg	14	NSAD EZD	01/12/2023	Mpumalanga Championships 2023
35	11:26.61	L	F	Marne' Van Rensburg	14	BLSS MAN	06/12/2023	Free State Champs 2023
36	11:27.37	L	F	Gemma Walters	14	DORE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
37	11:29.03	L	F	Amy Jackson	14	TCA EKU	11/11/2023	EGA Summer 3
38	11:33.03	L	F	Mariné Pretorius	14	KALA	24/11/2023	AGE GROUP 2 KATHU 2023
39	11:33.46	L	F	Caitlin Rossiter	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
40	11:39.84	L	F	Emma-Lee Theron	14	BLSS MAN	27/10/2023	Neptune Prestige Gala
41	11:41.93	L	F	Marlo Lensing	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
42	11:42.29	L	F	Abbigail Kulynych	14	BAS EKU	11/11/2023	EGA Summer 3
43	11:44.21	L	F	Katya O'Brien	14	BON EKU	11/11/2023	EGA Summer 3
44	11:52.99	L	F	Kutlo Kesilwe	14	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
45	11:53.02	L	F	Xanri Muller	14	GHSK	11/11/2023	AGE GROUP 1
46	11:57.96	L	F	Kay-Lee Mouton	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
47	11:59.05	L	F	Rachel Fairweather	14	HPS TSH	16/02/2024	NTS February Open Age Group 2024
48	12:00.30	L	F	Ella Lombard	14	AA JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
49	12:17.42	L	F	Karla Lemmer	14	USH KCD	18/11/2023	KCDA November Age Group Gala 2023
50	12:46.03	L	F	Lili Annandale	14	BULS MAN	19/08/2023	Super Seals Prestige Gala
51	12:54.40	L	F	Keira Ellerbeck	14	H2O EKU	11/11/2023	EGA Summer 3
52	12:54.51	L	F	Hazel Hutchison	14	FAAC	24/06/2023	PEA Winter Gala 2023
53	13:01.18	L	F	Siliziwe Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
54	13:18.63	L	F	Chandre Cloete	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
55	13:33.49	L	F	Danielle Van Dyk	14	QSAW CED	03/02/2024	Winelands SL final
56	13:38.41	L	F	Callen Campbell	14	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
57	13:52.86	L	F	Simone' Pretorius	14	BETH FDD	19/08/2023	Super Seals Prestige Gala
58	14:07.45	L	F	Emmah Myburgh	14	UPSK ZMD	03/11/2023	UPINGTON 2023
59	14:13.15	L	F	Nieke Engelbrecht	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
60	14:20.81	L	F	Melinda Dippenaar	14	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
61	15:04.89	L	F	Keziah Campbell	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
62	15:13.89	L	F	Kayla Esterhuizen	14	UPSK ZMD	03/11/2023	UPINGTON 2023
63	15:22.51	L	F	Johanika Groenewald	14	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
64	16:03.86	L	F	Elandri Du Randt	14	BETH FDD	19/08/2023	Super Seals Prestige Gala
65	17:15.65	L	F	Lutendo Mphelo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
<b>Women 14-141500 Free</b>								
1	17:57.84	L S	F	Leah Markgraaff	14	TUKS TSH	15/03/2024	SA National Junior Age Group
2	18:08.82	L S	F	Sienna Gous	14	INFA NMA	15/03/2024	SA National Junior Age Group
3	18:14.96	L S	F	Kylie De Bruyn	14	TUKS TSH	15/03/2024	SA National Junior Age Group
4	18:33.76	L	F	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorp SSA
5	18:43.94	L	F	Blake Morris	14	LINR JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
6	19:39.31 L	F	Taylor Kassebaum	14	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
7	19:40.40 L S	F	Marike Raimond	14	TYGE CPT	15/03/2024	SA National Junior Age Group
8	19:56.01 L	F	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
9	19:59.59 L S	F	Amy Hartung	14	ASAC CPT	15/03/2024	SA National Junior Age Group
10	20:00.06 L	F	Eva Dal Cin	14	ELEC TSH	09/11/2023	Mauritius Summer Championships (LC)
11	20:22.33 L S	F	Paige Meeser	14	CA EKU	15/03/2024	SA National Junior Age Group
12	20:23.94 L	F	Anja Buitendach	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
13	20:45.14 L	O	Mikayla Frösler	14	ECA BUF	08/03/2024	SA National OWS Championship
14	21:10.02 L	F	Rozaan Korff	14	ACAQ CCD	17/11/2023	NTS Level 3+ November Age Group
15	21:16.20 L	F	Tatum Grant	14	SOUL EKU	24/11/2023	EGA Summer 4
16	21:16.67 L	F	Alexa Basso	14	SOUL EKU	24/11/2023	EGA Summer 4
17	21:17.56 L	F	Kayla Kleynhans	14	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
18	21:30.93 L	F	Xanri Muller	14	GHSK	10/02/2024	AGE GROUP 6 KBY - 2024
19	21:33.41 L	F	Isabella Bruyns	14	MDOL JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
20	21:41.25 L	F	Marlo Lensing	14	NC FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
21	21:50.63 L	F	Lara Janse van Rensburg	14	NSAD EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
22	21:52.00 L	O	Jamie-Lee Graham	14	AA JHB	21/10/2023	AG Open Water Series #1
23	21:58.63 L S	F	Marne' Van Rensburg	14	BLSS MAN	06/12/2023	Free State Champs 2023
24	21:59.97 L	F	Caitlin Rossiter	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
25	22:44.00 L	O	Madison Smith	14	CA EKU	21/10/2023	AG Open Water Series #1
26	23:14.00 L	O	Khayla Wicomb	14	OLDE JHB	21/10/2023	AG Open Water Series #1
27	23:27.16 L	F	Hazel Hutchison	14	FAAC	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
28	23:40.00 L	O	Amy Jackson	14	TCA EKU	20/01/2024	Prime View Swim Festival #3
29	24:34.37 L	F	Simone' Pretorius	14	BETH FDD	06/10/2023	Super Seals & Sentraal Aquatics Gala
30	24:57.00 L	O	Keira Ellerbeck	14	H2O EKU	20/01/2024	Prime View Swim Festival #3
31	25:11.27 L	F	Tchisank Banza	14	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
32	25:22.67 L	F	Chandre Cloete	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
33	25:43.46 L	F	Kayden Mauer	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
34	26:09.21 L	F	Erin Stead	14	FRA KCD	03/02/2024	KCDA February Age Group 2024
35	26:23.87 L	F	Anieke Prinsloo	14	BETH FDD	06/10/2023	Super Seals & Sentraal Aquatics Gala
36	27:30.75 L	F	Nieke Engelbrecht	14	UPSK ZMD	03/11/2023	UPINGTON 2023
37	27:31.22 L	F	Emmah Myburgh	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
38	28:17.00 L	O	Ameera Motala	14	ATLA JHB	20/01/2024	Prime View Swim Festival #3
39	28:59.00 L	O	Paige Van Niekerk	14	AFIN JHB	20/01/2024	Prime View Swim Festival #3
40	29:33.00 L	O	McKenzie Jones	14	ESTR EKU	20/01/2024	Prime View Swim Festival #3
41	29:46.01 L	F	Melinda Dippenaar	14	BS LLD	06/10/2023	Super Seals & Sentraal Aquatics Gala
42	29:48.96 L	F	Kayla Esterhuizen	14	UPSK ZMD	03/11/2023	UPINGTON 2023
43	29:51.73 L	F	Johanika Groenewald	14	UNI EZD	02/02/2024	MP AGE GROUP 5 GALA
44	30:12.00 L	O	Mieke Pauer	14	NAE EZD	05/11/2023	MP Open Water 2 - 5th November 2023
45	30:46.00 L	O	Cayla Boardman	14	CA EKU	20/01/2024	Prime View Swim Festival #3
46	37:09.59 L	O	Kirsten Roos	14	EXA EZD	04/02/2024	MPUMALANGA OPEN WATER 4 - 4

#### Women 14-143000 Free

1	39:10.00 L	O	Zuria Venter	14	CA EKU	21/10/2023	AG Open Water Series #1
2	39:18.00 L	O	Taylor Kassebaum	14	AA JHB	21/10/2023	AG Open Water Series #1
3	39:34.12 L	O	Sienna Gous	14	ECA BUF	08/03/2024	SA National OWS Championship
4	41:55.01 L	O	Caitlin Rossiter	14	NWS	08/03/2024	SA National OWS Championship
5	41:57.51 L	O	Kayla Kleynhans	14	HREF BP	08/03/2024	SA National OWS Championship
6	41:58.81 L	O	Amy Hartung	14	NWS	08/03/2024	SA National OWS Championship
7	43:23.77 L	O	Mikayla Frösler	14	ECA BUF	08/03/2024	SA National OWS Championship
8	43:43.65 L	O	Lize-Marie Kruger	14	FSA FS	08/03/2024	SA National OWS Championship
9	44:01.25 L	O	Marike Raimond	14	NWS	08/03/2024	SA National OWS Championship
10	45:39.06 L	O	Anja Buitendach	14	UNI EZD	04/02/2024	MPUMALANGA OPEN WATER 4 - 4
11	47:19.00 L	O	Gabriella Boerstra	14	TUKS TSH	20/01/2024	Prime View Swim Festival #3
12	48:21.00 L	O	Amy Jackson	14	TCA EKU	20/01/2024	Prime View Swim Festival #3
13	48:49.00 L	O	Isla Minderon	14	PEAS NMA	15/10/2023	EC Swim Series OWS 1 2023
14	52:13.00 L	O	Zoé Steyn	14	CRSC JHB	20/01/2024	Prime View Swim Festival #3
15	53:18.00 L	O	Khayla Wicomb	14	OLDE JHB	20/01/2024	Prime View Swim Festival #3
16	1:06:17.00 L	O	Johanika Groenewald	14	UNI EZD	05/11/2023	MP Open Water 2 - 5th November 2023

## Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time		P/F/S	Name		Age/Yr			
<b>Women 14-145000 Free</b>									
1	1:05:05.32	L	O	Mikayla Frösler	14	RSA	10/12/2023	15th African Junior Cham	
2	1:09:26.06	L	O	Sienna Gous	14	ECA BUF	08/03/2024	SA National OWS Championship	
3	1:12:14.00	L	O	Taylor Kassebaum	14	AA JHB	20/01/2024	Prime View Swim Festival #3	
4	1:15:35.09	L	O	Kayla Kleynhans	14	HREF BP	08/03/2024	SA National OWS Championship	
5	1:15:56.80	L	O	Amy Hartung	14	NWS	08/03/2024	SA National OWS Championship	
<b>Women 14-1450 Back</b>									
1	30.49	L	F	Bailey Lambert	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
2	30.72	L	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National Junior Age Group	
3	31.24	L	F	Lilianne Hebler	14	QSAW CED	15/03/2024	SA National Junior Age Group	
4	31.36	L	F	Abigail Kotze	14	TYGE CPT	15/03/2024	SA National Junior Age Group	
5	32.55	L	F	Amelie Kleine	14	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group	
6	32.70	L	P	Sylvie de Bruyn	14	BULS MAN	19/04/2024	SA Schools Swimming Championship	
7	33.02	L	F	Sienna Gous	14	INFA NMA	15/12/2023	NMBA Championships 2023	
8	33.04	L	P	Ava Newton	14	CASC CPT	15/03/2024	SA National Junior Age Group	
9	33.08	L	P	Mikayla Frösler	14	BEST NMA	09/02/2024	Infinity Gala 2024	
10	33.09	L	F	Tessa Battheu	14	TUKS TSH	15/03/2024	SA National Junior Age Group	
11	33.23	L	F	Sadie Roberts	14	ASA ILD	15/03/2024	SA National Junior Age Group	
12	33.65	L	F	Ella Jv Rensburg	14	SS MPD	15/03/2024	SA National Junior Age Group	
13	33.70	L	P	Stephanie Dannhauser	14	LP CCD	19/04/2024	SA Schools Swimming Championship	
14	33.74	L	F	Isabella Bruyns	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group	
15	33.77	L	P	Madison Higgs	14	INFA NMA	15/03/2024	SA National Junior Age Group	
16	33.80	L	F	Caleigh De Beer	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023	
17	33.85	L	P	Gemma Walters	14	DORE JHB	15/03/2024	SA National Junior Age Group	
18	33.87	L	P	Jenna Morris	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023	
19	33.92	L S	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala	
20	34.01	L	F	Payton Aitken	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
21	34.05	L	F	Carla Dannhauser	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group	
22	34.14	L	F	Milla Hulse	14	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA	
23	34.16	L	P	Kerrigan Hayes	14	CASC CPT	15/03/2024	SA National Junior Age Group	
24	34.17	L S	F	Sophia Trout	14	VINE CPT	24/11/2023	CTA A & B CHAMPS 2023	
25	34.23	L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024	SA Level 3 Regional Age Group	
26	34.25	L	P	Lyla vd Spuy	14	TUKS TSH	12/12/2023	NTS Championships 2023	
27	34.32	L	F	Mia Groenewald	14	NC FB	19/04/2024	SA Schools Swimming Championship	
28	34.36	L	P	Addison Doolan	14	AA JHB	20/03/2024	SA Level 3 Regional Age Group	
29	34.46	L	P	Leah Markgraaff	14	TUKS TSH	12/12/2023	NTS Championships 2023	
30	34.59	L	F	Gabi McQuinn	14	ELEC TSH	12/12/2023	NTS Championships 2023	
31	34.79	L	P	Sulize Henning	14	MP EZD	19/04/2024	SA Schools Swimming Championship	
32	34.80	L	F	Hannah De Necker	14	FISH EDD	18/11/2023	Eden LC Champs 2023	
33	34.86	L	P	Sam Juries	14	CLSC WCD	15/03/2024	SA National Junior Age Group	
34	34.93	L	P	Cara Visser	14	CYBE CPT	15/03/2024	SA National Junior Age Group	
35	34.98	L	P	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023	
36	35.14	L	P	Caitlin Rossiter	14	HREF BP	15/03/2024	SA National Junior Age Group	
37	35.25	L	F	Keilah-Naomi Holthuis	14	QSAW CED	21/03/2024	SA Level 3 Regional Age Group	
38	35.34	L	P	Ava Strong	14	PEAS NMA	19/04/2024	SA Schools Swimming Championship	
39	35.35	L	P	Emma Pinheiro	14	AAS JHB	30/11/2023	CGA Championships 2023	
40	35.43	L	P	Amara Okoye	14	PAC TSH	12/12/2023	NTS Championships 2023	
41	35.47	L	P	Milan Ferreira	14	TASC MPD	20/03/2024	SA Level 3 Regional Age Group	
42	35.50	L	F	Lara Janse van Rensburg	14	NSAD EZD	01/12/2023	Mpumalanga Championships 2023	
43	35.56	L	P	Megan Jansen	14	UNI EZD	24/03/2024	SA Level 2 Regional Age Group Champs	
44	35.60	L	F	Mikje Bocking	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships	
45	35.66	L	F	Miane Kasselmann	14	RBOT BPD	11/11/2023	NWS Age Group 3 + 4	
46	35.68	L	P	Marike Raimond	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023	
47	35.76	L	F	Mikayla Hinkley	14	PER JHB	30/11/2023	CGA Championships 2023	
48	35.90	L	F	Tchisank Banza	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
49	35.92	L	F	Mi-Ly Vd Merwe	14	LALE CED	11/11/2023	Winelands SL4	
50	36.01	L	F	Emma Nolan	14	MDOL JHB	30/11/2023	CGA Championships 2023	
51*	36.19	L	F	Kapitolina Xaba	14	SASE JHB	30/11/2023	CGA Championships 2023	

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
51*	36.19 L	F	Emma-Lee Theron	14	BLSS MAN	06/12/2023	Free State Champs 2023
53*	36.21 L	P	Arne' Dreyer	14	STAQ CED	14/12/2023	Western Cape LC-A Championship 2023
53*	36.21 L S	F	Madison Coleman	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
55	36.22 L	F	Alexis Muller	14	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
56	36.24 L	F	Kylie De Bruyn	14	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
57	36.25 L	F	Sharni-Marie Watson	14	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
58	36.28 L	F	Lili Annandale	14	BULS MAN	06/12/2023	Free State Champs 2023
59	36.29 L	P	Aryana Cloete-Hopkins	14	SSISA CPT	15/03/2024	SA National Junior Age Group
60	36.35 L	F	Zoé Steyn	14	CRSC JHB	28/02/2024	Crusaders Night Gala 5
61	36.38 L	F	Kaylin Fabricius	14	BARR CPT	21/03/2024	SA Level 3 Regional Age Group
62	36.39 L	F	Hannah Du Toit	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
63	36.41 L	F	Carmen Stapelberg	14	TINC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
64	36.52 L	P	Shalem Mashingaidze	14	GAU JHB	19/04/2024	SA Schools Swimming Championship
65	36.53 L	F	Anja Buitendach	14	UNI EZD	02/02/2024	MP AGE GROUP 5 GALA
66*	36.55 L	P	Aliyah De Oliveira	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
66*	36.55 L	F	Paige Meeser	14	CA EKU	28/10/2023	EGA Summer 2 2023
66*	36.55 L	P	Abigail Munro	14	USC BUF	24/06/2023	PEA Winter Gala 2023
69	36.68 L	F	Mia Vorster	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
70	36.83 L	F	Margo Senekal	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
71	36.84 L	P	Marne' Van Rensburg	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
72	36.95 L	F	Kirsten Myers	14	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
73	36.97 L	F	Kyrach Mack	14	PEAS NMA	23/09/2023	3rd A League Gala 2023
74	37.08 L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023
75	37.17 L	F	Evelyn Malan	14	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
76	37.23 L	P	Amy Jackson	14	TCA EKU	07/12/2023	EGA Summer Championships
77	37.25 L	P	Abigail Blake	14	GREY CPT	21/03/2024	SA Level 3 Regional Age Group
78	37.28 L	F	Shannon Hugo	14	KLOO ETH	24/11/2023	Westville-Seals LC Championships
79	37.30 L	P	Jade Van Vuuren	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
80	37.42 L S	F	Gabriella Baillie	14	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
81	37.47 L	F	Rozaan Korff	14	ACAQ CCD	01/12/2023	Limpopo Champs
82	37.51 L	P	Madison Smith	14	CA EKU	20/03/2024	SA Level 3 Regional Age Group
83	x37.59 L	F	Gabriela Sa	14	ASAC CPT	10/02/2024	WCA-B Champs - 2024
84	37.59 L	F	Shayla WHYTE	14	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
85	37.60 L	F	Zuri Tome	14	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
86	37.65 L	F	Sydni Adams	14	VINE CPT	10/02/2024	WCA-B Champs - 2024
87	37.67 L	P	Lethabo Masemola	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
88	37.78 L	P	Rachel Fairweather	14	HPS TSH	20/03/2024	SA Level 3 Regional Age Group
89	37.85 L	F	Mila De Souza	14	EXP TSH	26/01/2024	NTS Level 3+ Januarey Age Group 2024
90	37.88 L	P	Odette Upton	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
91	37.91 L	P	Kayla Kleynhans	14	TUKS TSH	12/12/2023	NTS Championships 2023
92	37.98 L	P	Amy Walton	14	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
93*	38.02 L	P	Keira Bester	14	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
93*	38.02 L	P	Leila Smit	14	CSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
95	38.05 L	F	Jemma Hendricks	14	LALE CED	10/02/2024	WCA-B Champs - 2024
96	38.06 L	F	Alexa Cave	14	MDOL JHB	24/03/2024	SA Level 2 Regional Age Group Champs
97	38.11 L	F	Lize-Marie Kruger	14	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
98	38.13 L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
99	38.14 L	P	Sahana Dayaram	14	DORE JHB	30/11/2023	CGA Championships 2023
100	38.26 L	P	Lara Eckersley	14	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
101	38.27 L	F	Gabriella Boerstra	14	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
102*	38.28 L	F	Ane Snyders	14	BLSS MAN	06/12/2023	Free State Champs 2023
102*	38.28 L	F	Elandri Du Randt	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
104	38.36 L	F	Hazel Hutchison	14	FAAC	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
105	38.40 L	F	Sinead De Wet	14	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
106	38.44 L	F	Indigo Woodburn	14	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
107	38.45 L	F	Emma Hagglund	14	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
108	38.46 L	P	Talitha Schuch	14	LEGC ETH	21/03/2024	SA Level 3 Regional Age Group
109	38.51 L	F	Ariel De Bruyn	14	CSA EZD	01/12/2023	Mpumalanga Championships 2023
110	38.52 L	F	Lana Pretorius	14	LALE CED	03/02/2024	Winelands SL final

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
111	38.60	L S	F	Klara Weber	14	PLAY	GED	05/10/2023	42nd Freda Barnard Invitational Gala
112	38.63	L	F	Mienke Kempen	14	LALE	GED	03/02/2024	Winelands SL final
113	38.71	L	P	Daizeli Bosman	14	PLAY	GED	14/12/2023	Western Cape LC-A Championship 2023
114	38.76	L	F	Freyja Weaver	14	OHAN	ILD	27/01/2024	Ushaka Champs 2024
115	38.77	L	F	Line Brits	14	HMER	MP	14/10/2023	Limpopo Top 8 - High Schools
116	38.80	L	F	Daniella Myburg	14	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
117	38.88	L	F	Georgia Wichmann	14	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
118*	38.89	L	F	Abigail Wilcocks	14	PAC	TSH	17/11/2023	NTS Level 3+ November Age Group
118*	38.89	L	F	McKenzie Jones	14	ESTR	EKU	26/01/2024	EGA Last Chance 2024
120	38.94	L	F	Jesse Kirsten	14	BLOT	MAN	15/09/2023	Bull Sharks Annual Gala
121	38.95	L	P	Abigail Suckling	14	FSE	KCD	05/04/2024	SA Level 2 Regional Age Group Champs
122	38.96	L	F	Anike Taljaard	14	PSCP	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
123*	38.98	L	F	Maria Barreiros	14	ELEC	TSH	20/10/2023	NTS Level 3+ October Age Group 2023
123*	38.98	L	P	Macayle Eisen	14	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
125	39.03	L	F	Anja Volschenk	14	BLSS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
126	39.08	L	F	Rivani Naidoo	14	ELEC	TSH	20/10/2023	NTS Level 3+ October Age Group 2023
127	39.13	L	F	Huei-Ing Chen	14	DORE	JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
128	39.14	L	F	Leila Van Zyl	14	QUIC	CPT	21/01/2024	CTA BMEET 4
129	39.18	L	F	Abbigail Kulynych	14	BAS	EKU	07/12/2023	EGA Summer Championships
130*	39.27	L	P	Rebecca Froneman	14	STSC	KCD	20/03/2024	SA Level 3 Regional Age Group
130*	39.27	L	F	Inge Vd Walt	14	TUKS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
132	39.40	L	P	Juanè Burger	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
133	39.45	L	P	Megan Mayhew	14	WATR	JHB	30/11/2023	CGA Championships 2023
134	39.46	L	F	Liane' de Wet	14	BULS	MAN	06/12/2023	Free State Champs 2023
135*	39.50	L	P	Whitney Lauf	14	MDOL	JHB	30/11/2023	CGA Championships 2023
135*	39.50	L	F	Annemie De Villiers	14	PRKA	PSD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
137*	39.51	L	F	Lienke Els	14	FRAM	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
137*	39.51	L	F	Xanri Muller	14	GHSK		14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
139	39.68	L	P	Diane Munro	14	BLSS	MAN	24/06/2023	PEA Winter Gala 2023
140	39.78	L	P	Ona-Mari Van Niekerk	14	FISH	EDD	24/06/2023	PEA Winter Gala 2023
141	39.89	L	F	Michaela Anderson	14	LSBOS	WB	04/11/2023	Limpopo LS - Top 8 skole 2023
142	39.90	L	F	Micke Prinsloo	14	HPP	BUF	14/10/2023	Limpopo Top 8 - High Schools
143	39.91	L	F	Sadie Bothma	14	HREF	BP	17/11/2023	NTS Level 3+ November Age Group
144	39.92	L	F	Kaylee Glutz	14	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
145	39.94	L	F	Emme Wentzel	14	INFA	NMA	12/08/2023	Madibaz Swim Meet 2023
146	39.96	L	F	Ellie-mari Reckling	14	NWUC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
147	40.03	L	F	Jani Visagie	14	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
148	40.11	L	P	Rachel Henley	14	ESTR	EKU	07/12/2023	EGA Summer Championships
149	40.17	L	P	Julia Booth	14	SOUL	EKU	07/12/2023	EGA Summer Championships
150	40.21	L	F	Ulrike Kruger	14	PSC	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
151	40.26	L	P	Sulize Kruger	14	AA	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
152	40.33	L S	F	Carli Murray	14	QUIC	CPT	24/11/2023	CTA A & B CHAMPS 2023
153	40.34	L	F	Helena Rookan-Smith	14	LALE	GED	10/02/2024	WCA-B Champs - 2024
154	40.43	L	P	Ada Barnard	14	SWAR	WCD	14/12/2023	Western Cape LC-A Championship 2023
155*	40.45	L	F	Ella-Mae Henning	14	VRC	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
155*	40.45	L	F	Keone Molapo	14	RFA	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
157	40.47	L	P	Cailyn Clowes	14	PSCP	UMD	21/03/2024	SA Level 3 Regional Age Group
158	40.50	L	F	Kutlo Kesilwe	14	TUKS	TSH	20/10/2023	NTS Level 3+ October Age Group 2023
159*	40.51	L	P	Ameera Motala	14	ATLA	JHB	30/11/2023	CGA Championships 2023
159*	40.51	L	P	Rebekah Van Coller	14	FISH	EDD	24/06/2023	PEA Winter Gala 2023
161	40.55	L	F	Emmah Myburgh	14	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
162*	40.60	L	F	Alexah Furman	14	ELEC	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
162*	40.60	L	F	Simone' Pretorius	14	BETH	FDD	06/12/2023	Free State Champs 2023
164	40.63	L	F	Ciara Erasmus	14	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
165*	40.67	L	F	Marlo Lensing	14	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
165*	40.67	L	F	Tylin Taljard	14	SS	MPD	01/12/2023	Limpopo Champs
167	40.72	L	F	Melina Alexandrou	14	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
168	40.73	L	P	Shane Swarts	14	PSA	ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
169	40.79	L	P	Lika Vd Merwe	14	TUKS	TSH	24/03/2024	SA Level 2 Regional Age Group Champs



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

Time	P/F/S	Name	Age/Yr				
170	40.90 L	P	Oratile Matli	14	ESTR EKU	07/12/2023	EGA Summer Championships
171	40.96 L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
172	41.04 L	F	Isabella Dos Santos	14	PER JHB	02/03/2024	AG Level 1 Regional Age Group
173	41.09 L	F	Simone Van Wyk	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships
174	41.15 L	F	Riley Prinsloo	14	ELEC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
175	41.17 L	F	Kay-Lee Mouton	14	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
176	41.25 L	F	Mieke Griffiths	14	MSC NGD	01/12/2023	Mpumalanga Championships 2023
177	41.26 L	P	Annabelle Van Rensburg	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
178	41.38 L	F	Isidora Stojanovic	14	RFA TSH	02/03/2024	AG Level 1 Regional Age Group
179	41.53 L	P	Tatum Topliss	14	CA EKU	20/03/2024	SA Level 3 Regional Age Group
180	41.62 L	F	Nikita Grant	14	PEAS NMA	01/10/2023	Curro AquaElite Gala
181	41.63 L	P	Kayla Koen	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
182	41.64 L	F	Mia-Isabelle Mans	14	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
183	41.66 L	F	Isabelle Welgemoed	14	VALS FDD	18/11/2023	Valsrivier Gala
184	41.69 L	F	Anieke Prinsloo	14	BETH FDD	06/12/2023	Free State Champs 2023
185	41.89 L	F	Mia Koen	14	BULS MAN	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
186	41.93 L	F	Cayla Boardman	14	CA EKU	24/11/2023	EGA Summer 4
187	41.95 L	F	Kayden Mauer	14	USC BUF	15/12/2023	NMBA Championships 2023
188	41.98 L	P	Keira Ellerbeck	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs
189	42.06 L	F	Elme Swanepoel	14	FROS TMD	02/03/2024	FSA Level 1 2024
190	42.08 L	P	Kiara Storm	14	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
191	42.17 L	F	Larissa Bouwer	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
192	42.24 L	P	Robyn-Rae Purdon	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
193	42.25 L	P	Keira Martins	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs
194	42.32 L S	F	Jessie Ludick	14	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
195	42.33 L	F	Roslyn Ramoholi	14	LEGC ETH	27/01/2024	Ushaka Champs 2024
196	42.37 L	F	Jasmine Hirshovitz	14	GREY CPT	10/02/2024	WCA-B Champs - 2024
197	42.52 L S	F	Leigh Chung Kim Yuen	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
198	42.58 L	F	Madisson De Druyn	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
199	42.59 L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
200	42.60 L	F	Christina Marzagalli	14	CYBE CPT	21/01/2024	CTA BMEET 4
201	42.64 L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
202	42.87 L	F	Olethiwe Mqadi	14	CASC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
203	42.91 L	F	Talita Wessels	14	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
204	42.95 L	F	Yara David	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
205	43.04 L S	F	Delise Malenza	14	CASC CPT	24/11/2023	CTA A & B CHAMPS 2023
206	43.18 L	F	Skyla Reddy	14	SWIFT EKU	26/01/2024	EGA Last Chance 2024
207	43.21 L	F	Emma Brooks	14	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
208*	43.23 L	F	Elmé Meiring	14	LSJM SKD	04/11/2023	Limpopo LS - Top 8 skole 2023
208*	43.23 L	F	Rozel Scholtz	14	STEL RM	23/02/2024	NW School Championships 2024
210	43.26 L	F	Ilne Bruwer	14	BLSS MAN	06/12/2023	Free State Champs 2023
211	43.31 L	F	Mackenzie Sterling	14	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
212	43.34 L S	F	Gabrielle Edwards	14	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
213*	43.36 L	F	Nolene Badenhorst	14	STAQ CED	03/02/2024	Winelands SL final
213*	43.36 L	F	Silizwiwe Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
215*	43.39 L	F	Leanette Fourie	14	HSB BP	23/02/2024	NW School Championships 2024
215*	43.39 L	P	Takiyah Maclou	14	AA JHB	30/11/2023	CGA Championships 2023
217	43.41 L	F	Nina Wessels	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
218	43.56 L	P	Chandre Cloete	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
219*	43.59 L	F	Danielle Van Dyk	14	QSAW CED	03/02/2024	Winelands SL final
219*	43.59 L	F	Hannah Struwig	14	AQUA BUF	03/02/2024	Uthukela District February 2024 Age
221	43.65 L	F	Zephani Adams	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
222	43.82 L	F	Taylin Van Wyk	14	PENC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
223	44.00 L	F	Elizma Du Plooy	14	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
224	44.04 L	P	Melinda Dippenaar	14	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
225	44.31 L	F	Hannaan Mia	14	MANT CPT	11/11/2023	Swartland Prestige Gala 2023
226	44.41 L	F	Leah Davel	14	ACAQ CCD	21/10/2023	Limpopo Age Group 4
227*	44.50 L	P	Kyra Home	14	MDOL JHB	30/11/2023	CGA Championships 2023
227*	44.50 L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024	NW School Championships 2024

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
229	44.60	L	F	Kawanelo Linake	14	TRAZ	TSH	03/11/2023	NTS Level 1+2 November Age Group
230	44.66	L	P	Aaishah Hartley	14	MARL	CPT	24/06/2023	PEA Winter Gala 2023
231	44.72	L	F	Mariné Pretorius	14	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024
232	44.73	L	F	Samara Prinsloo	14	STSC	KCD	02/12/2023	Stingrays Swim Champs 2023
233	45.15	L	F	Nicole Senekal	14	TKS	WBD	21/10/2023	Limpopo Age Group 4
234	45.16	L	F	Chloe Coetsee	14	WRP	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
235	45.17	L	P	Aimee Grobler	14	AFIN	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
236	45.25	L	F	Nasheetah Jephta	14	MANT	CPT	10/02/2024	WCA-B Champs - 2024
237	45.27	L	F	Tuhina Asharam	14	KZNA	ETH	27/01/2024	Ushaka Champs 2024
238	45.32	L	F	Danielle Andrews	14	AAS	JHB	02/03/2024	AG Level 1 Regional Age Group
239	45.38	L	F	Atlegang Mogotsi	14	ESTR	EKU	28/10/2023	EGA Summer 2 2023
240	45.41	L	F	Madison Amy Naude	14	AHMP	TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
241	45.44	L	F	Erin Olivier	14	ASAC	CPT	17/09/2023	CTA BMEET 3
242	45.50	L	P	Isabelle Botha	14	PGAC	EKU	07/12/2023	EGA Summer Championships
243	45.56	L	F	Lisakhanya Letloolane	14	VRC	TSH	03/11/2023	NTS Level 1+2 November Age Group
244	45.60	L S	F	Bohlale Khahledi	14	BARR	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
245	45.78	L	F	Ndalwentle Nobangule	14	HARL	BUF	24/11/2023	BCA Long Course Championships 2023
246*	45.79	L	F	Imke Botha	14	STAR	BPD	21/10/2023	NWS Age Group 1 & 2 2023
246*	45.79	L	P	Lauren Naidoo	14	ACSA	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
248	45.82	L	F	Karla Lemmer	14	USH	KCD	13/01/2024	KCDA January Age Group Gala 2024
249	45.85	L	F	Zea Zondagh	14	WAGH	BP	23/02/2024	NW School Championships 2024
250	46.05	L	F	Johanika Groenewald	14	UNI	EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
251	46.14	L	F	Emilia de Freitas	14	MAKO	EKU	28/10/2023	EGA Summer 2 2023
252	46.19	L	P	Mia Pienaar	14	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
253	46.27	L	F	Lilli-Hanna Black	14	HTSA	CPT	17/09/2023	CTA BMEET 3
254	46.29	L S	F	Jessica Bennett	14	SAAW	CPT	24/11/2023	CTA A & B CHAMPS 2023
255*	46.44	L	F	Mia-Ann Van der Westhuizen	14	AGAQ	OBD	11/11/2023	Swartland Prestige Gala 2023
255*	46.44	L	F	Sandisiwe Mkhathshwa	14	MAKO	EKU	24/11/2023	EGA Summer 4
257	46.50	L	F	Simone Schutte	14	HE	CCD	14/10/2023	Limpopo Top 8 - High Schools
258	46.58	L S	F	Alexandra Sheppard	14	STAR	BPD	06/12/2023	NWS Championships 2023/24
259	46.75	L	F	Callen Campbell	14	WEST	CPT	18/11/2023	CTA QUALIFYING MEET 2
260	46.80	L	P	Samantha Janse van Rensburg	14	PEAS	NMA	24/06/2023	PEA Winter Gala 2023
261	46.92	L	F	Victoria Holfeld	14	CA	EKU	24/11/2023	EGA Summer 4
262	47.03	L	F	Leiani van Aarde	14	SOUL	EKU	28/10/2023	EGA Summer 2 2023
263	47.10	L	F	Kate Krummeck	14	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
264*	47.19	L	F	Jessica Parker	14	HSTAN	MP	14/10/2023	Limpopo Top 8 - High Schools
264*	47.19	L	F	Esther Erasmus	14	PGH	KK	23/02/2024	NW School Championships 2024
266	47.32	L	F	Klara Groenewald	14	PRA	GSD	02/02/2024	MP AGE GROUP 5 GALA
267	47.39	L	F	Benedicta Atta-Asamoah	14	WWOL	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
268	47.73	L	F	Chloe Hendricks	14	CAMB	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
269	47.89	L S	F	Mia Okkers	14	HURA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
270	47.99	L	F	Surene Kleingeld	14	CRSC	JHB	02/03/2024	AG Level 1 Regional Age Group
271	48.23	L	F	Buhlebenkosi Sibanda	14	TUKS	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
272	48.36	L	F	Jordin-Li van der Merwe	14	ROB	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
273	48.65	L	F	Jacqueline Pieterse	14	FSE	KCD	28/10/2023	KCDA October Age Group Gala 2023
274	49.38	L	F	Liyana Dlova	14	DSG	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
275	49.40	L	F	Humairah Safi	14	ISSA	NM	23/02/2024	NW School Championships 2024
276	49.68	L	F	Ilze Olley	14	PHS	CCD	27/01/2024	Limpopo School Champs
277	49.86	L	F	Nina Cloete	14	FISH	EDD	17/02/2024	EDEN 5th A-League Gala 2024
278	49.95	L	F	Resego Chalashika	14	LEBII	BP	23/02/2024	NW School Championships 2024
279	49.99	L	F	Macayla Meyer	14	CAMB	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
280	50.19	L	F	Mamello Mabuza	14	ESP	EKU	24/11/2023	EGA Summer 4
281	50.40	L	F	Keziah Campbell	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023
282	50.50	L	F	Caroline Retief	14	HTSA	CPT	17/09/2023	CTA BMEET 3
283	51.43	L	F	Deannè King	14	HTSA	CPT	17/09/2023	CTA BMEET 3
284	51.81	L	F	Tamsyn Thomson	14	BULS	MAN	16/02/2024	Neptunes Last chance Gala
285	51.83	L	F	Chloe Venter	14	BERG	BP	23/02/2024	NW School Championships 2024
286	52.86	L	F	Kayla Esterhuizen	14	UPSK	ZMD	03/11/2023	UPINGTON 2023
287	53.84	L	F	Hlelo Cele	14	FRA	KCD	27/01/2024	Ushaka Champs 2024

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
288	53.86 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
289	54.32 L	F	Kerani Nana	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
290	55.16 L	F	Azoma Mbang	14	SHS KK	03/02/2024	Buffalo City School Trials 2024
291	56.30 L	F	Jessica Chandler	14	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
292	56.52 L	F	Lutendo Mphelo	14	BETH FDD	02/03/2024	FSA Level 1 2024
293	56.85 L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023	Limpopo Champs
294	57.33 L	F	Giselle Coetzee	14	BLOT MAN	26/08/2023	kovsie Sprint Gala
295	57.86 L S	F	Aobakwe Molokoane	14	TLAC BPD	06/12/2023	NWS Championships 2023/24
296	58.81 L	F	Andrea Mclachlan	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
297	59.86 L	F	Sandra Schoeman	14	FROS TMD	18/11/2023	Valsrivier Gala
298	1:00.07 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/12/2023	Free State Champs 2023
299	1:00.27 L	F	Jo-Anne van Dyk	14	JAQ EKU	28/10/2023	EGA Summer 2 2023
300	1:02.56 L	F	Dimpho Leshabane	14	USHAK EKU	24/11/2023	EGA Summer 4
301	1:04.14 L	F	Thlalefo Mokgosi	14	USHAK EKU	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
302	1:04.51 L	F	Hannah Myburgh	14	AQDO CPT	17/09/2023	CTA BMEET 3
303	1:10.04 L	F	Najouan Haouali	14	BLNE MAN	11/11/2023	Bull Sharks Gala
304	1:11.53 L	F	Bokang Seheri	14	USHAK EKU	24/11/2023	EGA Summer 4
<b>Women 14-14100 Back</b>							
1	1:04.45 L	F	Bailey Lambert	14	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
2	1:05.33 L	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National Junior Age Group
3	1:07.31 L	F	Amelie Kleine	14	TUKS TSH	15/03/2024	SA National Junior Age Group
4	1:08.11 L	F	Lilianne Hebler	14	QSAW CED	15/03/2024	SA National Junior Age Group
5	1:08.45 L	F	Abigail Kotze	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
6	1:09.31 L	F	Sienna Gous	14	INFA NMA	24/06/2023	PEA Winter Gala 2023
7	1:09.38 L	F	Ava Newton	14	CASC CPT	15/03/2024	SA National Junior Age Group
8	1:09.55 L	F	Mikayla Frösler	14	BEST NMA	15/12/2023	NMBA Championships 2023
9	1:10.59 L	P	Tessa Battheu	14	TUKS TSH	15/03/2024	SA National Junior Age Group
10	1:11.00 L	F	Sylvie de Bruyn	14	BULS MAN	03/11/2023	Heidedal Welkom Gala
11	1:11.16 L	F	Lyla vd Spuy	14	TUKS TSH	12/12/2023	NTS Championships 2023
12	1:11.49 L	F	Gemma Walters	14	DORE JHB	15/03/2024	SA National Junior Age Group
13	1:11.50 L	F	Sadie Roberts	14	ASA HLD	15/03/2024	SA National Junior Age Group
14*	1:12.35 L	F	Madison Higgs	14	INFA NMA	09/02/2024	Infinity Gala 2024
14*	1:12.35 L	P	Leah Markgraaff	14	TUKS TSH	15/03/2024	SA National Junior Age Group
16	1:12.41 L	F	Ella Jv Rensburg	14	LP CCD	19/04/2024	SA Schools Swimming Championship
17	1:12.58 L	F	Carla Dannhauser	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
18	1:12.83 L	F	Stephanie Dannhauser	14	LP CCD	19/04/2024	SA Schools Swimming Championship
19	1:13.02 L	P	Kerrigan Hayes	14	CASC CPT	15/03/2024	SA National Junior Age Group
20	1:13.47 L	P	Sam Juries	14	CLSC WCD	15/03/2024	SA National Junior Age Group
21*	1:13.51 L	P	Evelyn Malan	14	TUKS TSH	15/03/2024	SA National Junior Age Group
21*	1:13.51 L	P	Caileigh De Beer	14	BLSS MAN	15/03/2024	SA National Junior Age Group
23	1:13.63 L	P	Caitlin Rossiter	14	MP EZD	19/04/2024	SA Schools Swimming Championship
24	1:13.64 L	F	Blake Morris	14	LINR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
25	1:13.74 L	F	Mia Groenewald	14	KTS	21/03/2024	SA Level 3 Regional Age Group
26	1:13.94 L	F	Payton Aitken	14	WSTV ETH	24/11/2023	Westville-Seals LC Championships
27	1:14.29 L	P	Mi-Ly Vd Merwe	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group
28	1:14.55 L	P	Isabella Bruyns	14	MDOL JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
29	1:14.60 L	P	Sophia Trout	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
30	x1:15.00 L	F	Tylah Johannes	14	VINE CPT	10/02/2024	WCA-B Champs - 2024
31	1:15.14 L	P	Cara Visser	14	CYBE CPT	15/03/2024	SA National Junior Age Group
32	1:15.35 L	P	Madison Coleman	14	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
33	1:15.39 L	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
34	1:15.76 L	P	Jenna Morris	14	VINE CPT	15/03/2024	SA National Junior Age Group
35	1:15.89 L	F	Ava Strong	14	PEAS NMA	11/11/2023	5th A League Gala 2023
36*	1:16.23 L	P	Kylie De Bruyn	14	TUKS TSH	12/12/2023	NTS Championships 2023
36*	1:16.23 L	P	Marike Raimond	14	TYGE CPT	15/03/2024	SA National Junior Age Group
38	1:16.37 L	F	Lara Janse van Rensburg	14	NSAD EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
39	1:16.54 L	F	Hannah De Necker	14	FISH EDD	18/11/2023	Eden LC Champs 2023
40	1:16.59 L	F	Milla Hulse	14	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
41	1:16.64 L	P	Keilah-Naomi Holthuis	14	QSAW CED	14/12/2023	Western Cape LC-A Championship 2023

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
42	1:16.68	L	P	Taylor Kassebaum	14	AA JHB	15/03/2024	SA National Junior Age Group
43	1:16.74	L	F	Elizabeth Viljoen	14	HREF BP	16/02/2024	NTS February Open Age Group 2024
44	1:17.17	L	F	Emma Pinheiro	14	SMTG JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
45	1:17.31	L	F	Alexis Muller	14	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
46*	1:17.37	L	F	Jessica Davies	14	VINE CPT	10/02/2024	WCA-B Champs - 2024
46*	1:17.37	L	F	Milan Ferreira	14	TASC MPD	20/03/2024	SA Level 3 Regional Age Group
48	1:17.50	L	F	Miane Kasselmann	14	RBOT BPD	06/12/2023	NWS Championships 2023/24
49	1:17.54	L	F	Addison Doolan	14	AA JHB	20/03/2024	SA Level 3 Regional Age Group
50	1:17.61	L	P	Ane Snyders	14	BLSS MAN	19/04/2024	SA Schools Swimming Championship
51	1:17.72	L	F	Hannah Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
52	1:17.78	L	F	Riziki Magotsi	14	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
53	1:17.79	L	F	Tchisank Banza	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
54	1:17.87	L	F	Aliyah De Oliveira	14	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
55	1:18.19	L	P	Mikayla Hinkley	14	PER JHB	30/11/2023	CGA Championships 2023
56	1:18.27	L	P	Jamie-Lee Graham	14	AA JHB	15/03/2024	SA National Junior Age Group
57	1:18.37	L	F	Kacey Hughes	14	STSC KCD	14/12/2023	KZNA 2023 Championships Incorp SSA
58	1:18.71	L	P	Arne' Dreyer	14	STAQ CED	15/03/2024	SA National Junior Age Group
59	1:18.89	L	F	Margo Senekal	14	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
60	1:19.28	L	F	Abigail Munro	14	USC BUF	15/12/2023	NMBA Championships 2023
61	1:19.43	L	P	Sharni-Marie Watson	14	PAC TSH	12/12/2023	NTS Championships 2023
62	1:19.46	L	F	Sulize Henning	14	HREF BP	17/11/2023	NTS Level 3+ November Age Group
63	1:19.47	L	P	Marne' Van Rensburg	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
64	1:19.48	L	P	Gabi McQuinn	14	ELEC TSH	12/12/2023	NTS Championships 2023
65	1:19.63	L	P	Catherine Roberts	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
66	1:20.42	L	P	Mikje Bocking	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship
67	1:20.43	L	F	Zuri Tome	14	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
68	1:20.44	L	F	Cara Rossouw	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
69	1:20.58	L	F	Rachel Fairweather	14	HPS TSH	17/11/2023	NTS Level 3+ November Age Group
70	1:20.59	L	F	Indigo Woodburn	14	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
71	1:20.69	L	F	Rozaan Korff	14	ACAA CCD	01/12/2023	Limpopo Champs
72	1:20.70	L	P	Amara Okoye	14	PAC TSH	12/12/2023	NTS Championships 2023
73	1:20.71	L	F	Abigail Blake	14	GREY CPT	21/03/2024	SA Level 3 Regional Age Group
74	1:20.72	L	F	Emma Hagglund	14	SSISA CPT	18/11/2023	CTA QUALIFYING MEET 2
75	1:20.94	L	F	Carmen Stapelberg	14	TINC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
76	1:21.00	L	P	Emma Nolan	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
77	1:21.08	L	F	Zoé Steyn	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
78	1:21.13	L	P	Lara Eckersley	14	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
79	1:21.17	L	F	Anja Buitendach	14	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
80	1:21.24	L S	P	Alexa Basso	14	SOUL ECU	07/12/2023	EGA Summer Championships
81	1:21.52	L	P	Megan Jansen	14	MP EZD	19/04/2024	SA Schools Swimming Championship
82	1:21.69	L	F	Kirsten Myers	14	SSISA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
83	1:21.75	L	F	Mia Vorster	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
84	1:21.81	L	P	Megan Mayhew	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
85*	1:21.88	L	F	Daniella Myburg	14	BLSS MAN	27/10/2023	Neptune Prestige Gala
85*	1:21.88	L	F	Gabriella Baillie	14	ROA EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
87	1:21.89	L	P	Shannon Hugo	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
88	1:22.04	L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023
89	1:22.12	L	P	Maria Barreiros	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
90	1:22.19	L	F	Lize-Marie Kruger	14	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
91	1:22.20	L	F	Gabriela Sa	14	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
92*	1:22.24	L	F	Sahana Dayaram	14	DORE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
92*	1:22.24	L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
94	1:22.36	L	F	Paige Meeser	14	CA ECU	15/09/2023	EGA Summer 1
95	1:22.38	L	P	Lethabo Masemola	14	WATR JHB	30/11/2023	CGA Championships 2023
96	1:22.44	L	F	Lili Annandale	14	BULS MAN	16/02/2024	Neptunes Last chance Gala
97	1:22.53	L	F	Hannah Du Toit	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
98	1:22.64	L	F	Amy McWilliam	14	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
99*	1:22.65	L	F	Amy Jackson	14	TCA ECU	11/11/2023	EGA Summer 3
99*	1:22.65	L	P	Nicola Carver	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
101	1:22.69	L	P	Mila De Souza	14	EXP	FSH 12/12/2023 NTS Championships 2023
102	1:22.89	L	P	Xanri Muller	14	NC	FB 19/04/2024 SA Schools Swimming Championship
103	1:22.92	L	F	Huei-Ing Chen	14	DORE	JHB 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
104	1:23.03	L	F	Jessica Hall	14	SEAL	UMD 21/01/2024 EDA Age Group Gala 5 2024
105	1:23.29	L	F	Abigail Suckling	14	FSE	KCD 05/04/2024 SA Level 2 Regional Age Group Champs
106	1:23.71	L	P	Hazel Hutchison	14	NC	FB 19/04/2024 SA Schools Swimming Championship
107	1:23.76	L	F	Ella-Mae Henning	14	VRC	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
108	1:23.78	L	F	Lia Assad	14	TYGE	CPT 05/10/2023 42nd Freda Barnard Invitational Gala
109	1:23.80	L	F	Cecilia Breedt	14	DORE	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
110	1:23.88	L	F	Shalem Mashingaidze	14	WATR	JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
111	1:23.89	L	F	Annemie De Villiers	14	PRKA	PSD 26/03/2024 SA Level 2 Regional Age Group Champs
112	1:24.14	L	F	Scarlett Friis	14	KLOO	ETH 24/11/2023 Westville-Seals LC Championships
113	1:24.15	L	F	Rivani Naidoo	14	ELEC	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
114	1:24.35	L	F	Madison Smith	14	CA	EKU 11/11/2023 EGA Summer 3
115	1:24.37	L	F	Jemma Hendricks	14	LALE	GED 10/02/2024 WCA-B Champs - 2024
116	1:24.39	L	F	Emma-Lee Theron	14	BLSS	MAN 27/10/2023 Neptune Prestige Gala
117	1:24.44	L	P	Keira Bester	14	DORE	JHB 30/11/2023 CGA Championships 2023
118	1:24.47	L	F	Ariel De Bruyn	14	CSA	EZD 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
119	1:24.50	L	F	Nikita Grant	14	WSTV	ETH 24/11/2023 Westville-Seals LC Championships
120	1:24.55	L	P	Kayla Kleynhans	14	TUKS	FSH 12/12/2023 NTS Championships 2023
121	1:24.65	L	F	Leandri Grobler	14	VHD	ZLD 24/11/2023 Westville-Seals LC Championships
122	1:24.66	L	P	Leila Smit	14	CSC	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
123	1:24.91	L	F	Juanè Burger	14	TYGE	CPT 18/11/2023 CTA QUALIFYING MEET 2
124	1:25.01	L	F	Line Brits	14	HMER	MP 14/10/2023 Limpopo Top 8 - High Schools
125	1:25.17	L	F	Inge Vd Walt	14	TUKS	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
126	1:25.20	L	F	Leila Van Zyl	14	QUIC	CPT 18/11/2023 CTA QUALIFYING MEET 2
127	1:25.21	L	F	Jesse Kirsten	14	BLOT	MAN 06/12/2023 Free State Champs 2023
128	1:25.31	L	F	Abigail Wilcocks	14	PAC	FSH 22/09/2023 NTS Level 3+ September Age Group
129	1:25.32	L	F	Jani Visagie	14	SWAR	WCD 11/11/2023 Swartland Prestige Gala 2023
130*	1:25.41	L	F	Rebecca Froneman	14	STSC	KCD 02/12/2023 Stingrays Swim Champs 2023
130*	1:25.41	L	P	Abbigail Kulynych	14	BAS	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
132	1:25.61	L	F	Georgia Wichmann	14	MGSC	UGD 24/11/2023 Westville-Seals LC Championships
133	1:25.68	L	F	Odette Upton	14	TKS	WBD 01/12/2023 Limpopo Champs
134	1:25.81	L	F	Keona Landman	14	AACTA	CPT 10/02/2024 WCA-B Champs - 2024
135	1:25.83	L	P	Alexa Cave	14	MDOL	JHB 24/03/2024 SA Level 2 Regional Age Group Champs
136	1:26.02	L	P	Sinead De Wet	14	CRSC	JHB 24/03/2024 SA Level 2 Regional Age Group Champs
137	1:26.19	L	F	Tatum Grant	14	SOUL	EKU 15/09/2023 EGA Summer 1
138	1:26.41	L	F	Christina Marzagalli	14	CYBE	CPT 10/02/2024 WCA-B Champs - 2024
139	1:26.74	L	P	Jamie Napier	14	ELEC	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
140	1:26.82	L	P	Sydni Adams	14	VINE	CPT 21/03/2024 SA Level 3 Regional Age Group
141	1:26.88	L	P	Shayla WHYTE	14	MDOL	JHB 30/11/2023 CGA Championships 2023
142	1:26.94	L	P	McKenzie Jones	14	ESTR	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
143	1:27.08	L	P	Carle Hager	14	LALE	GED 14/12/2023 Western Cape LC-A Championship 2023
144	1:27.13	L	F	Daizeli Bosman	14	PLAY	GED 18/11/2023 CTA QUALIFYING MEET 2
145	1:27.62	L S	P	Julia Booth	14	SOUL	EKU 07/12/2023 EGA Summer Championships
146*	1:27.64	L	F	Amy Walton	14	AZON	ETH 24/11/2023 Westville-Seals LC Championships
146*	1:27.64	L	F	Elandri Du Randt	14	BETH	FDD 26/03/2024 SA Level 2 Regional Age Group Champs
148	1:27.71	L	F	Simone Van Wyk	14	SEAL	UMD 24/11/2023 Westville-Seals LC Championships
149	1:27.77	L	P	Rachel Henley	14	ESTR	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
150	1:27.80	L	F	Sadie Bothma	14	HREF	BP 17/11/2023 NTS Level 3+ November Age Group
151	1:28.32	L	P	Anike Taljaard	14	PSCP	UMD 05/04/2024 SA Level 2 Regional Age Group Champs
152	1:28.37	L	F	Ameera Motala	14	ATLA	JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
153	1:28.39	L	F	Anja Volschenk	14	BLSS	MAN 06/12/2023 Free State Champs 2023
154	1:28.40	L	P	Oratile Matli	14	ESTR	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
155	1:28.48	L	F	Marlo Lensing	14	UPSK	ZMD 03/02/2024 NCASA SPRINTS 2024
156	1:28.53	L	F	Rebekah Van Coller	14	FISH	EDD 05/10/2023 42nd Freda Barnard Invitational Gala
157	1:28.65	L	F	Cailyn Clowes	14	PSCP	UMD 24/11/2023 Westville-Seals LC Championships
158*	1:28.82	L	F	Alexah Furman	14	ELEC	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
158*	1:28.82	L	F	Helena Rooken-Smith	14	LALE	GED 03/02/2024 Winelands SL final

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
160	1:28.83	L	P	Lika Vd Merwe	14	TUKS FSH	24/03/2024 SA Level 2 Regional Age Group Champs
161	1:28.86	L	F	Carli Murray	14	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
162	1:29.08	L	F	Mila Volschenk	14	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
163	1:29.20	L	F	Zephani Adams	14	WEST CPT	18/11/2023 CTA QUALIFYING MEET 2
164	1:29.25	L	P	Riley Prinsloo	14	ELEC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
165	1:29.43	L	F	Micke Prinsloo	14	TKS WBD	11/11/2023 Limpopo Age Group 5
166	1:29.67	L	P	Kawanelo Linake	14	TRAZ FSH	24/03/2024 SA Level 2 Regional Age Group Champs
167	1:29.68	L	F	Liane' de Wet	14	BULS MAN	06/12/2023 Free State Champs 2023
168	1:29.81	L	P	Keira Ellerbeck	14	H2O EKU	24/03/2024 SA Level 2 Regional Age Group Champs
169	1:30.10	L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023 NWS Age Group 1 & 2 2023
170	1:30.16	L	F	Jessie Ludick	14	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
171	1:30.43	L	P	Tylin Taljard	14	SS MPD	24/03/2024 SA Level 2 Regional Age Group Champs
172	1:30.51	L	F	Takiyah Maclou	14	AA JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
173	1:30.94	L	F	Isidora Stojanovic	14	RFA FSH	02/03/2024 AG Level 1 Regional Age Group
174	1:30.98	L	F	Larissa Bouwer	14	LINR JHB	02/03/2024 AG Level 1 Regional Age Group
175	1:31.03	L	F	Leigh Chung Kim Yuen	14	MANT CPT	21/01/2024 CTA BMEET 4
176	1:31.18	L	P	Sulize Kruger	14	AA JHB	30/11/2023 CGA Championships 2023
177	1:31.19	L	F	Elme Swanepoel	14	FROS TMD	02/03/2024 FSA Level 1 2024
178	1:31.23	L	F	Keone Molapo	14	RFA FSH	02/02/2024 NTS Level 1+2 February Age Group
179	1:31.25	L	F	Olethiwe Mqadi	14	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
180	1:31.44	L	F	Cayla Boardman	14	CA EKU	15/09/2023 EGA Summer 1
181	1:31.55	L	F	Isabella Dos Santos	14	PER JHB	02/03/2024 AG Level 1 Regional Age Group
182	1:31.72	L	F	Ada Barnard	14	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
183	1:31.85	L	F	Mackenzie Sterling	14	SPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
184	1:31.93	L S	P	Tatum Topliss	14	CA EKU	07/12/2023 EGA Summer Championships
185	1:32.05	L	P	Mieke Griffiths	14	MSC NGD	01/12/2023 Mpumalanga Championships 2023
186	1:32.58	L	P	Shane Swarts	14	PSA ZLD	05/04/2024 SA Level 2 Regional Age Group Champs
187	1:32.63	L	F	Macayle Eisen	14	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
188	1:32.89	L	F	Kaylee Glutz	14	SEALI HLD	24/11/2023 Westville-Seals LC Championships
189	1:32.96	L	F	Emmah Myburgh	14	UPSK ZMD	03/02/2024 NCASA SPRINTS 2024
190	1:33.03	L	P	Isabelle Welgemoed	14	BLSS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
191	1:33.31	L	F	Simone' Pretorius	14	BETH FDD	16/02/2024 Neptunes Last chance Gala
192	1:33.64	L	F	Jasmine Hirshovitz	14	GREY CPT	24/11/2023 CTA A & B CHAMPS 2023
193	1:34.47	L	F	Delise Malenza	14	CASC CPT	24/11/2023 CTA A & B CHAMPS 2023
194	1:34.75	L	F	Mariné Pretorius	14	KALA	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
195	1:35.39	L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024 AG Level 1 Regional Age Group
196	1:35.87	L	F	Lyla Shekel	14	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
197	1:36.13	L	F	Melinda Dippenaar	14	BS LLD	06/12/2023 Free State Champs 2023
198	1:36.18	L	F	Sophia Kriel	14	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
199	1:36.19	L	F	Ciara Erasmus	14	SPS BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
200*	1:36.22	L	F	Megan Horn	14	DOLFI MPD	01/12/2023 Limpopo Champs
200*	1:36.22	L	F	Hannaan Mia	14	MANT CPT	24/11/2023 CTA A & B CHAMPS 2023
202	1:36.34	L	F	Mia Koen	14	BULS MAN	06/12/2023 Free State Champs 2023
203	1:36.45	L	F	Madisson De Druyn	14	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
204	1:36.52	L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024 NW School Championships 2024
205	1:36.83	L	F	Alexandra Sheppard	14	STAR BPD	11/11/2023 NWS Age Group 3 + 4
206	1:36.85	L	F	Keira Martins	14	H2O EKU	26/01/2024 EGA Last Chance 2024
207	1:36.89	L	F	Rozel Scholtz	14	STEL RM	23/02/2024 NW School Championships 2024
208	1:37.09	L	F	Emma Brooks	14	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
209	1:37.20	L	F	Leanette Fourie	14	HSB BP	23/02/2024 NW School Championships 2024
210	1:37.21	L	F	Nicole Senekal	14	HSBV SKD	27/01/2024 Limpopo School Champs
211	1:37.53	L	F	Leah Davel	14	ACAQ CCD	01/12/2023 Limpopo Champs
212*	1:37.58	L	F	Sadie Kata	14	SWIFT EKU	15/09/2023 EGA Summer 1
212*	1:37.58	L	F	Ilne Bruwer	14	BLSS MAN	06/12/2023 Free State Champs 2023
214	1:37.79	L	F	Nina Wessels	14	UNI EZD	13/10/2023 MP AGE GROUP 2
215	1:37.86	L	F	Karla Lemmer	14	USH KCD	18/11/2023 KCDA November Age Group Gala 2023
216	1:38.03	L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
217	1:38.07	L	F	Nolene Badenhorst	14	STAQ CED	11/11/2023 Winelands SL4
218	1:38.08	L	F	Isabelle Botha	14	PGAC EKU	26/01/2024 EGA Last Chance 2024

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
219	1:38.55 L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023	BCA Long Course Championships 2023
220	1:38.88 L	F	Skyla Reddy	14	SWIFT EKU	26/01/2024	EGA Last Chance 2024
221	1:39.23 L	F	Mia Pienaar	14	BULS MAN	21/10/2023	Otters Prestige Gala 2023
222	1:39.58 L	F	Anieke Prinsloo	14	BETH FDD	21/10/2023	Otters Prestige Gala 2023
223	1:39.83 L	F	Nasheetah Jephta	14	MANT CPT	21/01/2024	CTA BMEET 4
224	1:39.88 L	F	Hayley Belinfante	14	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
225	1:40.00 L	P	Kyra Home	14	MDOL JHB	30/11/2023	CGA Championships 2023
226	1:40.16 L	P	Chandre Cloete	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
227	1:40.25 L	F	Victoria Hoffeld	14	CA EKU	11/11/2023	EGA Summer 3
228*	1:40.52 L	F	Bohlale Khahledi	14	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
228*	1:40.52 L	P	Kianna Walters	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
230	1:41.37 L	F	Sadie Dreyer	14	STAQ CED	10/02/2024	WCA-B Champs - 2024
231	1:41.64 L	F	Klara Groenewald	14	PRA GSD	02/02/2024	MP AGE GROUP 5 GALA
232	1:41.70 L	F	Danielle Andrews	14	AAS JHB	02/03/2024	AG Level 1 Regional Age Group
233	1:43.25 L	F	Chloe Coetsee	14	WRP EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
234	1:43.26 L	F	Lilli-Hanna Black	14	HTSA CPT	17/09/2023	CTA BMEET 3
235	1:44.05 L	F	Benedicta Atta-Asamoah	14	WWOL TSH	01/12/2023	2023 The Tshwane Mayor's Gala
236	1:44.20 L	F	Yara David	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
237	1:44.43 L	F	Khanyolwethu Fokazi	14	CYBE CPT	21/01/2024	CTA BMEET 4
238	1:44.44 L	F	Esther Erasmus	14	PGH KK	23/02/2024	NW School Championships 2024
239	1:44.70 L	F	Zea Zondagh	14	WAGH BP	23/02/2024	NW School Championships 2024
240	1:44.75 L	F	Atlegang Mogotsi	14	ESTR EKU	26/01/2024	EGA Last Chance 2024
241	1:45.17 L	F	Mia Okkers	14	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
242	1:45.52 L	F	Lisakhanya Letloloane	14	VRC TSH	03/11/2023	NTS Level 1+2 November Age Group
243	1:45.76 L	F	Skylar Adams	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
244	1:45.80 L	F	Johanika Groenewald	14	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
245	1:46.33 L	F	Gabrielle Edwards	14	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
246	1:47.32 L	F	Keziah Campbell	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
247	1:47.34 L S	P	Sandisiwe Mkhathswa	14	MAKO EKU	07/12/2023	EGA Summer Championships
248	1:47.73 L	F	Ilze Olley	14	PHS CCD	27/01/2024	Limpopo School Champs
249	1:48.57 L	F	Emilia de Freitas	14	MAKO EKU	11/11/2023	EGA Summer 3
250	1:48.85 L	F	Caroline Retief	14	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
251	1:49.37 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
252	1:50.25 L	F	Callen Campbell	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
253	1:52.59 L	F	Mikaela Johst	14	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
254	1:53.43 L	F	Resego Chalashika	14	TLAC BPD	06/12/2023	NWS Championships 2023/24
255	1:54.22 L	F	Deannè King	14	HTSA CPT	17/09/2023	CTA BMEET 3
256	1:55.79 L	F	Isabel Landman	14	PGIM KK	23/02/2024	NW School Championships 2024
257	1:57.05 L	F	Kayla Esterhuizen	14	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
258	1:58.80 L	F	Mamello Mabuza	14	ESP EKU	15/09/2023	EGA Summer 1
259	2:02.40 L	F	Suad Samaai	14	MARL CPT	17/09/2023	CTA BMEET 3
260	2:03.12 L	F	Kerani Nana	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
261	2:03.13 L	F	Lutendo Mphelo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
262	2:04.38 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
263	2:08.26 L	F	Chloe Venter	14	BERG BP	23/02/2024	NW School Championships 2024
264	2:11.12 L	F	Jo-Anne van Dyk	14	JAQ EKU	02/03/2024	AG Level 1 Regional Age Group
265	2:14.39 L	P	Aobakwe Molokoane	14	TLAC BPD	06/12/2023	NWS Championships 2023/24
266	2:20.69 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
267	2:47.24 L	F	Najouan Haouali	14	BLNE MAN	06/12/2023	Free State Champs 2023
<b>Women 14-14200 Back</b>							
1	2:21.45 L S	F	Amelie Kleine	14	TUKS TSH	15/03/2024	SA National Junior Age Group
2	2:23.27 L	F	Bailey Lambert	14	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
3	2:25.92 L S	P	Abigail Kotze	14	TYGE CPT	15/03/2024	SA National Junior Age Group
4	2:26.12 L S	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National Junior Age Group
5	2:28.80 L	P	Lilianne Hebler	14	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
6	2:32.63 L	F	Mikayla Frösler	14	BEST NMA	15/12/2023	NMBA Championships 2023
7	2:33.76 L S	F	Sadie Roberts	14	ASA ILD	15/03/2024	SA National Junior Age Group
8	2:34.11 L S	P	Ava Newton	14	CASC CPT	15/03/2024	SA National Junior Age Group
9	2:34.97 L	F	Evelyn Malan	14	TUKS TSH	12/12/2023	NTS Championships 2023

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	2:35.01	L	P	Leah Markgraaff	14	TUKS	FSH 12/12/2023 NTS Championships 2023
11	2:36.01	L S	P	Tessa Battheu	14	TUKS	FSH 15/03/2024 SA National Junior Age Group
12	2:36.31	L	F	Kylie De Bruyn	14	TUKS	FSH 12/12/2023 NTS Championships 2023
13	2:36.36	L S	P	Kerrigan Hayes	14	CASC	CPT 15/03/2024 SA National Junior Age Group
14	2:36.78	L S	P	Sam Juries	14	CLSC	WCD 15/03/2024 SA National Junior Age Group
15	2:37.14	L S	P	Caitlin Rossiter	14	HREF	BP 15/03/2024 SA National Junior Age Group
16	2:37.52	L S	P	Gemma Walters	14	DORE	JHB 15/03/2024 SA National Junior Age Group
17	2:37.77	L	F	Mia Groenewald	14	NC	FB 19/04/2024 SA Schools Swimming Championship
18	2:38.37	L	F	Sienna Gous	14	INFA	NMA 24/06/2023 PEA Winter Gala 2023
19	2:38.60	L	F	Taylor Kassebaum	14	AA	JHB 14/12/2023 KZNA 2023 Championships Incorp SSA
20	2:39.56	L S	P	Cara Visser	14	CYBE	CPT 15/03/2024 SA National Junior Age Group
21	2:40.14	L	F	Sylvie de Bruyn	14	BULS	MAN 27/10/2023 Neptune Prestige Gala
22	2:40.64	L S	F	Cailleigh De Beer	14	BLSS	MAN 06/12/2023 Free State Champs 2023
23	2:41.01	L S	P	Ella Jv Rensburg	14	SS	MPD 15/03/2024 SA National Junior Age Group
24	2:41.17	L	P	Lyla vd Spuy	14	TUKS	FSH 12/12/2023 NTS Championships 2023
25	2:41.60	L S	F	Madison Coleman	14	BLMA	CPT 24/11/2023 CTA A & B CHAMPS 2023
26	2:41.98	L	F	Mi-Ly Vd Merwe	14	LALE	GED 03/02/2024 Winelands SL final
27	2:42.30	L	P	Ava Strong	14	PEAS	NMA 19/04/2024 SA Schools Swimming Championship
28	2:42.86	L	F	Carla Dannhauser	14	TKS	WBD 20/03/2024 SA Level 3 Regional Age Group
29	2:43.01	L	F	Lara Janse van Rensburg	14	NSAD	EZD 13/10/2023 MP AGE GROUP 2
30	2:43.39	L	F	Payton Aitken	14	WSTV	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
31	2:43.71	L	F	Isabella Bruyns	14	MDOL	JHB 26/01/2024 EGA Last Chance 2024
32	2:45.13	L	F	Stephanie Dannhauser	14	TKS	WBD 20/03/2024 SA Level 3 Regional Age Group
33	2:45.23	L	P	Keilah-Naomi Holthuis	14	QSAW	GED 14/12/2023 Western Cape LC-A Championship 2023
34	2:46.49	L	F	Margo Senekal	14	TYGE	CPT 21/03/2024 SA Level 3 Regional Age Group
35	2:47.29	L	F	Cara Rossouw	14	TYGE	CPT 21/03/2024 SA Level 3 Regional Age Group
36	2:47.38	L	P	Aliyah De Oliveira	14	TYGE	CPT 14/12/2023 Western Cape LC-A Championship 2023
37	2:47.47	L	F	Hannah De Necker	14	FISH	EDD 18/11/2023 Eden LC Champs 2023
38	2:47.60	L	F	Alexis Muller	14	AZON	ETH 21/03/2024 SA Level 3 Regional Age Group
39	2:47.69	L	F	Sophia Trout	14	VINE	CPT 18/11/2023 CTA QUALIFYING MEET 2
40	2:48.44	L	F	Milan Ferreira	14	TASC	MPD 20/03/2024 SA Level 3 Regional Age Group
41	2:48.95	L	F	Tchisank Banza	14	UNI	EZD 29/09/2023 MP AGE GROUP 1 29.09.2023 -
42	2:49.06	L	F	Mila De Souza	14	EXP	FSH 22/09/2023 NTS Level 3+ September Age Group
43	2:49.61	L	F	Gabriella Boerstra	14	TUKS	FSH 20/03/2024 SA Level 3 Regional Age Group
44	2:49.66	L	F	Milla Hulse	14	KLOO	ETH 21/03/2024 SA Level 3 Regional Age Group
45	2:49.67	L	P	Kayla Kleynhans	14	TUKS	FSH 12/12/2023 NTS Championships 2023
46	2:50.10	L	P	Abigail Blake	14	GREY	CPT 14/12/2023 Western Cape LC-A Championship 2023
47	2:50.20	L	F	Marne' Van Rensburg	14	BLSS	MAN 24/06/2023 PEA Winter Gala 2023
48	2:51.26	L	F	Lara Eckersley	14	CRSC	JHB 30/11/2023 CGA Championships 2023
49	2:51.39	L	F	Miane Kasselmann	14	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
50	2:51.41	L	P	Jenna Morris	14	VINE	CPT 14/12/2023 Western Cape LC-A Championship 2023
51	2:51.43	L	P	Emma Hagglund	14	SSISA	CPT 21/03/2024 SA Level 3 Regional Age Group
52	2:51.59	L	F	Megan Mayhew	14	WATR	JHB 20/03/2024 SA Level 3 Regional Age Group
53	2:51.72	L	F	Rozaan Korff	14	ACAA	CCD 01/12/2023 Limpopo Champs
54	2:51.75	L	P	Sharni-Marie Watson	14	PAC	FSH 12/12/2023 NTS Championships 2023
55	2:52.60	L	F	Lethokuhle Makhubu	14	ACSA	ETH 24/11/2023 Westville-Seals LC Championships
56	2:52.85	L	F	Rachel Fairweather	14	HPS	FSH 17/11/2023 NTS Level 3+ November Age Group
57	2:53.02	L	P	Scarlett Friis	14	KLOO	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
58	2:53.06	L	F	Anja Buitendach	14	UNI	EZD 29/09/2023 MP AGE GROUP 1 29.09.2023 -
59	2:53.89	L	F	Gabriella Baillie	14	ROA	EDD 18/11/2023 Eden LC Champs 2023
60	2:54.54	L	F	Huei-Ing Chen	14	DORE	JHB 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
61	2:55.29	L	P	Lethabo Masemola	14	WATR	JHB 20/03/2024 SA Level 3 Regional Age Group
62	2:56.17	L	P	Emma Nolan	14	MDOL	JHB 20/03/2024 SA Level 3 Regional Age Group
63	2:56.34	L	F	Mia Vorster	14	SWAR	WCD 11/11/2023 Swartland Prestige Gala 2023
64	2:56.53	L	P	Gabi McQuinn	14	ELEC	FSH 12/12/2023 NTS Championships 2023
65	2:56.84	L	F	Mikayla Hinkley	14	PER	JHB 17/02/2024 CGA Level 2+ Gala 17 Feb 2024
66	2:56.93	L	P	Indigo Woodburn	14	MDOL	JHB 20/03/2024 SA Level 3 Regional Age Group
67	2:57.01	L	F	Amy Jackson	14	TCA	EKU 24/11/2023 EGA Summer 4
68	2:57.30	L	F	Sahana Dayaram	14	DORE	JHB 30/11/2023 CGA Championships 2023



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
69	2:57.34	L	F	Amara Okoye	14	PAC	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
70	2:57.61	L	P	Kirsten Myers	14	SSISA	CPT	21/03/2024	SA Level 3 Regional Age Group
71	2:57.68	L	F	Elizabeth Viljoen	14	HREF	BP	06/12/2023	NWS Championships 2023/24
72	2:58.09	L	F	Kay-Lee Mouton	14	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
73	2:58.24	L	F	Jani Visagie	14	SWAR	WCD	10/02/2024	WCA-B Champs - 2024
74	2:58.30	L	P	Juanè Burger	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
75	2:58.39	L	F	Carmen Stapelberg	14	TINC	FSH	17/11/2023	NTS Level 3+ November Age Group
76	2:59.21	L	P	Annabelle Van Rensburg	14	TUKS	FSH	20/03/2024	SA Level 3 Regional Age Group
77	2:59.71	L	P	Caitlin Knight	14	WATR	JHB	20/03/2024	SA Level 3 Regional Age Group
78	3:00.51	L	F	Daniella Myburg	14	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
79	3:00.66	L	F	Sulize Henning	14	HREF	BP	06/12/2023	NWS Championships 2023/24
80	3:00.78	L	F	Xanri Muller	14	GHSK		26/03/2024	SA Level 2 Regional Age Group Champs
81	3:00.79	L	F	Rebecca Froneman	14	STSC	KCD	27/01/2024	Ushaka Champs 2024
82	3:01.21	L	F	Gabriela Sa	14	ASAC	CPT	18/11/2023	CTA QUALIFYING MEET 2
83	3:01.50	L	F	Emma-Lee Theron	14	BLSS	MAN	24/06/2023	PEA Winter Gala 2023
84	3:01.94	L	F	Ariel De Bruyn	14	CSA	EZD	01/12/2023	Mpumalanga Championships 2023
85	3:02.20	L	F	Madison Smith	14	CA	EKU	28/10/2023	EGA Summer 2 2023
86	3:02.42	L	F	Lili Annandale	14	BULS	MAN	27/10/2023	Neptune Prestige Gala
87	3:02.71	L	F	Nikita Grant	14	WSTV	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
88	3:02.83	L	P	Ameera Motala	14	ATLA	JHB	30/11/2023	CGA Championships 2023
89	3:02.84	L	P	Abbigail Kulynych	14	BAS	EKU	07/12/2023	EGA Summer Championships
90	3:02.98	L	F	Cecilia Breedt	14	DORE	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
91	3:03.07	L	F	Zoé Steyn	14	HREF	BP	17/11/2023	NTS Level 3+ November Age Group
92	3:03.49	L S	F	Mine Prinsloo	14	BLSS	MAN	06/12/2023	Free State Champs 2023
93	3:03.89	L	F	Hannah Du Toit	14	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
94	3:07.09	L	F	Leila Van Zyl	14	QUIC	CPT	10/02/2024	WCA-B Champs - 2024
95	3:07.45	L	F	Marlo Lensing	14	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024
96	3:07.57	L	F	Maria Barreiros	14	ELEC	FSH	22/09/2023	NTS Level 3+ September Age Group
97	3:07.91	L	F	Riley Prinsloo	14	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
98	3:08.00	L	F	Keona Landman	14	AACTA	CPT	10/02/2024	WCA-B Champs - 2024
99	3:08.03	L	F	Shayla WHYTE	14	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
100	3:08.10	L	F	Rebekah Van Coller	14	FISH	EDD	24/06/2023	PEA Winter Gala 2023
101	3:08.56	L	F	Megan Jansen	14	UNI	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
102	3:08.73	L	F	Elandri Du Randt	14	BETH	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
103	3:08.86	L	F	Christina Marzagalli	14	CYBE	CPT	17/02/2024	Swartland Invitational Gala 2024
104	3:09.29	L	F	Julia Booth	14	SOUL	EKU	07/12/2023	EGA Summer Championships
105	3:09.53	L	F	Jamie Napier	14	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
106	3:09.62	L	F	Jemma Hendricks	14	LALE	GED	03/02/2024	Winelands SL final
107	3:10.33	L	F	Oratile Matli	14	ESTR	EKU	28/10/2023	EGA Summer 2 2023
108	3:11.33	L	F	Alexa Cave	14	MDOL	JHB	12/01/2024	2024 Grand Prix Invitation Swimming
109	3:12.04	L	F	Leandri Grobler	14	VHD	ZLD	24/11/2023	Westville-Seals LC Championships
110	3:12.53	L	F	Keira Ellerbeck	14	H2O	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
111	3:13.07	L S	F	Carli Murray	14	QUIC	CPT	24/11/2023	CTA A & B CHAMPS 2023
112	3:13.12	L	F	Lika Vd Merwe	14	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
113	3:14.33	L	F	Alexah Furman	14	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
114	3:14.71	L	F	Kayla Koen	14	TUKS	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
115	3:15.36	L S	F	Jessie Ludick	14	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
116	3:15.90	L	P	Sinead De Wet	14	CRSC	JHB	30/11/2023	CGA Championships 2023
117	3:15.91	L	P	Micke Prinsloo	14	TKS	WBD	20/03/2024	SA Level 3 Regional Age Group
118	3:16.58	L	F	Helena Rookoen-Smith	14	LALE	GED	10/02/2024	WCA-B Champs - 2024
119	3:16.96	L	F	Isabelle Botha	14	PGAC	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
120	3:17.41	L S	F	Delise Malenza	14	CASC	CPT	24/11/2023	CTA A & B CHAMPS 2023
121	3:17.61	L	F	Silizwe Giyose	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023
122	3:17.85	L	F	Tylin Taljard	14	SS	MPD	01/12/2023	Limpopo Champs
123	3:17.94	L	F	Melinda Dippenaar	14	BS	LLD	26/03/2024	SA Level 2 Regional Age Group Champs
124	3:18.18	L	P	Cayla Boardman	14	CA	EKU	07/12/2023	EGA Summer Championships
125	3:18.90	L	F	Leah Davel	14	ACAQ	CCD	01/12/2023	Limpopo Champs
126	3:19.12	L	P	Sadie Bothma	14	HREF	BP	06/12/2023	NWS Championships 2023/24
127	3:19.45	L	F	Mariné Pretorius	14	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
128	3:19.76	L	F	Zephani Adams	14	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
129	3:20.76	L	F	Mieke Griffiths	14	MSC NGD	24/03/2024 SA Level 2 Regional Age Group Champs
130	3:21.33	L	F	Melina Alexandrou	14	SWIFT EKU	28/10/2023 EGA Summer 2 2023
131	3:23.11	L	P	Emmah Myburgh	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
132	3:26.15	L	P	Rozel Scholtz	14	STELL RMD	06/12/2023 NWS Championships 2023/24
133	3:26.41	L	F	Jasmine Hirshovitz	14	GREY CPT	10/02/2024 WCA-B Champs - 2024
134	3:27.30	L	F	Megan Horn	14	DOLFI MPD	01/12/2023 Limpopo Champs
135	3:27.76	L	F	Keira Martins	14	H2O EKU	26/01/2024 EGA Last Chance 2024
136	3:28.05	L	F	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
137	3:28.37	L	F	Chandre Cloete	14	UNI EZD	01/12/2023 Mpumalanga Championships 2023
138	3:29.23	L	F	Simone' Pretorius	14	BETH FDD	06/10/2023 Super Seals & Sentraal Aquatics Gala
139	3:31.51	L	F	Mia Pienaar	14	BULS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
140	3:31.54	L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024 NW School Championships 2024
141	3:33.09	L	F	Lilli-Hanna Black	14	HTSA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
142	3:33.28	L S	F	Hannaan Mia	14	MANT CPT	24/11/2023 CTA A & B CHAMPS 2023
143	3:35.71	L	P	Skyla Reddy	14	SWIFT EKU	07/12/2023 EGA Summer Championships
144	3:43.13	L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023 BCA Long Course Championships 2023
145	3:56.76	L	F	Rachel Henley	14	ESTR EKU	28/10/2023 EGA Summer 2 2023
146	3:59.11	L	F	Caroline Retief	14	HTSA CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
147	3:59.97	L	F	Keziah Campbell	14	USC BUF	24/11/2023 BCA Long Course Championships 2023
148	4:07.61	L	F	Leiani van Aarde	14	SOUL EKU	28/10/2023 EGA Summer 2 2023
149	4:13.72	L S	F	Deannè King	14	HTSA CPT	24/11/2023 CTA A & B CHAMPS 2023
150	4:40.35	L	F	Kayla Esterhuizen	14	UPSK ZMD	03/11/2023 UPINGTON 2023
<b>Women 14-1450 Breast</b>							
1	33.90	L	P	Tchisank Banza	14	MP EZD	08/04/2024 SA National Aquatic Champ 2024-PE
2	34.88	L	F	Giuliana Vyncke	14	DRGN EKU	15/03/2024 SA National Junior Age Group
3	35.80	L	F	MacKenzie Bone	14	ELEC TSH	15/03/2024 SA National Junior Age Group
4	35.88	L	F	Zuria Venter	14	GAU JHB	19/04/2024 SA Schools Swimming Championship
5	36.29	L	F	Lize-Marie Kruger	14	TRALI MAN	15/03/2024 SA National Junior Age Group
6	36.57	L	F	Madison Coleman	14	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
7	36.67	L	F	Caileigh De Beer	14	BLSS MAN	15/03/2024 SA National Junior Age Group
8	36.94	L	F	Ane Snyders	14	BLSS MAN	15/03/2024 SA National Junior Age Group
9	37.13	L	F	Mikje Bocking	14	KZNA ETH	19/04/2024 SA Schools Swimming Championship
10	37.22	L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024 SA Level 3 Regional Age Group
11	37.26	L	P	Clarisè Van Niekerk	14	TUKS TSH	15/03/2024 SA National Junior Age Group
12	37.33	L	F	Izarra Ganas	14	ACSA ETH	16/02/2024 EDA Age Group Gala 6 2024
13	37.50	L	F	Eva Neumann	14	GSA CPT	24/06/2023 PEA Winter Gala 2023
14	37.52	L	F	Eva Dal Cin	14	ELEC TSH	09/11/2023 Mauritius Summer Championships (LC)
15	37.57	L	F	Hazel Hutchison	14	NC FB	19/04/2024 SA Schools Swimming Championship
16*	37.62	L	F	Riziki Magotsi	14	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
16*	37.62	L	P	Leila Springer	14	SASE JHB	23/02/2024 2024 Grand Prix 2 Invitational Meet -
18	37.81	L	F	Diane Munro	14	BLSS MAN	06/12/2023 Free State Champs 2023
19	37.83	L	F	Ona-Mari Van Niekerk	14	KNYA EDD	21/03/2024 SA Level 3 Regional Age Group
20	38.01	L	P	Arne' Dreyer	14	STAQ CED	15/03/2024 SA National Junior Age Group
21	38.08	L	F	Robyn-Rae Purdon	14	PSCP UMD	21/03/2024 SA Level 3 Regional Age Group
22	38.28	L	P	Nicola Carver	14	ELEC TSH	20/03/2024 SA Level 3 Regional Age Group
23	38.32	L	F	Chanel Van Tonder	14	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
24	38.44	L	F	Jessica Stedall	14	WWOL TSH	12/12/2023 NTS Championships 2023
25	38.45	L	F	Emma Pinheiro	14	AAS JHB	30/11/2023 CGA Championships 2023
26	38.46	L	F	Blake Morris	14	LINR JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
27	38.53	L	F	Emma Nolan	14	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
28	38.57	L	P	Ava Newton	14	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
29	38.60	L	P	Lilianne Hebler	14	QSAW CED	15/03/2024 SA National Junior Age Group
30	38.61	L	F	Jenna Morris	14	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
31	38.63	L	F	Danielle Grobler	14	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
32*	38.67	L	P	Paige Meeser	14	CA EKU	15/03/2024 SA National Junior Age Group
32*	38.67	L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023 Free State Champs 2023
34	38.82	L	F	Sylvie de Bruyn	14	BULS MAN	06/12/2023 Free State Champs 2023
35	38.84	L	F	Annabelle Van Rensburg	14	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
36	39.09	L	F	Christina Orchard	14	VINE CPT	11/11/2023	Winelands SL4	
37	39.18	L	P	Madison Smith	14	CA EKU	20/03/2024	SA Level 3 Regional Age Group	
38	39.28	L	P	Zia Moosa	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
39	39.31	L	P	Sydni Adams	14	VINE CPT	21/03/2024	SA Level 3 Regional Age Group	
40	39.42	L	P	Jessica Davies	14	VIKI BUF	19/04/2024	SA Schools Swimming Championship	
41	39.53	L	F	Freyja Weaver	14	OHAN ILD	27/01/2024	Ushaka Champs 2024	
42	39.57	L	F	Micke Prinsloo	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group	
43	39.58	L	P	Kyrah Mack	14	PEAS NMA	19/04/2024	SA Schools Swimming Championship	
44	39.70	L	F	Abigail Kotze	14	TYGE CPT	20/01/2024	CTA A MEET 4	
45	39.77	L	P	Taylor Kassebaum	14	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA	
46	39.95	L	F	Talitha Schuch	14	LEGC ETH	21/03/2024	SA Level 3 Regional Age Group	
47	39.96	L	P	Ada Barnard	14	SWAR WCD	14/12/2023	Western Cape LC-A Championship 2023	
48	40.11	L	P	Almi Geysler	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group	
49	40.12	L	F	Amy Jackson	14	TCA EKU	11/11/2023	EGA Summer 3	
50	40.14	L	P	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24	
51*	40.23	L	F	Mikayla Frösler	14	BEST NMA	22/07/2023	1st A League Gala 2023	
51*	40.23	L	P	Ella Jv Rensburg	14	LP CCD	19/04/2024	SA Schools Swimming Championship	
53	40.27	L	F	Amy Walton	14	AZON ETH	21/03/2024	SA Level 3 Regional Age Group	
54	40.44	L	F	Stephanie Dannhauser	14	TKS WBD	01/12/2023	Limpopo Champs	
55	40.45	L	F	Tatum Dace	14	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023	
56	40.53	L	F	Hannah De Necker	14	FISH EDD	18/11/2023	Eden LC Champs 2023	
57	40.59	L	F	Marne' Van Rensburg	14	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group	
58	41.00	L	F	Anike Taljaard	14	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs	
59	41.01	L	P	Sadie Roberts	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
60	41.05	L	P	Cara Rossouw	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
61	41.14	L S	F	Tatum Grant	14	SOUL EKU	07/12/2023	EGA Summer Championships	
62	41.15	L	P	Gemma Walters	14	DORE JHB	15/03/2024	SA National Junior Age Group	
63	41.21	L	F	Mia Groenewald	14	KTS	03/02/2024	NCASA SPRINTS 2024	
64	41.22	L	F	Abigail Wilcocks	14	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023	
65	41.29	L	F	Aliyah De Oliveira	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
66	41.38	L	P	Isabella Bruyns	14	MDOL JHB	30/11/2023	CGA Championships 2023	
67	41.44	L	F	Lia Assad	14	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala	
68	41.49	L	F	Mikaela Johst	14	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala	
69	41.51	L	F	Sophia Wener	14	VINE CPT	21/01/2024	CTA BMEET 4	
70	41.53	L	F	Abbigail Kulynych	14	BAS EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
71	41.63	L	F	Riley Prinsloo	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
72	41.64	L	F	Leandri Grobler	14	VHD ZLD	20/03/2024	SA Level 3 Regional Age Group	
73	41.81	L	P	Daizeli Bosman	14	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023	
74	41.84	L	F	Bianca Potgieter	14	PAC TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
75*	41.92	L	F	Gabriella Boerstra	14	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group	
75*	41.92	L	P	Lara Eckersley	14	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group	
77	41.97	L	F	Sharni-Marie Watson	14	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023	
78	42.04	L	F	Daniella Myburg	14	BLSS MAN	19/08/2023	Super Seals Prestige Gala	
79	42.06	L	P	Odette Upton	14	LP CCD	19/04/2024	SA Schools Swimming Championship	
80	42.13	L	F	Isla Minderon	14	PEAS NMA	09/02/2024	Infinity Gala 2024	
81	42.24	L	P	Cailyn Clowes	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
82	42.28	L	P	Gabi McQuinn	14	ELEC TSH	12/12/2023	NTS Championships 2023	
83*	42.34	L	P	Cara Visser	14	CYBE CPT	15/03/2024	SA National Junior Age Group	
83*	42.34	L	F	Margo Louw	14	QSAW CED	21/01/2024	CTA BMEET 4	
83*	42.34	L	P	Kayla Koen	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs	
86	42.38	L	F	Talita Wessels	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
87	42.39	L	P	Aaishah Hartley	14	MARL CPT	24/06/2023	PEA Winter Gala 2023	
88	42.50	L	P	Gabriella Baillie	14	ROA EDD	14/12/2023	Western Cape LC-A Championship 2023	
89	42.56	L	F	Milan Ferreira	14	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023	
90	42.75	L	F	Aimee Grobler	14	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs	
91	42.76	L	P	Maria Barreiros	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group	
92	42.90	L	F	Keira Martins	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs	
93	42.96	L	P	Kapitolina Xaba	14	SASE JHB	20/03/2024	SA Level 3 Regional Age Group	
94	43.20	L	F	Caitlin Camacho	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala	

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
95	43.22	L	F	Ulrike Kruger	14	PSC	FSH	02/02/2024	NTS Level 1+2 February Age Group
96	43.25	L	F	Sofiya Dos-Santos	14	ASAC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
97	43.27	L	P	Leila Smit	14	CSC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
98*	43.33	L	P	Keira Bester	14	DORE	JHB	20/03/2024	SA Level 3 Regional Age Group
98*	43.33	L	P	Xanri Muller	14	GHSK		26/03/2024	SA Level 2 Regional Age Group Champs
100	43.36	L	F	Sulize Henning	14	WAGH	BP	23/02/2024	NW School Championships 2024
101	43.44	L	F	Leah Markgraaff	14	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
102*	43.47	L	F	Ava Lambropoulos	14	TRAZ	FSH	03/11/2023	NTS Level 1+2 November Age Group
102*	43.47	L	F	Abigail Suckling	14	FSE	KCD	05/04/2024	SA Level 2 Regional Age Group Champs
104	43.53	L	F	Ava Strong	14	PEAS	NMA	15/12/2023	NMBA Championships 2023
105*	43.54	L	F	Jade Van Vuuren	14	WATR	JHB	30/11/2023	CGA Championships 2023
105*	43.54	L	P	Tamlyn Kew	14	CSC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
107	43.55	L	F	Marlo Lensing	14	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
108*	43.67	L	F	Caitlin Rossiter	14	HREF	BP	06/12/2023	NWS Championships 2023/24
108*	43.67	L	F	Liane' de Wet	14	BULS	MAN	03/11/2023	Heidedal Welkom Gala
110	43.70	L	P	Sahana Dayaram	14	DORE	JHB	30/11/2023	CGA Championships 2023
111	43.72	L	F	Emma Brooks	14	SWAR	WCD	17/02/2024	Swartland Invitational Gala 2024
112	43.79	L	F	McKenzie Jones	14	ESTR	EKU	26/01/2024	EGA Last Chance 2024
113	43.87	L	P	Shannon Hugo	14	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorporate SSA
114	44.05	L	F	Sasha Boyum	14	HSTAN	MP	14/10/2023	Limpopo Top 8 - High Schools
115	44.11	L	P	Elandri Du Randt	14	BETH	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
116	44.13	L	F	Sam Juries	14	CLSC	WCD	11/11/2023	Swartland Prestige Gala 2023
117	44.36	L	F	Kayden Mauer	14	USC	BUF	15/12/2023	NMBA Championships 2023
118	44.40	L	F	Mila De Souza	14	EXP	FSH	26/01/2024	NTS Level 3+ January Age Group 2024
119	44.53	L	F	Mariné Pretorius	14	UPSK	ZMD	21/03/2024	SA Level 3 Regional Age Group
120	44.57	L	F	Amara Okoye	14	PAC	FSH	22/09/2023	NTS Level 3+ September Age Group
121*	44.65	L	F	Lili Annandale	14	BULS	MAN	06/12/2023	Free State Champs 2023
121*	44.65	L	F	Ciara Erasmus	14	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
123	44.67	L	F	Jemma Hendricks	14	LALE	GED	10/02/2024	WCA-B Champs - 2024
124	44.70	L	F	Leila Van Zyl	14	QUIC	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
125	44.72	L	F	Inge Vd Walt	14	TUKS	FSH	02/02/2024	NTS Level 1+2 February Age Group
126	44.77	L	F	Mia Pienaar	14	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
127	44.82	L	F	Annemie De Villiers	14	PRKA	PSD	26/03/2024	SA Level 2 Regional Age Group Champs
128	44.86	L	F	Katya O'Brien	14	BON	EKU	15/09/2023	EGA Summer 1
129	44.89	L	F	Nina Wessels	14	UNI	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
130	44.92	L	P	Zoé Steyn	14	HREF	BP	06/12/2023	NWS Championships 2023/24
131*	45.01	L	F	Simone Van Wyk	14	SEAL	UMD	24/11/2023	Westville-Seals LC Championships
131*	45.01	L	F	Rachel Henley	14	ESTR	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
133	45.18	L	F	Kate Rankin	14	UPC	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
134	45.19	L	F	Kirsten Myers	14	SSISA	CPT	11/11/2023	Winelands SL4
135	45.33	L	F	Zea Zondagh	14	WAGH	BP	23/02/2024	NW School Championships 2024
136*	45.41	L	F	Mia Koen	14	BULS	MAN	06/12/2023	Free State Champs 2023
136*	45.41	L	P	Shane Swarts	14	PSA	ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
138	45.44	L	F	Lienke Els	14	FRAM	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
139	45.46	L	F	Miane Kasselmann	14	RBOT	BPD	11/11/2023	NWS Age Group 3 + 4
140	45.47	L	P	Indigo Woodburn	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
141	45.50	L	P	Jesse Kirsten	14	BLOT	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
142	45.53	L	F	Shi Han Huang	14	BLMA	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
143	45.57	L	F	Rebekah Van Coller	14	FISH	EDD	18/11/2023	Eden LC Champs 2023
144	45.63	L	F	Sienna Airey	14	VINE	CPT	24/11/2023	CTA A & B CHAMPS 2023
145	45.65	L	P	Juanè Burger	14	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
146*	45.68	L	F	Amina Putter	14	NHS	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
146*	45.68	L	P	Alexa Cave	14	MDOL	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
148*	45.72	L	F	Helena Rooken-Smith	14	LALE	GED	03/02/2024	Winelands SL final
148*	45.72	L	F	Rozel Scholtz	14	STELL	RMD	26/03/2024	SA Level 2 Regional Age Group Champs
150	45.73	L	F	Khanya Khalala	14	FLOD	JHB	02/03/2024	AG Level 1 Regional Age Group
151	45.75	L	F	Kyra Home	14	MDOL	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
152	45.76	L	P	Emmah Myburgh	14	UPSK	ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
153	45.85	L	F	Ilze Olley	14	PHS	CCD	27/01/2024	Limpopo School Champs

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
154	46.01 L	F	Sadie Dreyer	14	STAQ	GED	10/02/2024 WCA-B Champs - 2024
155	46.03 L	F	Ellie-mari Reckling	14	NWUC	KKD	21/10/2023 NWS Age Group 1 & 2 2023
156	46.07 L	F	Sadie Kata	14	SWIFT	EKU	02/03/2024 AG Level 1 Regional Age Group
157	46.12 L	F	Macayle Eisen	14	UNI	EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
158	46.14 L	P	Paige Van Niekerk	14	AFIN	JHB	24/03/2024 SA Level 2 Regional Age Group Champs
159	46.16 L	F	Kaylee Glutz	14	SEALI	ILD	24/11/2023 Westville-Seals LC Championships
160	46.20 L	F	Evelyn Malan	14	TUKS	FSH	23/02/2024 NTS Prestige AG February 2024
161	46.24 L	F	Nasheetah Jephta	14	MANT	CPT	10/02/2024 WCA-B Champs - 2024
162	46.29 L	F	Lana Pretorius	14	LALE	GED	03/02/2024 Winelands SL final
163	46.39 L	F	Kiara Storm	14	STSC	KCD	05/04/2024 SA Level 2 Regional Age Group Champs
164	46.50 L	F	Gabriela Dimitrova	14	TUKS	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
165	46.51 L	F	Delise Malenza	14	CASC	CPT	17/02/2024 Swartland Invitational Gala 2024
166	46.52 L	P	Shayla WHYTE	14	MDOL	JHB	30/11/2023 CGA Championships 2023
167	46.53 L	F	Joré Benade	14	PHS	CCD	14/10/2023 Limpopo Top 8 - High Schools
168	46.71 L	F	Nina Cloete	14	FISH	EDD	18/11/2023 Eden LC Champs 2023
169	46.74 L	F	Madisson De Druyn	14	SWIJ	JHB	02/03/2024 AG Level 1 Regional Age Group
170	46.84 L	P	Keira Ellerbeck	14	H2O	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
171	46.85 L	F	Lika Vd Merwe	14	TUKS	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
172	46.88 L	P	Lauren Naidoo	14	ACSA	ETH	05/04/2024 SA Level 2 Regional Age Group Champs
173	46.92 L	F	Riette Kroukamp	14	PAC	FSH	02/02/2024 NTS Level 1+2 February Age Group
174	46.94 L	F	Melinda Dippenaar	14	BS	LLD	06/12/2023 Free State Champs 2023
175	46.96 L	F	Imke Botha	14	RHS	BP	23/02/2024 NW School Championships 2024
176	46.97 L	F	Danielle Van Dyk	14	QSAW	GED	03/02/2024 Winelands SL final
177	47.00 L	F	Tamsyn Thomson	14	BULS	MAN	06/12/2023 Free State Champs 2023
178	47.02 L	F	Isabelle Welgemoed	14	VALS	FDD	06/12/2023 Free State Champs 2023
179	47.03 L	F	Keanke Nel	14	LSKP	WB	04/11/2023 Limpopo LS - Top 8 skole 2023
180	47.24 L	F	Erin Olivier	14	ASAC	CPT	17/09/2023 CTA BMEET 3
181	47.36 L	F	Tuhina Asharam	14	KZNA	ETH	27/01/2024 Ushaka Champs 2024
182	47.40 L	F	Melandri Vermaak	14	TINC	FSH	02/03/2024 AG Level 1 Regional Age Group
183	47.45 L	F	Mieke Griffiths	14	MSC	NGD	01/12/2023 Mpumalanga Championships 2023
184	47.55 L	F	Anja Volschenk	14	BLSS	MAN	06/12/2023 Free State Champs 2023
185	47.67 L	F	Jessica Dos Santos	14	UPC	EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
186	47.82 L	F	Hannah Du Toit	14	ELEC	FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
187	47.97 L	F	Lyla Shekel	14	CYBE	CPT	24/11/2023 CTA A & B CHAMPS 2023
188	48.16 L	F	Sadie Bothma	14	HREF	BP	21/10/2023 NWS Age Group 1 & 2 2023
189	48.53 L	F	Carmen Stapelberg	14	TINC	FSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
190	48.57 L	F	Anieke Prinsloo	14	BETH	FDD	16/02/2024 Neptunes Last chance Gala
191	48.66 L	P	Hannah Struwig	14	AQUA	BUF	05/04/2024 SA Level 2 Regional Age Group Champs
192	48.73 L	P	Emma-Lee Theron	14	BLSS	MAN	24/06/2023 PEA Winter Gala 2023
193	48.81 L	F	Leannette Fourie	14	HSB	BP	23/02/2024 NW School Championships 2024
194	48.84 L	F	Isabella Dos Santos	14	PER	JHB	02/03/2024 AG Level 1 Regional Age Group
195	48.86 L	F	Alexandra Sheppard	14	BERG	BP	23/02/2024 NW School Championships 2024
196	49.01 L	F	Samara Prinsloo	14	STSC	KCD	27/01/2024 Ushaka Champs 2024
197	49.05 L	P	Nieke Engelbrecht	14	UPSK	ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
198	49.14 L	F	Nicole Senekal	14	TKS	WBD	01/12/2023 Limpopo Champs
199	49.17 L	F	Ella-Mae Henning	14	VRC	FSH	20/10/2023 NTS Level 3+ October Age Group 2023
200	49.27 L	F	Emme Wentzel	14	INFA	NMA	22/07/2023 1st A League Gala 2023
201	49.28 L S	P	Skylla Reddy	14	SWIFT	EKU	07/12/2023 EGA Summer Championships
202	49.37 L	F	Kerani Nana	14	ATLA	JHB	02/03/2024 AG Level 1 Regional Age Group
203*	49.64 L	F	Keone Molapo	14	RFA	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
203*	49.64 L	F	Mackenzie Sterling	14	SPS	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
205	49.81 L	F	Callen Campbell	14	WEST	CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
206*	49.95 L	F	Lida Gerber	14	AASC	EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
206*	49.95 L	F	Diëm Peens	14	CUHE	QBD	17/02/2024 Swartland Invitational Gala 2024
208	50.13 L	F	Chloe Hendricks	14	CAMB	BUF	28/10/2023 BCA 1st Primary Schools Sprint Gala Oct
209	50.18 L	F	Larissa Bouwer	14	LINR	JHB	02/03/2024 AG Level 1 Regional Age Group
210	50.29 L	F	Christina Marzagalli	14	CYBE	CPT	21/01/2024 CTA BMEET 4
211	50.32 L	F	Karla Lemmer	14	USH	KCD	27/01/2024 Ushaka Champs 2024
212	50.37 L	F	Ndalwentle Nobangule	14	HARL	BUF	24/11/2023 BCA Long Course Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
213	50.44 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
214	50.51 L	P	Rerapetse Ramohale	14	STAR BPD	06/12/2023	NWS Championships 2023/24
215*	50.64 L	F	Kate Krummeck	14	HARV NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
215*	50.64 L	F	Atlegang Mogotsi	14	ESTR EKV	26/01/2024	EGA Last Chance 2024
217	50.85 L	F	Kirsten Roos	14	EXA EZD	13/10/2023	MP AGE GROUP 2
218	50.86 L	F	Sandisiwe Mkhathswa	14	MAKO EKV	26/01/2024	EGA Last Chance 2024
219	51.03 L	F	Leigh Chung Kim Yuen	14	MANT CPT	21/01/2024	CTA BMEET 4
220	51.22 L	F	Jordin-Li van der Merwe	14	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
221	51.29 L	F	Sarona Boiteto	14	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
222	51.33 L	F	Erin Stead	14	FRA KCD	21/10/2023	Froggies Championships 2023
223	51.37 L	F	Keziah Campbell	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
224	51.41 L	F	Madison Amy Naude	14	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
225	51.44 L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
226	51.46 L	F	Humairah Safi	14	ISSA NM	23/02/2024	NW School Championships 2024
227	51.52 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
228	51.71 L	F	Chloe Coetsee	14	WRP EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
229	51.73 L	F	Kawanelo Linake	14	TRAZ TSH	02/02/2024	NTS Level 1+2 February Age Group
230	51.74 L	P	Kerrigan Hayes	14	CASC CPT	24/06/2023	PEA Winter Gala 2023
231	51.76 L	F	Sofiya Talip	14	MANT CPT	21/01/2024	CTA BMEET 4
232	52.05 L	F	Sophia Kriel	14	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
233	52.19 L	F	Mia-Ann Van der Westhuizen	14	AGAQ OBD	11/11/2023	Swartland Prestige Gala 2023
234	52.25 L	F	Michaela Anderson	14	LSBOS WB	04/11/2023	Limpopo LS - Top 8 skole 2023
235	52.70 L	F	Ilne Bruwer	14	BLSS MAN	01/09/2023	Seals Gala
236	52.72 L	F	Elme Swanepoel	14	FROS TMD	02/03/2024	FSA Level 1 2024
237	53.20 L	F	Zephani Adams	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
238	53.22 L	F	Macayla Meyer	14	CAMB BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
239	53.30 L	F	Lilli-Hanna Black	14	HTSA CPT	21/01/2024	CTA BMEET 4
240	53.33 L	F	Victoria Hofeld	14	CA EKV	26/01/2024	EGA Last Chance 2024
241	53.42 L	F	Esther Erasmus	14	PGH KK	23/02/2024	NW School Championships 2024
242	53.55 L	F	Isabelle Botha	14	PGAC EKV	11/11/2023	EGA Summer 3
243	53.62 L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
244	53.68 L	F	Jacqueline Pieterse	14	FSE KCD	02/12/2023	Stingrays Swim Champs 2023
245	53.78 L	F	Hannah Myburgh	14	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
246	53.87 L	F	Nonjabulo Thusi	14	USH KCD	28/10/2023	KCDA October Age Group Gala 2023
247	53.94 L	F	Rebecca Eybers	14	CUR EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
248	53.97 L	F	Sharobel Paulse	14	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
249	54.42 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	02/03/2024	FSA Level 1 2024
250	54.45 L	F	Madyson Windvogel	14	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
251	54.51 L	F	Bohlale Khahledi	14	BARR CPT	24/11/2023	CTA A & B CHAMPS 2023
252	54.76 L	F	Boitumelo Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
253	55.77 L	F	Klara Groenewald	14	PRA GSD	02/02/2024	MP AGE GROUP 5 GALA
254	55.88 L	F	Emilia de Freitas	14	MAKO EKV	11/11/2023	EGA Summer 3
255	55.94 L	F	Resego Chalashika	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
256	56.07 L	F	Lutendo Mphelo	14	BETH FDD	02/03/2024	FSA Level 1 2024
257	56.17 L	F	Jessica Chandler	14	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
258	57.16 L	F	Surene Kleingeld	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
259	57.30 L	F	Leneave George	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
260	57.58 L	F	Chloe Venter	14	BERG BP	23/02/2024	NW School Championships 2024
261	57.81 L	F	Johanika Groenewald	14	UNI EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
262	57.99 L	F	Mia Okkers	14	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
263	58.14 L	F	Swazikazi Ntuli	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
264	59.42 L	F	Buhlebenkosi Sibanda	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
265	59.95 L	F	Bokang Seheri	14	USHAK EKV	02/03/2024	AG Level 1 Regional Age Group
266	1:00.24 L	F	Stephany Neculescu	14	HPPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
267	1:01.44 L	F	Isabel Landman	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
268	1:01.54 L	F	Caroline Retief	14	HTSA CPT	21/01/2024	CTA BMEET 4
269	1:02.04 L	F	Liyana Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
270	1:02.68 L	F	Najouan Haouali	14	BLNE MAN	06/12/2023	Free State Champs 2023
271	1:03.17 L	F	Gabrielle Edwards	14	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala

## Individual Top Times

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**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
272	1:03.41 L	F	Thlalefo Mokgosi	14	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
273	1:03.77 L	F	Andrea Mclachlan	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
274	1:04.49 L S	P	Mamello Mabuzza	14	ESP EKU	07/12/2023	EGA Summer Championships
275	1:04.53 L	F	Aobakwe Molokoane	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
276	1:05.82 L	F	Andrika Breedt	14	WAGH BP	23/02/2024	NW School Championships 2024
277	1:06.42 L	F	Beth Sahd	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
278	1:06.48 L	F	Deannè King	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
279	1:08.15 L	F	Azoma Mbanga	14	SHS KK	03/02/2024	Buffalo City School Trials 2024
280	1:08.38 L	F	Kayla Esterhuizen	14	UPSK ZMD	03/11/2023	UPINGTON 2023
281	1:09.42 L	F	Dimpho Leshabane	14	USHAK EKU	11/11/2023	EGA Summer 3
282	1:12.00 L	F	Giselle Coetzee	14	BLOT MAN	26/08/2023	kovsie Sprint Gala
283	1:12.36 L	F	Mishkah Sooliman	14	PGH KK	23/02/2024	NW School Championships 2024
284	1:17.02 L	F	Justine-Annah Sengooba	14	PGH KK	23/02/2024	NW School Championships 2024
<b>Women 14-14100 Breast</b>							
1	1:14.37 L	F	Tchisank Banza	14	MP EZD	19/04/2024	SA Schools Swimming Championship
2	1:18.99 L	P	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorp SSA
3	1:19.71 L	F	MacKenzie Bone	14	ELEC TSH	15/03/2024	SA National Junior Age Group
4	1:20.42 L S	F	Clarisè Van Niekerk	14	TUKS TSH	12/12/2023	NTS Championships 2023
5	1:21.45 L	F	Giuliana Vyncke	14	DRGN EKU	30/11/2023	CGA Championships 2023
6	1:21.46 L	F	Cailleigh De Beer	14	BLSS MAN	15/03/2024	SA National Junior Age Group
7	1:21.60 L	F	Ane Snyders	14	BLSS MAN	15/03/2024	SA National Junior Age Group
8	1:21.63 L	F	Leila Springer	14	SASE JHB	30/11/2023	CGA Championships 2023
9	1:21.93 L	F	Madison Coleman	14	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
10	1:22.02 L	F	Lize-Marie Kruger	14	TRALI MAN	15/03/2024	SA National Junior Age Group
11	1:22.51 L	F	Izarra Ganas	14	ACSA ETH	16/02/2024	EDA Age Group Gala 6 2024
12	1:22.54 L	P	Eva Dal Cin	14	ELEC TSH	24/05/2023	Winter National Championships'23
13	1:22.91 L	P	Taylor Kassebaum	14	AA JHB	15/03/2024	SA National Junior Age Group
14	1:22.99 L	F	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023
15	1:23.09 L	F	Mikje Bocking	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
16	1:23.55 L	F	Jenna Morris	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
17	1:23.97 L	F	Ava Newton	14	CASC CPT	15/03/2024	SA National Junior Age Group
18	1:24.07 L	F	Diane Munro	14	BLSS MAN	06/12/2023	Free State Champs 2023
19	1:24.37 L	F	Hazel Hutchison	14	NC FB	19/04/2024	SA Schools Swimming Championship
20	1:24.39 L	F	Arne' Dreyer	14	STAQ CED	14/12/2023	Western Cape LC-A Championship 2023
21	1:24.60 L	P	Amy Jackson	14	TCA EKU	07/12/2023	EGA Summer Championships
22	1:24.87 L S	F	Mikayla Frösler	14	BEST NMA	05/10/2023	42nd Freda Barnard Invitational Gala
23	1:24.96 L	P	Jessica Stedall	14	WWOL TSH	20/03/2024	SA Level 3 Regional Age Group
24	1:24.97 L	F	Emma Pinheiro	14	AAS JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
25	1:25.10 L	F	Whitney Lauf	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
26	1:25.16 L	F	Riziki Magotsi	14	RSA	03/05/2023	CANA Zone IV Swimming Champions
27	1:25.20 L	F	Nicola Carver	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
28	1:25.29 L	F	Kaylin Fabricius	14	BARR CPT	10/02/2024	WCA-B Champs - 2024
29*	1:25.72 L	F	Talitha Schuch	14	LEGC ETH	21/03/2024	SA Level 3 Regional Age Group
29*	1:25.72 L	F	Sylvie de Bruyn	14	BULS MAN	06/12/2023	Free State Champs 2023
31	1:25.93 L	F	Madison Smith	14	CA EKU	20/03/2024	SA Level 3 Regional Age Group
32	1:26.40 L	F	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24
33	1:26.50 L	P	Paige Meeser	14	CA EKU	07/12/2023	EGA Summer Championships
34	1:26.53 L	P	Alexa Basso	14	SOUL EKU	07/12/2023	EGA Summer Championships
35	1:27.19 L	F	Danielle Grobler	14	BLOT MAN	06/12/2023	Free State Champs 2023
36	1:27.22 L	F	Ada Barnard	14	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
37	1:27.28 L	F	Ona-Mari Van Niekerk	14	KNYA EDD	21/03/2024	SA Level 3 Regional Age Group
38	1:27.51 L	F	Freyja Weaver	14	OHAN HLD	27/01/2024	Ushaka Champs 2024
39	1:27.64 L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023
40	1:27.65 L	F	Annabelle Van Rensburg	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
41	1:27.69 L	F	Robyn-Rae Purdon	14	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
42	1:27.77 L	F	Kyrah Mack	14	PEAS NMA	23/09/2023	3rd A League Gala 2023
43	1:27.79 L	P	Sydni Adams	14	VINE CPT	21/03/2024	SA Level 3 Regional Age Group
44	1:27.90 L	F	Almi Geyser	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group
45	1:28.10 L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024	SA Level 3 Regional Age Group

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	Time	P/F/S	Name	Age/Yr			
46	1:28.23	L	F	Anja Buitendach	14	UNI EZD	13/10/2023 MP AGE GROUP 2
47	1:28.37	L	F	Blake Morris	14	LINR JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
48*	1:29.11	L	F	Chanel Van Tonder	14	SEAL UMD	24/11/2023 Westville-Seals LC Championships
48*	1:29.11	L	P	Keilah-Naomi Holthuis	14	QSAW CED	21/03/2024 SA Level 3 Regional Age Group
50	1:29.40	L	F	Tatum Dace	14	PEAS NMA	11/11/2023 5th A League Gala 2023
51	1:29.42	L	P	Jessica Davies	14	VIKI BUF	21/03/2024 SA Level 3 Regional Age Group
52	1:29.44	L	F	Micke Prinsloo	14	TKS WBD	20/03/2024 SA Level 3 Regional Age Group
53	1:29.51	L	F	Amy Walton	14	AZON ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
54	1:29.52	L	F	Tatum Grant	14	SOUL EKU	07/12/2023 EGA Summer Championships
55	1:29.65	L	P	Zia Moosa	14	KZNA ETH	19/04/2024 SA Schools Swimming Championship
56	1:29.68	L	P	Stephanie Dannhauser	14	LP CCD	19/04/2024 SA Schools Swimming Championship
57	1:29.74	L	F	Emma Nolan	14	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
58	1:29.94	L	P	Daizeli Bosman	14	PLAY CED	14/12/2023 Western Cape LC-A Championship 2023
59	1:30.55	L	P	Gemma Walters	14	DORE JHB	15/03/2024 SA National Junior Age Group
60	1:30.57	L	F	Mia Groenewald	14	KTS	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
61	1:30.68	L	F	Leandri Grobler	14	VHD ZLD	16/02/2024 EDA Age Group Gala 6 2024
62	1:30.81	L	P	Keira Bester	14	DORE JHB	30/11/2023 CGA Championships 2023
63	1:30.95	L	F	Abigail Kotze	14	TYGE CPT	20/01/2024 CTA A MEET 4
64	1:31.25	L	P	Aliyah De Oliveira	14	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
65	1:31.59	L	P	Sulize Henning	14	MP EZD	19/04/2024 SA Schools Swimming Championship
66	1:31.62	L	P	Cara Rossouw	14	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
67	1:31.71	L	F	Marne' Van Rensburg	14	BLSS MAN	21/03/2024 SA Level 3 Regional Age Group
68	1:31.73	L	F	Cailyn Clowes	14	PSCP UMD	24/11/2023 Westville-Seals LC Championships
69*	1:31.83	L	F	Lara Eckersley	14	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
69*	1:31.83	L	P	Ella Jv Rensburg	14	SS MPD	15/03/2024 SA National Junior Age Group
71*	1:32.04	L	F	Leah Markgraaff	14	TUKS FSH	22/09/2023 NTS Level 3+ September Age Group
71*	1:32.04	L	F	Mikaela Johst	14	ELEC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
73	1:32.11	L	F	Sharni-Marie Watson	14	PAC FSH	22/09/2023 NTS Level 3+ September Age Group
74	1:32.64	L	F	Maria Barreiros	14	ELEC FSH	20/10/2023 NTS Level 3+ October Age Group 2023
75	1:33.04	L	P	Lethabo Masemola	14	GAU JHB	19/04/2024 SA Schools Swimming Championship
76	1:33.05	L	P	Gabriella Baillie	14	ROA EDD	21/03/2024 SA Level 3 Regional Age Group
77	1:33.22	L	F	Kayla Kleynhans	14	TUKS FSH	16/02/2024 NTS February Open Age Group 2024
78	1:33.54	L	F	Sofiya Dos-Santos	14	ASAC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
79	1:33.60	L	F	Cara Visser	14	CYBE CPT	17/02/2024 Swartland Invitational Gala 2024
80	1:33.84	L	F	Daniella Myburg	14	BLSS MAN	27/10/2023 Neptune Prestige Gala
81	1:33.85	L	P	Riley Prinsloo	14	ELEC FSH	24/03/2024 SA Level 2 Regional Age Group Champs
82	1:33.97	L	F	Caitlin Rossiter	14	HREF BP	06/12/2023 NWS Championships 2023/24
83	1:34.02	L	F	Anike Taljaard	14	PSCP UMD	05/04/2024 SA Level 2 Regional Age Group Champs
84	1:34.05	L	P	Aaishah Hartley	14	MARL CPT	24/06/2023 PEA Winter Gala 2023
85	1:34.12	L	F	Amelie Kleine	14	TUKS FSH	20/10/2023 NTS Level 3+ October Age Group 2023
86	1:34.25	L	F	Abbigail Kulynych	14	BAS EKU	24/03/2024 SA Level 2 Regional Age Group Champs
87	1:34.35	L	P	Kapitolina Xaba	14	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
88	1:34.51	L	F	Keira Martins	14	H2O EKU	24/03/2024 SA Level 2 Regional Age Group Champs
89	1:34.57	L	F	Isla Minderon	14	PEAS NMA	12/08/2023 Madibaz Swim Meet 2023
90	1:34.59	L	F	Milan Ferreira	14	TASC MPD	01/12/2023 Limpopo Champs
91	1:34.64	L	F	Shannon Hugo	14	KLOO ETH	24/11/2023 Westville-Seals LC Championships
92	1:34.66	L	P	Megan Mayhew	14	WATR JHB	20/03/2024 SA Level 3 Regional Age Group
93	1:34.71	L	F	Aimee Grobler	14	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
94	1:34.76	L	F	Kylie De Bruyn	14	TUKS FSH	22/09/2023 NTS Level 3+ September Age Group
95	1:35.04	L	F	Mikayla Hinkley	14	PER JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
96	1:35.23	L	F	Sahana Dayaram	14	DORE JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
97	1:35.28	L	F	Abigail Wilcocks	14	PAC FSH	17/11/2023 NTS Level 3+ November Age Group
98	1:35.32	L	F	Kayla Koen	14	TUKS FSH	01/12/2023 2023 The Tshwane Mayor's Gala
99	1:35.37	L	F	Emma Brooks	14	SWAR WCD	17/02/2024 Swartland Invitational Gala 2024
100	1:35.42	L	F	Simone Van Wyk	14	SEAL UMD	24/11/2023 Westville-Seals LC Championships
101	1:35.45	L	F	Scarlett Friis	14	KLOO ETH	24/11/2023 Westville-Seals LC Championships
102	1:35.68	L	F	Talita Wessels	14	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
103	1:35.73	L	F	Xanri Muller	14	GHSK	13/01/2024 AGE GROUP 4 KBY 2024
104	1:36.48	L	P	Huei-Ing Chen	14	DORE JHB	30/11/2023 CGA Championships 2023



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
105	1:36.54 L	F	Ashlin Nel	14	SSISA CPT	17/02/2024	Swartland Invitational Gala 2024
106	1:36.56 L	F	Kayden Mauer	14	USC BUF	15/12/2023	NMBA Championships 2023
107	1:36.91 L	F	Emily Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
108	1:36.99 L	F	Liane' de Wet	14	BULS MAN	27/10/2023	Neptune Prestige Gala
109	1:37.16 L	P	Juanè Burger	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
110	1:37.26 L	F	Bianca Potgieter	14	PAC TSH	16/02/2024	NTS February Open Age Group 2024
111	1:37.31 L	F	Jani Visagie	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024
112	1:37.35 L	P	Inge Vd Walt	14	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
113	1:37.58 L	F	Jade Van Vuuren	14	WATR JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
114	1:37.77 L	F	Lili Annandale	14	BULS MAN	27/10/2023	Neptune Prestige Gala
115	1:37.81 L	F	Mila De Souza	14	EXP TSH	26/01/2024	NTS Level 3+ January Age Group 2024
116	1:37.92 L	F	Tamlyn Kew	14	CSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
117	1:37.96 L	P	Leila Smit	14	CSC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
118	1:38.09 L	P	Indigo Woodburn	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
119	1:38.11 L	F	McKenzie Jones	14	ESTR ECU	26/01/2024	EGA Last Chance 2024
120	1:38.19 L	F	Jesse Kirsten	14	BLOT MAN	06/12/2023	Free State Champs 2023
121	1:38.43 L	P	Odette Upton	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
122	1:38.44 L	F	Isabelle Welgemoed	14	VALS FDD	16/02/2024	Neptunes Last chance Gala
123	1:38.47 L	F	Emma Hagglund	14	SSISA CPT	11/11/2023	Winelands SL4
124	1:38.57 L	F	Alexa Cave	14	MDOL JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
125	1:38.59 L	F	Marlo Lensing	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
126	1:38.79 L	F	Megan Jansen	14	UNI EZD	02/02/2024	MP AGE GROUP 5 GALA
127	1:39.04 L	F	Sasha Boyum	14	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
128	1:39.13 L	F	Leila Van Zyl	14	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
129	1:39.60 L	F	Emmah Myburgh	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
130	1:39.75 L	F	Sophia Wener	14	VINE CPT	10/02/2024	WCA-B Champs - 2024
131	1:39.88 L	F	Ilze Olley	14	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
132	1:40.10 L	F	Kyra Home	14	MDOL JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
133	1:40.23 L	P	Rachel Henley	14	ESTR ECU	24/03/2024	SA Level 2 Regional Age Group Champs
134	1:40.33 L	F	Emme Wentzel	14	INFA NMA	21/10/2023	4th A League Gala 2023
135	1:40.55 L	F	Jemma Hendricks	14	LALE CED	03/02/2024	Winelands SL final
136	1:40.83 L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
137	1:41.14 L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023	CGA Championships 2023
138	1:41.24 L S	F	Rebekah Van Coller	14	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
139	1:41.26 L	F	Mia Pienaar	14	BULS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
140	1:41.32 L	F	Nasheetah Jephtha	14	MANT CPT	10/02/2024	WCA-B Champs - 2024
141	1:41.39 L	F	Shayla WHYTE	14	MDOL JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
142	1:41.41 L	F	Zea Zondagh	14	WAGH BP	23/02/2024	NW School Championships 2024
143	1:41.66 L	F	Annemie De Villiers	14	PRKA PSD	26/03/2024	SA Level 2 Regional Age Group Champs
144	1:42.04 L	F	Ava Lambropoulos	14	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
145	1:42.12 L	F	Hannah Du Toit	14	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
146	1:42.15 L	F	Lyla Shekel	14	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
147	1:42.64 L	P	Mariné Pretorius	14	UPSK ZMD	21/03/2024	SA Level 3 Regional Age Group
148	1:42.93 L	P	Keira Ellerbeck	14	H2O ECU	24/03/2024	SA Level 2 Regional Age Group Champs
149	1:43.17 L	F	Mia Koen	14	BULS MAN	06/12/2023	Free State Champs 2023
150*	1:43.28 L	F	Gabriela Dimitrova	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
150*	1:43.28 L	F	Lika Vd Merwe	14	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
152	1:43.31 L	F	Melinda Dippenaar	14	BS LLD	27/10/2023	Neptune Prestige Gala
153	1:43.42 L	F	Alexandra Sheppard	14	BERG BP	23/02/2024	NW School Championships 2024
154	1:43.91 L	F	Delise Malenza	14	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
155	1:44.12 L	P	Buhlebemvelo Mdluli	14	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
156	1:44.19 L	F	Tuhina Asharam	14	KZNA ETH	27/01/2024	Ushaka Champs 2024
157	1:44.20 L	F	Miane Kasselmann	14	RBOT BPD	11/11/2023	NWS Age Group 3 + 4
158	1:44.52 L	F	Melandri Vermaak	14	TINC TSH	02/03/2024	AG Level 1 Regional Age Group
159	1:44.69 L	F	Lauren Naidoo	14	ACSA ETH	24/11/2023	Westville-Seals LC Championships
160	1:44.82 L	F	Ciara Erasmus	14	SPS BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
161	1:44.91 L	F	Anja Volschenk	14	BLSS MAN	06/12/2023	Free State Champs 2023
162	1:45.31 L	F	Madisson De Druyn	14	SWIJ JHB	02/03/2024	AG Level 1 Regional Age Group
163	1:45.35 L	F	Danielle Van Dyk	14	QSAW CED	03/02/2024	Winelands SL final

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
164	1:45.53	L	F	Ella-Mae Henning	14	VRC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
165	1:45.81	L	P	Nina Wessels	14	UNI	EZD	24/03/2024	SA Level 2 Regional Age Group Champs
166	1:45.88	L	F	Kiara Storm	14	STSC	KCD	27/01/2024	Ushaka Champs 2024
167	1:46.19	L	F	Elandri Du Randt	14	BETH	FDD	06/12/2023	Free State Champs 2023
168	1:46.24	L	F	Larissa Bouwer	14	LINR	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
169	1:47.07	L	F	Macayle Eisen	14	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
170	1:47.08	L	F	Imke Botha	14	RHS	BP	23/02/2024	NW School Championships 2024
171	1:47.13	L	F	Oratile Matli	14	ESTR	EKU	28/10/2023	EGA Summer 2 2023
172	1:47.26	L	P	Sadie Bothma	14	HREF	BP	06/12/2023	NWS Championships 2023/24
173	1:47.27	L	P	Emma-Lee Theron	14	BLSS	MAN	24/06/2023	PEA Winter Gala 2023
174	1:47.40	L	F	Nicole Senekal	14	TKS	WBD	01/12/2023	Limpopo Champs
175	1:47.45	L	F	Nina Cloete	14	FISH	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
176	1:47.64	L	F	Kaylee Glutz	14	SEALI	ILD	21/10/2023	Froggies Championships 2023
177	1:47.66	L	F	Kerani Nana	14	ATLA	JHB	02/03/2024	AG Level 1 Regional Age Group
178	1:47.79	L	F	Klara Weber	14	PLAY	GED	18/11/2023	CTA QUALIFYING MEET 2
179	1:47.92	L	F	Sadie Kata	14	SWIFT	EKU	02/03/2024	AG Level 1 Regional Age Group
180	1:48.00	L	F	Rozel Scholtz	14	STELL	RMD	21/10/2023	NWS Age Group 1 & 2 2023
181	1:48.07	L	F	Anieke Prinsloo	14	BETH	FDD	16/02/2024	Neptunes Last chance Gala
182	1:48.10	L	F	Callen Campbell	14	WEST	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
183	1:48.99	L	F	Madison Amy Naude	14	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
184	1:49.14	L	F	Alexah Furman	14	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
185	1:49.19	L	P	Isabelle Botha	14	PGAC	EKU	07/12/2023	EGA Summer Championships
186	1:49.22	L	F	Samara Prinsloo	14	STSC	KCD	13/01/2024	KCDA January Age Group Gala 2024
187	1:49.34	L	F	Diëm Peens	14	CUHE	QBD	17/02/2024	Swartland Invitational Gala 2024
188	1:49.70	L	P	Shane Swarts	14	PSA	ZLD	05/04/2024	SA Level 2 Regional Age Group Champs
189	1:49.81	L	F	Jessica Dos Santos	14	UPC	EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
190	1:50.14	L	F	Karla Lemmer	14	USH	KCD	21/10/2023	Froggies Championships 2023
191	1:50.41	L	F	Jessie Ludick	14	CASC	CPT	18/11/2023	CTA QUALIFYING MEET 2
192	1:50.57	L	F	Kawanelo Linake	14	TRAZ	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
193	1:50.76	L	P	Kerrigan Hayes	14	CASC	CPT	24/06/2023	PEA Winter Gala 2023
194	1:51.14	L	F	Viwassi Amoussou	14	LINR	JHB	02/03/2024	AG Level 1 Regional Age Group
195	1:51.16	L	F	Kate Krummeck	14	HARV	NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
196	1:51.44	L	F	Keone Molapo	14	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
197	1:51.74	L	F	Mackenzie Sterling	14	SPS	BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
198	1:52.16	L	F	Sandisiwe Mkhathswa	14	MAKO	EKU	26/01/2024	EGA Last Chance 2024
199	1:52.20	L	F	Chloe Coetsee	14	WRP	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
200	1:52.84	L	F	Leanette Fourie	14	HSB	BP	23/02/2024	NW School Championships 2024
201	1:52.90	L	F	Emilia de Freitas	14	MAKO	EKU	26/01/2024	EGA Last Chance 2024
202*	1:53.05	L	F	Ilne Bruwer	14	BLSS	MAN	06/12/2023	Free State Champs 2023
202*	1:53.05	L	F	Atlegang Mogotsi	14	ESTR	EKU	02/03/2024	AG Level 1 Regional Age Group
204	1:53.11	L	F	Hannah Struwig	14	KZNA	ETH	24/11/2023	Westville-Seals LC Championships
205	1:53.30	L	P	Tylin Taljard	14	SS	MPD	24/03/2024	SA Level 2 Regional Age Group Champs
206	1:53.43	L	F	Mia-Ann Van der Westhuizen	14	AGAQ	QBD	11/11/2023	Swartland Prestige Gala 2023
207	1:53.50	L	F	Kari Tise	14	CRSC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
208	1:53.94	L	F	Ndalwentle Nobangule	14	HARL	BUF	27/01/2024	BCA January Age Group Gala 2024
209	1:54.14	L	F	Humairah Safi	14	ISSA	NM	23/02/2024	NW School Championships 2024
210	1:54.57	L	F	Isabella Dos Santos	14	PER	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
211	1:55.05	L	F	Erin Stead	14	FRA	KCD	21/10/2023	Froggies Championships 2023
212	1:55.17	L	P	Tamsyn Thomson	14	BULS	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
213	1:55.28	L	F	Esther Erasmus	14	PGH	KK	23/02/2024	NW School Championships 2024
214	1:55.37	L	F	Keziah Campbell	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023
215	1:55.84	L	F	Kirsten Roos	14	EXA	EZD	13/10/2023	MP AGE GROUP 2
216	1:56.38	L	F	Lilli-Hanna Black	14	HTSA	CPT	20/01/2024	CTA A MEET 4
217	1:56.76	L	F	Melina Alexandrou	14	SWIFT	EKU	28/10/2023	EGA Summer 2 2023
218	1:57.51	L	F	Anika Koekemoer	14	ACSC	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
219	1:57.58	L	P	Rerapetse Ramohale	14	STAR	BPD	06/12/2023	NWS Championships 2023/24
220	1:57.72	L	P	Skyla Reddy	14	SWIFT	EKU	07/12/2023	EGA Summer Championships
221	1:58.57	L	F	Lutendo Mphelo	14	BETH	FDD	02/03/2024	FSA Level 1 2024
222	1:58.72	L	F	Jolane Holtzhausen	14	CRSC	JHB	02/03/2024	AG Level 1 Regional Age Group

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
223	1:58.77 L	F	Surene Kleingeld	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
224	1:58.82 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	02/03/2024	FSA Level 1 2024
225	1:59.43 L	P	Victoria Holfeld	14	CA EKU	07/12/2023	EGA Summer Championships
226	2:01.24 L	F	Jacqueline Pieterse	14	FSE KCD	02/12/2023	Stingrays Swim Champs 2023
227	2:01.58 L	F	Johanika Groenewald	14	UNI EZD	13/10/2023	MP AGE GROUP 2
228	2:01.71 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
229	2:02.65 L	F	Boitumelo Dlova	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
230	2:03.18 L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
231	2:04.12 L	F	Nonjabulo Thusi	14	USH KCD	28/10/2023	KCDA October Age Group Gala 2023
232	2:05.13 L S	F	Bohlale Khahledi	14	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
233	2:06.93 L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023	Limpopo Champs
234	2:07.22 L S	F	Hannah Myburgh	14	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
235	2:07.40 L	F	Swazikazi Ntuli	14	DSG NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
236	2:07.78 L S	F	Mia Okkers	14	HURA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
237	2:08.03 L	F	Macayla Meyer	14	CAMPB BUF	28/10/2023	BCA 1st Primary Schools Sprint Gala Oct
238	2:09.25 L	F	Resego Chalashika	14	TLAC BPD	21/10/2023	NWS Age Group 1 & 2 2023
239	2:12.86 L	F	Caroline Retief	14	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
240	2:13.60 L	F	Leneave George	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
241	2:17.50 L	P	Isabel Landman	14	NWUC KKD	06/12/2023	NWS Championships 2023/24
242	2:18.85 L	F	Bokang Seheri	14	USHAK EKU	02/03/2024	AG Level 1 Regional Age Group
243	2:20.97 L	P	Thlalefo Mokgosi	14	USHAK EKU	07/12/2023	EGA Summer Championships
244	2:22.55 L	P	Mamello Mabuza	14	ESP EKU	07/12/2023	EGA Summer Championships
245	2:27.70 L	F	Najouan Haouali	14	BLNE MAN	06/12/2023	Free State Champs 2023
246	2:27.89 L S	F	Deannè King	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
<b>Women 14-14200 Breast</b>							
1	2:43.12 L	F	Tchisank Banza	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
2	2:52.92 L S	F	MacKenzie Bone	14	ELEC TSH	15/03/2024	SA National Junior Age Group
3	2:52.93 L S	F	Clarisë Van Niekerk	14	TUKS TSH	15/03/2024	SA National Junior Age Group
4	2:53.43 L	F	Taylor Kassebaum	14	AA JHB	14/12/2023	KZNA 2023 Championships Incorpor SSA
5	2:54.41 L	P	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorpor SSA
6	2:54.75 L	F	Ava Newton	14	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
7	2:55.14 L S	F	Ane Snyders	14	BLSS MAN	15/03/2024	SA National Junior Age Group
8	2:58.15 L S	F	Caileigh De Beer	14	BLSS MAN	15/03/2024	SA National Junior Age Group
9	2:58.38 L S	F	Emma Pinheiro	14	SMTC JHB	15/03/2024	SA National Junior Age Group
10	3:00.52 L	F	Madison Coleman	14	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
11	3:00.62 L	F	Jenna Morris	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
12	3:00.66 L	F	Izarra Ganas	14	ACSA ETH	21/01/2024	EDA Age Group Gala 5 2024
13	3:01.04 L	F	Lize-Marie Kruger	14	TRALI MAN	15/12/2023	NMBA Championships 2023
14	3:01.22 L S	F	Eva Dal Cin	14	ELEC TSH	15/03/2024	SA National Junior Age Group
15	3:02.22 L	F	Leila Springer	14	SASE JHB	30/11/2023	CGA Championships 2023
16	3:02.32 L	F	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023
17	3:02.99 L	F	Mikayla Frösler	14	BEST NMA	15/12/2023	NMBA Championships 2023
18	3:04.49 L	P	Mikje Bocking	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship
19	3:05.19 L S	F	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24
20	3:05.73 L	F	Tatum Grant	14	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
21	3:06.99 L S	F	Diane Munro	14	BLSS MAN	06/12/2023	Free State Champs 2023
22	3:07.16 L	F	Nicola Carver	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
23	3:07.30 L	F	Madison Smith	14	CA EKU	07/12/2023	EGA Summer Championships
24	3:07.53 L	F	Alexa Basso	14	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
25	3:08.51 L	F	Amy Jackson	14	TCA EKU	07/12/2023	EGA Summer Championships
26	3:09.21 L	F	Almi Geysler	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group
27	3:09.68 L	F	Annabelle Van Rensburg	14	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
28	3:10.35 L	F	Mine Prinsloo	14	BLSS MAN	01/09/2023	Seals Gala
29	3:10.47 L	F	Talitha Schuch	14	LEGC ETH	21/03/2024	SA Level 3 Regional Age Group
30	3:10.49 L	F	Ada Barnard	14	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
31	3:10.67 L	F	Arne' Dreyer	14	STAQ CED	14/12/2023	Western Cape LC-A Championship 2023
32	3:10.84 L	F	Micke Prinsloo	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
33	3:11.04 L	F	Zia Moosa	14	SEALE ETH	21/01/2024	EDA Age Group Gala 5 2024
34	3:11.16 L	P	Kyrach Mack	14	PEAS NMA	19/04/2024	SA Schools Swimming Championship

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
35	3:12.59	L	F	Amy Walton	14	AZON	ETH	21/03/2024 SA Level 3 Regional Age Group
36	3:12.83	L	F	Whitney Lauf	14	MDOL	JHB	20/03/2024 SA Level 3 Regional Age Group
37	3:12.99	L	F	Riziki Magotsi	14	VINE	CPT	14/12/2023 Western Cape LC-A Championship 2023
38	3:13.14	L	F	Cailyn Clowes	14	PSCP	UMD	21/03/2024 SA Level 3 Regional Age Group
39	3:13.23	L	F	Cailee Adams	14	SEALE	ETH	21/01/2024 EDA Age Group Gala 5 2024
40	3:13.57	L	F	Jessica Davies	14	VIKI	BUF	21/03/2024 SA Level 3 Regional Age Group
41	3:13.63	L	P	Ona-Mari Van Niekerk	14	KNYA	EDD	21/03/2024 SA Level 3 Regional Age Group
42	3:13.89	L	P	Kayla Kleynhans	14	TUKS	FSH	12/12/2023 NTS Championships 2023
43	3:13.98	L	F	Keira Bester	14	DORE	JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
44	3:14.39	L S	P	Paige Meeser	14	CA	EKU	15/03/2024 SA National Junior Age Group
45	3:14.42	L	P	Sydni Adams	14	VINE	CPT	21/03/2024 SA Level 3 Regional Age Group
46	3:14.48	L	F	Lethokuhle Makhubu	14	ACSA	ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
47	3:14.67	L	F	Robyn-Rae Purdon	14	PSCP	UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
48	3:14.70	L	F	Aliyah De Oliveira	14	TYGE	CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
49	3:16.01	L	P	Lara Eckersley	14	CRSC	JHB	30/11/2023 CGA Championships 2023
50	3:16.06	L	F	Keilah-Naomi Holthuis	14	QSAW	CED	11/11/2023 Winelands SL4
51	3:16.64	L	P	Gabriella Boerstra	14	TUKS	FSH	20/03/2024 SA Level 3 Regional Age Group
52	3:17.88	L	F	Leah Markgraaff	14	TUKS	FSH	22/09/2023 NTS Level 3+ September Age Group
53*	3:18.13	L	F	Emma Nolan	14	MDOL	JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
53*	3:18.13	L	F	Sharni-Marie Watson	14	PAC	FSH	22/09/2023 NTS Level 3+ September Age Group
55	3:18.50	L	F	Cara Visser	14	CYBE	CPT	17/02/2024 Swartland Invitational Gala 2024
56	3:18.51	L	P	Gabriella Baillie	14	ROA	EDD	14/12/2023 Western Cape LC-A Championship 2023
57	3:18.56	L	P	Gemma Walters	14	DORE	JHB	30/11/2023 CGA Championships 2023
58	3:18.82	L	P	Ella Jv Rensburg	14	LP	CCD	19/04/2024 SA Schools Swimming Championship
59	3:19.13	L	F	Sofiya Dos-Santos	14	ASAC	CPT	18/11/2023 CTA QUALIFYING MEET 2
60	3:20.83	L	F	Anike Taljaard	14	PSCP	UMD	05/04/2024 SA Level 2 Regional Age Group Champs
61	3:21.00	L	F	Kacey Hughes	14	STSC	KCD	13/01/2024 KCDA January Age Group Gala 2024
62	3:22.29	L	F	Riley Prinsloo	14	ELEC	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
63	3:22.66	L	F	Stephanie Dannhauser	14	TKS	WBD	01/12/2023 Limpopo Champs
64	3:22.75	L	P	Marne' Van Rensburg	14	BLSS	MAN	21/03/2024 SA Level 3 Regional Age Group
65	3:22.88	L	F	Sylvie de Bruyn	14	BULS	MAN	15/09/2023 Bull Sharks Annual Gala
66	3:23.52	L	F	Maria Barreiros	14	ELEC	FSH	20/10/2023 NTS Level 3+ October Age Group 2023
67	3:23.57	L	F	Lehane Lategan	14	FAAC		14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
68	3:23.95	L	F	Kapitolina Xaba	14	SASE	JHB	20/03/2024 SA Level 3 Regional Age Group
69	3:24.41	L	P	Chanel Van Tonder	14	SEAL	UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
70	3:24.74	L	F	Mila De Souza	14	EXP	FSH	20/10/2023 NTS Level 3+ October Age Group 2023
71	3:24.81	L	P	Huei-Ing Chen	14	DORE	JHB	30/11/2023 CGA Championships 2023
72	3:24.86	L	F	Kayla Koen	14	TUKS	FSH	01/12/2023 2023 The Tshwane Mayor's Gala
73	3:25.21	L	F	Abbigail Kulynych	14	BAS	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
74	3:25.38	L	F	Isla Minderon	14	PEAS	NMA	11/11/2023 5th A League Gala 2023
75	3:25.55	L	F	Margo Louw	14	QSAW	CED	18/11/2023 CTA QUALIFYING MEET 2
76	3:25.72	L	F	Hazel Hutchison	14	FAAC		15/09/2023 Bull Sharks Annual Gala
77	3:26.01	L S	F	Caitlin Rossiter	14	HREF	BP	06/12/2023 NWS Championships 2023/24
78	3:26.20	L	F	Keira Martins	14	H2O	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
79	3:26.51	L	F	Jani Visagie	14	SWAR	WCD	10/02/2024 WCA-B Champs - 2024
80	3:26.53	L	F	Aaishah Hartley	14	MARL	CPT	24/06/2023 PEA Winter Gala 2023
81	3:26.74	L	F	Marlo Lensing	14	UPSK	ZMD	03/02/2024 NCASA SPRINTS 2024
82	3:26.76	L	F	Simone Van Wyk	14	SEAL	UMD	24/11/2023 Westville-Seals LC Championships
83	3:27.15	L	F	Sahana Dayaram	14	DORE	JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
84	3:27.34	L	F	Mariné Pretorius	14	UPSK	ZMD	21/03/2024 SA Level 3 Regional Age Group
85	3:28.01	L	F	Emily Hattingh	14	USC	BUF	24/11/2023 BCA Long Course Championships 2023
86	3:28.66	L	F	Mikaela Johst	14	ELEC	FSH	24/03/2024 SA Level 2 Regional Age Group Champs
87	3:29.03	L	P	Sulize Henning	14	MP	EZD	19/04/2024 SA Schools Swimming Championship
88	3:29.17	L	F	Daniella Myburg	14	BLSS	MAN	27/10/2023 Neptune Prestige Gala
89	3:29.55	L	F	Talita Wessels	14	UNI	EZD	01/12/2023 Mpumalanga Championships 2023
90	3:30.72	L	F	McKenzie Jones	14	ESTR	EKU	24/03/2024 SA Level 2 Regional Age Group Champs
91	3:31.17	L	F	Sienna Airey	14	VINE	CPT	24/11/2023 CTA A & B CHAMPS 2023
92	3:32.49	L	F	Alexa Cave	14	MDOL	JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
93	3:32.92	L	F	Tamlyn Kew	14	CSC	FSH	24/03/2024 SA Level 2 Regional Age Group Champs

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
94	3:33.67	L S	F	Liane' de Wet	14	BULS MAN	06/12/2023	Free State Champs 2023
95	3:33.92	L	F	Abigail Wilcocks	14	PAC FSH	17/11/2023	NTS Level 3+ November Age Group
96	3:34.54	L	F	Nasheetah Jephtha	14	MANT CPT	10/02/2024	WCA-B Champs - 2024
97	3:34.69	L	F	Lili Annandale	14	BULS MAN	11/11/2023	Bull Sharks Gala
98	3:34.84	L	F	Emmah Myburgh	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
99	3:35.18	L	P	Indigo Woodburn	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
100	3:35.91	L	F	Annemie De Villiers	14	PRKA PSD	26/03/2024	SA Level 2 Regional Age Group Champs
101	3:35.99	L	F	Lana Pretorius	14	LALE CED	03/02/2024	Winelands SL final
102	3:37.64	L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
103	3:37.85	L	F	Kyra Home	14	MDOL JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
104	3:37.94	L S	F	Emma-Lee Theron	14	BLSS MAN	06/12/2023	Free State Champs 2023
105	3:38.11	L	F	Ilde Pijl	14	LALE CED	03/02/2024	Winelands SL final
106	3:38.69	L	F	Megan Jansen	14	ELEC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
107	3:39.26	L S	F	Zoé Steyn	14	HREF BP	06/12/2023	NWS Championships 2023/24
108	3:40.24	L	F	Keira Ellerbeck	14	H2O EKU	26/01/2024	EGA Last Chance 2024
109	3:40.86	L S	F	Rozel Scholtz	14	STELL RMD	06/12/2023	NWS Championships 2023/24
110	3:40.97	L	F	Helena Rooken-Smith	14	LALE CED	10/02/2024	WCA-B Champs - 2024
111	3:41.40	L S	F	Mia Koen	14	BULS MAN	06/12/2023	Free State Champs 2023
112	3:42.46	L	F	Melinda Dippenaar	14	BS LLD	27/10/2023	Neptune Prestige Gala
113	3:42.55	L	F	Buhlebemvelo Mdluli	14	WSTV ETH	05/04/2024	SA Level 2 Regional Age Group Champs
114	3:42.56	L	F	Paige Van Niekerk	14	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
115	3:42.70	L	F	Kayden Mauer	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
116	3:43.70	L	F	Nicole Senekal	14	TKS WBD	01/12/2023	Limpopo Champs
117	3:44.43	L	F	Rebekah Van Coller	14	FISH EDD	20/01/2024	EDEN 4th A-League Gala 2024
118	3:44.83	L	F	Lika Vd Merwe	14	TUKS FSH	02/02/2024	NTS Level 1+2 February Age Group
119	3:45.92	L	F	Kerrigan Hayes	14	CASC CPT	24/06/2023	PEA Winter Gala 2023
120	3:46.18	L	F	Zea Zondagh	14	WAGH BP	23/02/2024	NW School Championships 2024
121	3:47.02	L	F	Lauren Naidoo	14	ACSA ETH	05/04/2024	SA Level 2 Regional Age Group Champs
122	3:47.89	L	F	Elandri Du Randt	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
123	3:48.18	L	F	Delise Malenza	14	CASC CPT	17/02/2024	Swartland Invitational Gala 2024
124	3:48.69	L	F	Imke Botha	14	RHS BP	23/02/2024	NW School Championships 2024
125	3:49.67	L	F	Kiara Storm	14	STSC KCD	03/02/2024	KCDA February Age Group 2024
126	3:50.03	L	F	Tuhina Asharam	14	KZNA ETH	27/01/2024	Ushaka Champs 2024
127	3:50.29	L	F	Leandri Grobler	14	VHD ZLD	24/11/2023	Westville-Seals LC Championships
128	3:51.67	L	F	Hannah Du Toit	14	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
129	3:52.00	L	F	Nina Wessels	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
130	3:52.19	L	F	Tatum Topliss	14	MAKO EKU	15/09/2023	EGA Summer 1
131	3:52.96	L S	F	Miane Kasselman	14	RBOT BPD	06/12/2023	NWS Championships 2023/24
132	3:53.49	L	F	Alexandra Sheppard	14	STAR BPD	21/10/2023	NWS Age Group 1 & 2 2023
133	3:55.96	L	F	Nina Cloete	14	FISH EDD	18/11/2023	Eden LC Champs 2023
134	3:58.54	L	F	Ndalwentle Nobangule	14	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
135	3:58.69	L	F	Diëm Peens	14	CUHE OBD	17/02/2024	Swartland Invitational Gala 2024
136	3:59.21	L	F	Leanette Fourie	14	HSB BP	23/02/2024	NW School Championships 2024
137	4:00.48	L	P	Atlegang Mogotsi	14	ESTR EKU	07/12/2023	EGA Summer Championships
138	4:00.62	L	F	Sadie Kata	14	SWIFT EKU	15/09/2023	EGA Summer 1
139	4:01.46	L	F	Callen Campbell	14	WEST CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
140	4:04.73	L	F	Mia-Ann Van der Westhuizen	14	AGAQ OBD	11/11/2023	Swartland Prestige Gala 2023
141	4:05.08	L S	F	Ilne Bruwer	14	BLSS MAN	06/12/2023	Free State Champs 2023
142	4:05.59	L S	F	Tamsyn Thomson	14	BULS MAN	06/12/2023	Free State Champs 2023
143	4:05.99	L	F	Samara Prinsloo	14	STSC KCD	27/01/2024	Ushaka Champs 2024
144	4:07.68	L	F	Carli Murray	14	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
145	4:08.53	L	F	Kianna Walters	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
146	4:08.96	L	F	Emilia de Freitas	14	MAKO EKU	11/11/2023	EGA Summer 3
147	4:09.19	L	F	Jacqueline Pieterse	14	FSE KCD	18/11/2023	KCDA November Age Group Gala 2023
148	4:12.18	L	F	Anieke Prinsloo	14	BETH FDD	18/11/2023	Valsrivier Gala
149	4:12.24	L	F	Lilli-Hanna Black	14	HTSA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
150	4:15.40	L	F	Humairah Safi	14	ISSA NM	23/02/2024	NW School Championships 2024
151	4:26.92	L	F	Johanika Groenewald	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
152	4:27.74	L	F	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
153	4:28.73 L	F	Zephani Adams	14	WEST CPT	05/10/2023	42nd Freda Barnard Invitational Gala
154	4:30.64 L S	F	Lutendo Mphelo	14	BETH FDD	06/12/2023	Free State Champs 2023
155	4:36.41 L	F	Mia Okkers	14	HURA CPT	11/11/2023	Swartland Prestige Gala 2023
156	4:49.26 L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
157	4:50.59 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	15/09/2023	Bull Sharks Annual Gala
<b>Women 14-1450 Fly</b>							
1	27.96 L	F	Abigail Kotze	14	TYGE CPT	15/03/2024	SA National Junior Age Group
2	29.34 L	P	Giuliana Vyncke	14	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
3	29.50 L	F	Bailey Lambert	14	SEAL UMD	15/03/2024	SA National Junior Age Group
4	30.15 L	F	Christina Orchard	14	VINE CPT	15/03/2024	SA National Junior Age Group
5	31.00 L	F	Sienna Gous	14	INFA NMA	09/02/2024	Infinity Gala 2024
6	31.04 L	P	Milla Hulse	14	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
7	31.26 L S	F	Shi Han Huang	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
8	31.33 L	P	Riziki Magotsi	14	VINE CPT	15/03/2024	SA National Junior Age Group
9	31.34 L	P	Payton Aitken	14	WSTV ETH	15/03/2024	SA National Junior Age Group
10	31.36 L S	F	Lyla vd Spuy	14	TUKS TSH	12/12/2023	NTS Championships 2023
11	31.73 L	P	Madison Higgs	14	INFA NMA	15/03/2024	SA National Junior Age Group
12	31.74 L	P	Eva Neumann	14	GSA CPT	24/06/2023	PEA Winter Gala 2023
13	31.76 L	P	Leila Springer	14	SASE JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
14	31.82 L	P	Emma Pinheiro	14	GAU JHB	19/04/2024	SA Schools Swimming Championship
15*	31.87 L	F	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorp SSA
15*	31.87 L	F	Kacey Hughes	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship
17	31.91 L	F	Amara Okoye	14	PAC TSH	20/03/2024	SA Level 3 Regional Age Group
18	32.08 L	F	Sophia Trout	14	VINE CPT	11/11/2023	Winelands SL4
19	32.20 L	P	Sylvie de Bruyn	14	BULS MAN	19/04/2024	SA Schools Swimming Championship
20	32.27 L	F	Blake Morris	14	LINR JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
21	32.36 L	P	Carla Dannhauser	14	LP CCD	19/04/2024	SA Schools Swimming Championship
22	32.37 L S	F	Evelyn Malan	14	TUKS TSH	12/12/2023	NTS Championships 2023
23	32.43 L	F	Caileigh De Beer	14	BLSS MAN	06/12/2023	Free State Champs 2023
24	32.44 L	F	Danielle Grobler	14	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
25	32.48 L	F	Sharni-Marie Watson	14	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
26	32.49 L	F	Shalem Mashingaidze	14	GAU JHB	19/04/2024	SA Schools Swimming Championship
27	32.51 L	P	Jamie-Lee Graham	14	AA JHB	15/03/2024	SA National Junior Age Group
28	32.58 L	P	Gemma Walters	14	DORE JHB	15/03/2024	SA National Junior Age Group
29	32.68 L	P	Lilianne Hebler	14	WCA CPT	19/04/2024	SA Schools Swimming Championship
30	32.69 L	P	Tessa Battheu	14	TUKS TSH	15/03/2024	SA National Junior Age Group
31	32.76 L	P	Kerrigan Hayes	14	CASC CPT	15/03/2024	SA National Junior Age Group
32*	32.85 L	F	Tatum Dace	14	PEAS NMA	12/08/2023	Madibaz Swim Meet 2023
32*	32.85 L	P	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
34	32.96 L	F	Eva Dal Cin	14	ELEC TSH	09/11/2023	Mauritius Summer Championships (LC)
35	33.05 L	F	Alexis Muller	14	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
36*	33.06 L	F	Indigo Woodburn	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
36*	33.06 L	F	Anja Buitendach	14	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
38	33.12 L	F	Maria Barreiros	14	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
39	33.13 L	F	Elizabeth Viljoen	14	HREF BP	20/03/2024	SA Level 3 Regional Age Group
40	33.24 L	F	Emma Nolan	14	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
41	33.28 L	F	Hannah De Necker	14	FISH EDD	18/11/2023	Eden LC Champs 2023
42	33.29 L	P	Caitlin Rossiter	14	HREF BP	15/03/2024	SA National Junior Age Group
43	33.30 L	F	Ane Snyders	14	BLSS MAN	13/10/2023	Pelicans Gala
44	33.34 L	F	Cara Rossouw	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
45	33.37 L	P	MacKenzie Bone	14	ELEC TSH	15/03/2024	SA National Junior Age Group
46*	33.41 L	P	Jenna Morris	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
46*	33.41 L	P	Aryana Cloete-Hopkins	14	SSISA CPT	15/03/2024	SA National Junior Age Group
48	33.43 L	F	Kaylin Fabricius	14	BARR CPT	21/03/2024	SA Level 3 Regional Age Group
49	33.45 L	F	Paige Meeser	14	CA EKU	28/10/2023	EGA Summer 2 2023
50	33.59 L	P	Mikayla Hinkley	14	PER JHB	30/11/2023	CGA Championships 2023
51*	33.85 L	P	Jade Van Vuuren	14	WATR JHB	30/11/2023	CGA Championships 2023
51*	33.85 L	F	Ona-Mari Van Niekerk	14	KNYA EDD	10/02/2024	WCA-B Champs - 2024
51*	33.85 L	F	Stephanie Dannhauser	14	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
54	33.89 L	F	Payton Groger	14	LEGC ETH	24/11/2023	Westville-Seals LC Championships
55	33.90 L	P	Cara Visser	14	CYBE CPT	15/03/2024	SA National Junior Age Group
56	33.94 L	P	Tchisank Banza	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
57	33.95 L S	F	Ava Strong	14	PEAS NMA	05/10/2023	42nd Freda Barnard Invitational Gala
58	33.96 L	F	Anja Volschenk	14	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
59	34.06 L	F	Sadie Bothma	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
60	34.07 L	P	Isabella Bruyns	14	MDOL JHB	30/11/2023	CGA Championships 2023
61	34.16 L	F	Keona Landman	14	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
62*	34.20 L	P	Mikje Bocking	14	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
62*	34.20 L	F	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
64	34.27 L	F	Hannah Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
65	34.29 L	F	Amy Hartung	14	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
66	34.34 L	F	Gabi McQuinn	14	ELEC FSH	12/01/2024	2024 Grand Prix Invitation Swimming
67	34.35 L	F	Lili Annandale	14	BULS MAN	16/02/2024	Neptunes Last chance Gala
68	34.40 L	P	Addison Doolan	14	AA JHB	20/03/2024	SA Level 3 Regional Age Group
69	34.45 L	F	Leandri Grobler	14	VHD ZLD	24/11/2023	Westville-Seals LC Championships
70	34.54 L S	P	Jessica Stedall	14	WWOL FSH	12/12/2023	NTS Championships 2023
71	34.59 L	P	Odette Upton	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
72	34.60 L	F	Mi-Ly Vd Merwe	14	LALE CED	11/11/2023	Winelands SL4
73*	34.62 L	P	Kayla Kleynhans	14	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
73*	34.62 L	P	Sadie Roberts	14	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
75	34.65 L	P	Roslyn Ramoholi	14	LEGC ETH	05/04/2024	SA Level 2 Regional Age Group Champs
76*	34.73 L	F	Mia Groenewald	14	KTS	14/10/2023	FLAMINGO GALA 14 - 15 OCTOBER
76*	34.73 L	P	Sam Juries	14	CLSC WCD	15/03/2024	SA National Junior Age Group
78	34.77 L	F	Marne' Van Rensburg	14	BLSS MAN	06/12/2023	Free State Champs 2023
79	34.81 L	P	Amy Walton	14	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
80	34.85 L	P	Milan Ferreira	14	LP CCD	19/04/2024	SA Schools Swimming Championship
81	34.86 L	F	Rozaan Korff	14	ACAQ CCD	01/12/2023	Limpopo Champs
82	34.88 L	F	Abigail Wilcocks	14	PAC FSH	20/10/2023	NTS Level 3+ October Age Group 2023
83*	34.92 L S	F	Klara Weber	14	PLAY CED	05/10/2023	42nd Freda Barnard Invitational Gala
83*	34.92 L	P	Gabriella Boerstra	14	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
85	34.98 L	P	Mikayla Frösler	14	BEST NMA	09/02/2024	Infinity Gala 2024
86*	35.05 L	F	Aliyah De Oliveira	14	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
86*	35.05 L	F	Sydni Adams	14	VINE CPT	21/03/2024	SA Level 3 Regional Age Group
88	35.06 L	F	Inneke Liebenberg	14	POTC KKD	06/12/2023	NWS Championships 2023/24
89*	35.09 L	F	Ava Newton	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
89*	35.09 L	F	Kyrah Mack	14	PEAS NMA	15/12/2023	NMBA Championships 2023
91	35.12 L S	F	Madison Coleman	14	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
92*	35.14 L	P	Marike Raimond	14	TYGE CPT	15/03/2024	SA National Junior Age Group
92*	35.14 L	P	Almi Geysler	14	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
92*	35.14 L	P	Sulize Henning	14	MP EZD	19/04/2024	SA Schools Swimming Championship
95	35.21 L	F	Madison Smith	14	CA EKU	07/12/2023	EGA Summer Championships
96	35.27 L	P	Tara Saint	14	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
97	35.29 L	F	Anieke Prinsloo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
98	35.47 L	P	Ella-Mae Henning	14	VRC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
99	35.53 L	F	Ariel De Bruyn	14	CSA EZD	01/12/2023	Mpumalanga Championships 2023
100	35.55 L	F	Emme Wentzel	14	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
101	35.59 L	F	Isla Minderon	14	PEAS NMA	15/12/2023	NMBA Championships 2023
102	35.60 L	P	Caitlin Camacho	14	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
103	35.73 L	F	Kylie De Bruyn	14	TUKS FSH	22/09/2023	NTS Level 3+ September Age Group
104	35.76 L	F	Sulize Kruger	14	AA JHB	24/03/2024	SA Level 2 Regional Age Group Champs
105	35.78 L	F	Abigail Suckling	14	FSE KCD	05/04/2024	SA Level 2 Regional Age Group Champs
106	35.87 L	F	Jesse Kirsten	14	BLOT MAN	06/12/2023	Free State Champs 2023
107	35.94 L	P	Juanè Burger	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
108	36.01 L	F	Taylor Kassebaum	14	AA JHB	12/01/2024	2024 Grand Prix Invitation Swimming
109	36.02 L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023	CGA Championships 2023
110	36.03 L	F	Emma Hagglund	14	SSISA CPT	18/11/2023	CTA QUALIFYING MEET 2
111	36.04 L	F	Xanri Muller	14	GHSK	03/02/2024	NCASA SPRINTS 2024
112	36.11 L	F	Katya O'Brien	14	BON EKU	12/01/2024	2024 Grand Prix Invitation Swimming

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
113	36.30	L	F	Mia-Isabelle Mans	14	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
114	36.33	L	P	Annabell Sirrals	14	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
115	36.41	L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
116	36.45	L	P	Cailyn Clowes	14	PSCP UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
117	36.47	L	F	Talitha Schuch	14	LEGC ETH	21/03/2024	SA Level 3 Regional Age Group
118	36.48	L	P	Shannon Hugo	14	KZNA ETH	19/04/2024	SA Schools Swimming Championship
119	36.57	L	F	Miane Kasselmann	14	RBOT BPD	06/12/2023	NWS Championships 2023/24
120	36.66	L	F	Mia Vorster	14	SWAR WCD	11/11/2023	Swartland Prestige Gala 2023
121	36.68	L	F	Abbigail Kulynych	14	BAS EKU	07/12/2023	EGA Summer Championships
122	36.71	L	F	Megan Jansen	14	UNI EZD	24/03/2024	SA Level 2 Regional Age Group Champs
123*	36.79	L	F	Nicola Carver	14	ELEC FSH	22/09/2023	NTS Level 3+ September Age Group
123*	36.79	L	F	Sinead De Wet	14	CRSC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
125	36.84	L	F	Talita Wessels	14	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
126	36.85	L	F	Oratile Matli	14	ESTR EKU	24/03/2024	SA Level 2 Regional Age Group Champs
127	36.96	L	F	Keira Martins	14	H2O EKU	24/03/2024	SA Level 2 Regional Age Group Champs
128	36.98	L	F	Tatum Topliss	14	CA EKU	26/01/2024	EGA Last Chance 2024
129	37.02	L	F	Marlo Lensing	14	UPSK ZMD	03/02/2024	NCASA SPRINTS 2024
130	37.03	L	F	Lara Eckersley	14	CRSC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
131	37.07	L	F	Liane' de Wet	14	BULS MAN	13/10/2023	Pelicans Gala
132	37.08	L	F	Hazel Hutchison	14	FAAC	10/02/2024	AGE GROUP 6 KBY - 2024
133	37.18	L	P	Keira Bester	14	DORE JHB	20/03/2024	SA Level 3 Regional Age Group
134	37.19	L	F	Sophia Wener	14	VINE CPT	10/02/2024	WCA-B Champs - 2024
135	37.20	L	F	Amy McWilliam	14	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
136	37.28	L	P	Carle Hager	14	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
137	37.29	L	P	Hannah Struwig	14	AQUA BUF	05/04/2024	SA Level 2 Regional Age Group Champs
138*	37.31	L	F	Mila Volschenk	14	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
138*	37.31	L	F	Lara Janse van Rensburg	14	NSAD EZD	13/10/2023	MP AGE GROUP 2
140	37.36	L	F	Scarlett Friis	14	PEAS NMA	01/10/2023	Curro AquaElite Gala
141	37.39	L	F	Mila De Souza	14	EXP FSH	26/01/2024	NTS Level 3+ January Age Group 2024
142	37.47	L	F	Chanel Van Tonder	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships
143	37.48	L	F	Georgia Wichmann	14	MGSC UGD	24/11/2023	Westville-Seals LC Championships
144	37.49	L	P	Sahana Dayaram	14	DORE JHB	30/11/2023	CGA Championships 2023
145	37.52	L	P	Micke Prinsloo	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
146	37.54	L	P	Lethabo Masemola	14	WATR JHB	30/11/2023	CGA Championships 2023
147	37.60	L	F	Bianca Potgieter	14	PAC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
148	37.74	L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023
149	37.79	L	F	Tylah Johannes	14	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
150	37.92	L	F	Tamsyn Thomson	14	BULS MAN	16/02/2024	Neptunes Last chance Gala
151	38.23	L	F	Emily Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
152	38.27	L	P	Jessica Davies	14	VIKI BUF	21/03/2024	SA Level 3 Regional Age Group
153	38.32	L	F	Melina Alexandrou	14	SWIFT EKU	28/10/2023	EGA Summer 2 2023
154	38.34	L	F	Elandri Du Randt	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
155	38.40	L	F	Macayle Eisen	14	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
156	38.45	L	F	Rozel Scholtz	14	STELL RMD	26/03/2024	SA Level 2 Regional Age Group Champs
157	38.53	L	F	Diane Munro	14	BLSS MAN	06/12/2023	Free State Champs 2023
158	38.54	L	F	Cecilia Breedt	14	DORE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
159	38.57	L	P	Emma-Lee Theron	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
160	38.61	L	F	Shayla WHYTE	14	MDOL JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
161	38.72	L	F	Ella Jv Rensburg	14	SS MPD	21/10/2023	Limpopo Age Group 4
162	38.73	L	F	Julia Booth	14	SOUL EKU	28/10/2023	EGA Summer 2 2023
163	38.84	L	P	Megan Mayhew	14	WATR JHB	30/11/2023	CGA Championships 2023
164	38.94	L	F	Erin Olivier	14	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
165	39.00	L	F	Simone Van Wyk	14	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
166	39.26	L	F	Kapitolina Xaba	14	SASE JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
167	39.31	L	F	Gabriela Dimitrova	14	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
168*	39.46	L	F	Inge Vd Walt	14	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
168*	39.46	L	F	Simone' Pretorius	14	BETH FDD	06/12/2023	Free State Champs 2023
170	39.50	L	F	Zephani Adams	14	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
171	39.82	L	F	Rachel Henley	14	ESTR EKU	26/01/2024	EGA Last Chance 2024



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
172	40.00	L	F	Tatum Grant	14	SOUL EKU	24/11/2023 EGA Summer 4
173	40.17	L	F	Kayden Mauer	14	USC BUF	15/12/2023 NMBA Championships 2023
174	40.29	L	P	Takiyah Maclou	14	AA JHB	30/11/2023 CGA Championships 2023
175	40.36	L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023 BCA Long Course Championships 2023
176	40.58	L	F	Lika Vd Merwe	14	TUKS TSH	01/12/2023 2023 The Tshwane Mayor's Gala
177	40.70	L	F	Megan Horn	14	DOLFI MPD	21/10/2023 Limpopo Age Group 4
178	40.79	L	F	Cayla Boardman	14	CA EKU	24/11/2023 EGA Summer 4
179	40.80	L	F	Tamlyn Kew	14	CSC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
180	40.81	L	F	Daizeli Bosman	14	PLAY CED	18/11/2023 CTA QUALIFYING MEET 2
181	40.89	L	F	Kayla Koen	14	TUKS TSH	03/11/2023 NTS Level 1+2 November Age Group
182	40.97	L	P	Melinda Dippenaar	14	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
183	41.16	L	F	Tylin Taljard	14	HFDT MP	27/01/2024 Limpopo School Champs
184	41.22	L	F	Emma Brooks	14	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
185	41.28	L	F	Mia Koen	14	BULS MAN	11/11/2023 Bull Sharks Gala
186*	41.31	L	F	Annemie De Villiers	14	PRKA PSD	03/02/2024 NCASA SPRINTS 2024
186*	41.31	L	F	Kirsten Myers	14	SSISA CPT	17/02/2024 Swartland Invitational Gala 2024
188	41.37	L	F	Leah Davel	14	ACAQ CCD	01/12/2023 Limpopo Champs
189	41.44	L S	F	Rebekah Van Coller	14	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
190	41.53	L	F	Helena Rookoen-Smith	14	LALE CED	03/02/2024 Winelands SL final
191	41.62	L	F	Daniella Myburg	14	BLSS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
192	41.66	L	F	Kiara Storm	14	STSC KCD	02/12/2023 Stingrays Swim Champs 2023
193	41.80	L	F	Isabelle Welgemoed	14	VALS FDD	06/12/2023 Free State Champs 2023
194	41.84	L	F	Jolane Holtzhausen	14	CRSC JHB	02/03/2024 AG Level 1 Regional Age Group
195	41.86	L	F	Chloe Coetsee	14	WRP EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
196	41.88	L	F	Jessie Ludick	14	CASC CPT	10/02/2024 WCA-B Champs - 2024
197	42.01	L	F	Leila Van Zyl	14	QUIC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
198	42.08	L	F	Nasheetah Jephta	14	MANT CPT	10/02/2024 WCA-B Champs - 2024
199	42.13	L	F	Callen Campbell	14	WEST CPT	17/02/2024 Swartland Invitational Gala 2024
200	42.25	L	F	Nina Wessels	14	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
201	42.33	L	F	Hannah Du Toit	14	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
202	42.68	L	P	Kyra Home	14	MDOL JHB	30/11/2023 CGA Championships 2023
203	42.90	L	F	Kaylee Glutz	14	SEALI ILD	24/11/2023 Westville-Seals LC Championships
204	43.15	L	P	Ameera Motala	14	ATLA JHB	30/11/2023 CGA Championships 2023
205	43.24	L	F	Alexa Cave	14	MDOL JHB	12/01/2024 2024 Grand Prix Invitation Swimming
206	43.31	L	F	Jani Visagie	14	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
207	43.40	L	F	Emmah Myburgh	14	UPSK ZMD	13/01/2024 AGE GROUP 4 UPT 2024
208	43.72	L	F	Kawanelo Linake	14	TRAZ TSH	01/12/2023 2023 The Tshwane Mayor's Gala
209	43.77	L	F	Ella Lombard	14	AA JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
210	43.86	L	F	Taylor Hulley	14	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
211	43.94	L	P	Aimee Grobler	14	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
212	44.00	L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024 NW School Championships 2024
213	44.31	L	F	Keone Molapo	14	RFA TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
214	44.35	L	F	Mikaela Johst	14	ELEC TSH	03/11/2023 NTS Level 1+2 November Age Group
215	44.36	L	F	Leanette Fourie	14	HSB BP	23/02/2024 NW School Championships 2024
216	44.41	L	F	Delise Malenza	14	CASC CPT	17/02/2024 Swartland Invitational Gala 2024
217	44.43	L	P	Kianna Walters	14	BLSS MAN	24/06/2023 PEA Winter Gala 2023
218	44.60	L	F	Bohlale Khahledi	14	BARR CPT	24/11/2023 CTA A & B CHAMPS 2023
219	44.74	L	F	Gabriella Baillie	14	ROA EDD	04/11/2023 EDEN 3rd A-League School Trials Gala
220	45.00	L	F	Kay-Lee Mouton	14	SWAR WCD	10/02/2024 WCA-B Champs - 2024
221	45.06	L	F	Skyla Reddy	14	SWIFT EKU	26/01/2024 EGA Last Chance 2024
222	45.12	L S	F	Gabrielle Edwards	14	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
223	45.13	L	F	Emilia de Freitas	14	MAKO EKU	28/10/2023 EGA Summer 2 2023
224	45.14	L	F	Mariné Pretorius	14	UPSK ZMD	03/02/2024 NCASA SPRINTS 2024
225	45.15	L S	F	Mia Okkers	14	HURA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
226	45.23	L	P	Mieke Griffiths	14	MSC NGD	01/12/2023 Mpumalanga Championships 2023
227	45.59	L	F	Khanya Khalala	14	FLOD JHB	02/03/2024 AG Level 1 Regional Age Group
228	45.62	L	F	Nicole Senekal	14	TKS WBD	01/12/2023 Limpopo Champs
229	45.63	L	F	Sarona Boiteto	14	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
230	45.64	L	F	Alexandra Sheppard	14	STAR BPD	11/11/2023 NWS Age Group 3 + 4

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
231	45.71 L	F	Hannaan Mia	14	MANT CPT	24/11/2023	CTA A & B CHAMPS 2023
232	45.80 L	F	Sadie Kata	14	SWIFT ECU	02/03/2024	AG Level 1 Regional Age Group
233	46.02 L S	F	Leigh Chung Kim Yuen	14	MANT CPT	05/10/2023	42nd Freda Barnard Invitational Gala
234	46.31 L	P	Isabelle Botha	14	PGAC ECU	07/12/2023	EGA Summer Championships
235	46.37 L	F	Taylin Van Wyk	14	PENC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
236	46.66 L	F	Benedicta Atta-Asamoah	14	WWOL TSH	01/12/2023	2023 The Tshwane Mayor's Gala
237	46.72 L	F	Elizma Du Plooy	14	SS MPD	01/12/2023	Limpopo Champs
238	47.02 L	F	Tuhina Asharam	14	KZNA ETH	27/01/2024	Ushaka Champs 2024
239*	47.24 L	F	Sharobel Paulse	14	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
239*	47.24 L	F	Chloe Venter	14	BERG BP	23/02/2024	NW School Championships 2024
241	47.59 L	F	Alexah Furman	14	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
242	48.26 L	F	Sandisiwe Mkhathswa	14	MAKO ECU	26/01/2024	EGA Last Chance 2024
243	48.33 L	F	Lilli-Hanna Black	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
244	48.35 L	F	Sophia Kriel	14	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
245	48.63 L	F	Ilne Bruwer	14	BLSS MAN	13/10/2023	Pelicans Gala
246	48.93 L	F	Melandri Vermaak	14	TINC TSH	03/11/2023	NTS Level 1+2 November Age Group
247	49.21 L	F	Lyla Shekel	14	CYBE CPT	24/11/2023	CTA A & B CHAMPS 2023
248	49.41 L	F	Atlegang Mogotsi	14	ESTR ECU	02/03/2024	AG Level 1 Regional Age Group
249	50.33 L	F	Resego Chalashika	14	LEBII BP	23/02/2024	NW School Championships 2024
250	50.62 L	F	Cornelia Van Zyl	14	LALE CED	11/11/2023	Winelands SL4
251	51.31 L	F	Ilze Olley	14	PHS CCD	27/01/2024	Limpopo School Champs
252	51.50 L	P	Mamello Mabuza	14	ESP ECU	07/12/2023	EGA Summer Championships
253	51.77 L	F	Kayla Esterhuizen	14	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023
254	51.84 L	F	Isabel Landman	14	PGIM KK	23/02/2024	NW School Championships 2024
255	51.90 L	F	Caroline Retief	14	HTSA CPT	24/11/2023	CTA A & B CHAMPS 2023
256	52.16 L	F	Surene Kleingeld	14	CRSC JHB	02/03/2024	AG Level 1 Regional Age Group
257	52.38 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
258	53.20 L	F	Shauna Hoole	14	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
259	53.22 L	F	Mia Pienaar	14	BULS MAN	06/12/2023	Free State Champs 2023
260	53.85 L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
261	54.26 L	F	Hayley Belinfante	14	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
262	55.16 L S	F	Hannah Myburgh	14	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
263	55.17 L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023	Limpopo Champs
264	55.26 L	F	Lutendo Mphelo	14	BETH FDD	02/03/2024	FSA Level 1 2024
265	56.34 L	F	Aasiyah Khan	14	ATLA JHB	02/03/2024	AG Level 1 Regional Age Group
266	58.32 L	F	Jacqueline Pieterse	14	FSE KCD	28/10/2023	KCDA October Age Group Gala 2023
267	59.15 L	F	Jessica Bennett	14	SAAW CPT	17/02/2024	Swartland Invitational Gala 2024
268	59.21 L	P	Johanika Groenewald	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
269	1:02.31 L	F	Hlelo Cele	14	FRA KCD	21/10/2023	Froggies Championships 2023
270	1:04.19 L	P	Aobakwe Molokoane	14	TLAC BPD	06/12/2023	NWS Championships 2023/24
271	1:06.55 L	F	Thlalefo Mokgosi	14	USHAK ECU	02/03/2024	AG Level 1 Regional Age Group
272	1:21.71 L	F	Bokang Seheri	14	USHAK ECU	02/03/2024	AG Level 1 Regional Age Group
273	1:29.32 L	F	Najouan Haouali	14	BLNE MAN	27/01/2024	Pelicans Gala 2024
<b>Women 14-14100 Fly</b>							
1	1:01.78 L S	F	Abigail Kotze	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
2	1:05.60 L S	F	Giuliana Vyncke	14	DRGN ECU	15/03/2024	SA National Junior Age Group
3	1:08.22 L S	F	Madison Higgs	14	INFA NMA	15/03/2024	SA National Junior Age Group
4	1:08.30 L	F	Sienna Gous	14	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
5	1:08.98 L S	F	Lyla vd Spuy	14	TUKS TSH	15/03/2024	SA National Junior Age Group
6	1:09.54 L	F	Bailey Lambert	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships
7	1:10.34 L	F	Riziki Magotsi	14	WCA CPT	19/04/2024	SA Schools Swimming Championship
8	1:10.90 L S	F	Kacey Hughes	14	STSC KCD	15/03/2024	SA National Junior Age Group
9	1:11.65 L S	P	Anja Buitendach	14	UNI EZD	15/03/2024	SA National Junior Age Group
10	1:11.66 L S	P	Emma Pinheiro	14	SMTC JHB	15/03/2024	SA National Junior Age Group
11	1:11.78 L	F	Jamie-Lee Graham	14	AA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
12	1:12.11 L	F	Lize-Marie Kruger	14	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
13	1:12.39 L	F	Tatum Dace	14	PEAS NMA	24/06/2023	PEA Winter Gala 2023
14	1:13.49 L	F	Blake Morris	14	LINR JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
15	1:13.55 L	P	Eva Dal Cin	14	ELEC TSH	24/05/2023	Winter National Championships'23

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
16	1:13.96	L	F	Leah Markgraaff	14	TUKS	FSH	23/02/2024	NTS Prestige AG February 2024
17	1:14.13	L	F	Amara Okoye	14	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
18	1:14.16	L S	P	Amy Hartung	14	ASAC	CPT	15/03/2024	SA National Junior Age Group
19	1:14.21	L	P	Carla Dannhauser	14	TKS	WBD	20/03/2024	SA Level 3 Regional Age Group
20	1:14.68	L	P	Leila Springer	14	SASE	JHB	23/02/2024	2024 Grand Prix 2 Invitational Meet -
21	1:15.07	L S	F	Sylvie de Bruyn	14	BULS	MAN	06/12/2023	Free State Champs 2023
22	1:15.11	L	P	Eva Neumann	14	GSA	CPT	24/06/2023	PEA Winter Gala 2023
23	1:15.58	L	F	Sophia Trout	14	VINE	CPT	11/11/2023	Winelands SL4
24	1:15.91	L	F	Sharni-Marie Watson	14	PAC	FSH	20/03/2024	SA Level 3 Regional Age Group
25	1:16.18	L	F	Ava Strong	14	PEAS	NMA	19/04/2024	SA Schools Swimming Championship
26	1:16.96	L	F	Cara Rossouw	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
27	1:17.86	L	F	Hannah Hattingh	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023
28	1:18.05	L	P	Stephanie Dannhauser	14	TKS	WBD	20/03/2024	SA Level 3 Regional Age Group
29	1:18.07	L	F	Indigo Woodburn	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
30	1:18.14	L	F	Shalem Mashingaidze	14	WATR	JHB	30/11/2023	CGA Championships 2023
31	1:18.37	L	F	Jade Van Vuuren	14	WATR	JHB	30/11/2023	CGA Championships 2023
32	1:18.48	L	F	Danielle Grobler	14	BLOT	MAN	27/01/2024	Pelicans Gala 2024
33	1:18.57	L S	P	Cara Visser	14	CYBE	CPT	14/12/2023	Western Cape LC-A Championship 2023
34	1:18.73	L	F	Juanè Burger	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
35	1:19.26	L	F	Amy Walton	14	AZON	ETH	21/03/2024	SA Level 3 Regional Age Group
36	1:19.62	L	F	Roslyn Ramoholi	14	LEGC	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
37	1:19.75	L	F	Ella-Mae Henning	14	VRC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
38	1:19.92	L	F	Xanri Muller	14	NC	FB	19/04/2024	SA Schools Swimming Championship
39	1:19.98	L	F	Kaylin Fabricius	14	BARR	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
40	1:20.09	L	F	Mikayla Frösler	14	BEST	NMA	26/08/2023	2nd A League Gala 2023
41	1:20.12	L	F	Ava Newton	14	CASC	CPT	18/11/2023	CTA QUALIFYING MEET 2
42	1:20.16	L	P	Mikayla Hinkley	14	PER	JHB	30/11/2023	CGA Championships 2023
43	1:20.89	L	P	Madison Smith	14	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
44	1:21.01	L	F	Sadie Bothma	14	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
45	1:21.19	L	P	Kerrigan Hayes	14	CASC	CPT	24/06/2023	PEA Winter Gala 2023
46	1:21.32	L	F	Aliyah De Oliveira	14	TYGE	CPT	21/03/2024	SA Level 3 Regional Age Group
47	1:21.43	L	P	Mikje Bocking	14	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
48	1:21.66	L	F	Gemma Walters	14	DORE	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
49	1:21.81	L	P	Tara Saint	14	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
50	1:21.83	L	F	Emma Nolan	14	MDOL	JHB	20/03/2024	SA Level 3 Regional Age Group
51	1:21.89	L	F	Lethokuhle Makhubu	14	ACSA	ETH	24/11/2023	Westville-Seals LC Championships
52	1:22.08	L	F	Elizabeth Viljoen	14	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
53	1:22.23	L	F	Mila De Souza	14	EXP	FSH	20/10/2023	NTS Level 3+ October Age Group 2023
54	1:22.28	L	F	Scarlett Friis	14	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
55	1:23.28	L	F	Marne' Van Rensburg	14	BLSS	MAN	21/03/2024	SA Level 3 Regional Age Group
56	1:23.32	L	F	Ona-Mari Van Niekerk	14	KNYA	EDD	21/03/2024	SA Level 3 Regional Age Group
57	1:23.71	L	P	Caitlin Camacho	14	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
58	1:23.92	L	F	Sinead De Wet	14	CRSC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
59	1:23.95	L	F	Emme Wentzel	14	INFA	NMA	21/10/2023	4th A League Gala 2023
60	1:24.11	L	F	Marlo Lensing	14	UPSK	ZMD	25/11/2023	UPT AGE GROUP 2 2023
61	1:24.15	L	F	Cailyn Clowes	14	PSCP	UMD	21/03/2024	SA Level 3 Regional Age Group
62	1:24.27	L	F	Ariel De Bruyn	14	CSA	EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
63	1:24.38	L	F	Rozaan Korff	14	PEPPS	CCD	27/01/2024	Limpopo School Champs
64	1:24.95	L	F	Margo Senekal	14	TYGE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
65	1:25.02	L	F	Alexis Muller	14	AZON	ETH	21/03/2024	SA Level 3 Regional Age Group
66	1:25.04	L	F	Huei-Ing Chen	14	DORE	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
67	1:25.36	L	F	Mia Groenewald	14	KTS		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
68	1:25.90	L	F	Keira Martins	14	H2O	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
69	1:26.39	L	F	Abbigail Kulynych	14	BAS	EKU	07/12/2023	EGA Summer Championships
70*	1:27.03	L	F	Jemma Hendricks	14	LALE	GED	10/02/2024	WCA-B Champs - 2024
70*	1:27.03	L	F	Georgia Wichmann	14	MGSC	UGD	24/11/2023	Westville-Seals LC Championships
72	1:27.49	L	P	Sydni Adams	14	VINE	CPT	21/03/2024	SA Level 3 Regional Age Group
73	1:27.70	L	F	Lili Annandale	14	BULS	MAN	11/11/2023	Bull Sharks Gala
74	1:27.80	L	F	Emily Hattingh	14	USC	BUF	24/11/2023	BCA Long Course Championships 2023

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
75	1:28.58 L	F	Anja Volschenk	14	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
76	1:28.82 L	F	Gabriella Boerstra	14	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
77	1:29.36 L	F	Lara Janse van Rensburg	14	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
78	1:30.09 L	F	Melinda Dippenaar	14	BS LLD	26/03/2024	SA Level 2 Regional Age Group Champs
79	1:30.19 L S	F	Caitlin Rossiter	14	HREF BP	06/12/2023	NWS Championships 2023/24
80	1:30.88 L	F	Kutlo Kesilwe	14	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
81	1:32.28 L	F	Paige Van Niekerk	14	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
82	1:32.34 L	P	Lethabo Masemola	14	WATR JHB	30/11/2023	CGA Championships 2023
83	1:33.23 L	P	Tatum Topliss	14	CA EKU	07/12/2023	EGA Summer Championships
84	1:33.47 L	F	Hazel Hutchison	14	FAAC	11/11/2023	AGE GROUP 1
85	1:33.77 L	F	Macayle Eisen	14	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
86	1:35.62 L	F	Oratile Matli	14	ESTR EKU	11/11/2023	EGA Summer 3
87	1:35.97 L	F	Sofiya Dos-Santos	14	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
88	1:36.00 L	F	Leah Davel	14	ACAQ CCD	01/12/2023	Limpopo Champs
89	1:36.34 L	F	Odette Upton	14	PEPPS CCD	27/01/2024	Limpopo School Champs
90	1:36.36 L	F	Nasheetah Jephta	14	MANT CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
91	1:36.45 L	F	Olethiwe Mqadi	14	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
92	1:37.03 L	F	Kayden Mauer	14	USC BUF	09/02/2024	Infinity Gala 2024
93	1:37.33 L	F	Carli Murray	14	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
94	1:40.52 L	F	Silizwi Giyose	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
95	1:41.02 L	F	Talita Wessels	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
96	1:41.04 L	P	Elandri Du Randt	14	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
97	1:42.25 L	F	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
98	1:43.36 L	F	Erin Olivier	14	ASAC CPT	10/02/2024	WCA-B Champs - 2024
99	1:44.93 L	F	Callen Campbell	14	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
100	1:46.66 L	F	Tuhina Asharam	14	KZNA ETH	16/02/2024	EDA Age Group Gala 6 2024
101	1:46.77 L	F	Ndalwentle Nobangule	14	HARL BUF	27/01/2024	BCA January Age Group Gala 2024
102	1:46.84 L	F	Megan Horn	14	DOLFI MPD	01/12/2023	Limpopo Champs
103	1:48.27 L	F	Emmah Myburgh	14	UPSK ZMD	26/03/2024	SA Level 2 Regional Age Group Champs
104	1:51.63 L	F	Lyla Shekel	14	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
105	1:53.59 L	F	Elizma Du Plooy	14	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
106	2:00.30 L	F	Viwassi Amoussou	14	LINR JHB	02/03/2024	AG Level 1 Regional Age Group
107	2:04.11 L	F	Keziah Campbell	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
108	2:27.70 L	F	Lutendo Mphelo	14	BETH FDD	16/02/2024	Neptunes Last chance Gala
109	2:28.91 L	F	Ilze Olley	14	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
<b>Women 14-14200 Fly</b>							
1	2:20.26 L	F	Abigail Kotze	14	TYGE CPT	15/03/2024	SA National Junior Age Group
2	2:31.98 L	F	Sienna Gous	14	INFA NMA	24/06/2023	PEA Winter Gala 2023
3	2:43.79 L	F	Amy Hartung	14	ASAC CPT	15/03/2024	SA National Junior Age Group
4	2:46.78 L	F	Kacey Hughes	14	STSC KCD	21/10/2023	Froggies Championships 2023
5	2:47.26 L	F	Lize-Marie Kruger	14	BLSS MAN	24/06/2023	PEA Winter Gala 2023
6	2:51.51 L	F	Tatum Dace	14	PEAS NMA	24/06/2023	PEA Winter Gala 2023
7	2:53.13 L	F	Lyla vd Spuy	14	TUKS TSH	12/12/2023	NTS Championships 2023
8	3:00.22 L	F	Xanri Muller	14	NC FB	19/04/2024	SA Schools Swimming Championship
9	3:07.06 L	F	Riziki Magotsi	14	VINE CPT	11/11/2023	Winelands SL4
10	3:10.26 L	F	Rozaan Korff	14	ACAQ CCD	11/11/2023	Limpopo Age Group 5
11	3:19.06 L	F	Marlo Lensing	14	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
12	3:48.11 L	F	Tatum Topliss	14	CA EKU	07/12/2023	EGA Summer Championships
13	3:52.19 L	F	Melinda Dippenaar	14	BS LLD	06/12/2023	Free State Champs 2023
14	4:05.54 L	F	Bohlale Khahledi	14	BARR CPT	05/10/2023	42nd Freda Barnard Invitational Gala
<b>Women 14-14200 IM</b>							
1	2:26.87 L	F	Abigail Kotze	14	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
2	2:28.39 L	F	Bailey Lambert	14	SEAL UMD	15/03/2024	SA National Junior Age Group
3	2:29.16 L	F	Giuliana Vyncke	14	DRGN EKU	15/03/2024	SA National Junior Age Group
4	2:29.29 L	F	Zuria Venter	14	CA EKU	14/12/2023	KZNA 2023 Championships Incorpor SSA
5	2:34.54 L	F	Sienna Gous	14	INFA NMA	05/10/2023	42nd Freda Barnard Invitational Gala
6	2:35.89 L	P	Emma Pinheiro	14	SMTG JHB	15/03/2024	SA National Junior Age Group
7	2:36.35 L S	P	Anja Buitendach	14	MP EZD	08/04/2024	SA National Aquatic Champ 2024-PE

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
8	2:38.04	L	P	Ava Newton	14	CASC CPT	15/03/2024 SA National Junior Age Group
9	2:38.86	L	P	Cailleigh De Beer	14	BLSS MAN	15/03/2024 SA National Junior Age Group
10	2:39.02	L	F	Tchisank Banza	14	UNI EZD	01/12/2023 Mpumalanga Championships 2023
11	2:39.17	L	F	Lize-Marie Kruger	14	PEAS NMA	01/10/2023 Curro AquaElite Gala
12	2:39.36	L	F	Mikayla Frösler	14	BEST NMA	15/12/2023 NMBA Championships 2023
13	2:39.44	L	F	Blake Morris	14	LINR JHB	17/11/2023 NTS Level 3+ November Age Group
14	2:39.82	L	F	Caitlin Rossiter	14	MP EZD	19/04/2024 SA Schools Swimming Championship
15	2:40.61	L	F	Kacey Hughes	14	STSC KCD	14/12/2023 KZNA 2023 Championships Incorp SSA
16	2:40.62	L	P	Ane Snyders	14	BLSS MAN	15/03/2024 SA National Junior Age Group
17*	2:40.73	L	F	Madison Coleman	14	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
17*	2:40.73	L	F	Taylor Kassebaum	14	AA JHB	30/11/2023 CGA Championships 2023
19	2:40.97	L	P	Gemma Walters	14	DORE JHB	15/03/2024 SA National Junior Age Group
20	2:41.07	L	F	Leila Springer	14	SASE JHB	30/11/2023 CGA Championships 2023
21	2:41.46	L	F	Sylvie de Bruyn	14	BULS MAN	15/09/2023 Bull Sharks Annual Gala
22	2:41.61	L	F	Christina Orchard	14	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
23	2:41.64	L	F	Amelie Kleine	14	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
24	2:41.98	L	F	Leah Markgraaff	14	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
25	2:42.33	L	P	Sadie Roberts	14	ASA ILD	15/03/2024 SA National Junior Age Group
26	2:42.49	L	F	Shi Han Huang	14	BLMA CPT	05/10/2023 42nd Freda Barnard Invitational Gala
27	2:43.09	L	P	Cara Visser	14	CYBE CPT	15/03/2024 SA National Junior Age Group
28	2:43.25	L	P	Eva Dal Cin	14	ELEC TSH	24/05/2023 Winter National Championships'23
29	2:43.79	L	F	Margo Senekal	14	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
30	2:44.11	L	F	Tatum Dace	14	NMBA NM	13/01/2024 BCA Inter-District Championship Gala
31	2:44.52	L	F	Payton Aitken	14	WSTV ETH	24/11/2023 Westville-Seals LC Championships
32	2:45.20	L	F	Eva Neumann	14	GSA CPT	24/06/2023 PEA Winter Gala 2023
33	2:45.32	L	P	Stephanie Dannhauser	14	LP CCD	19/04/2024 SA Schools Swimming Championship
34	2:46.04	L	F	Cara Rossouw	14	TYGE CPT	21/03/2024 SA Level 3 Regional Age Group
35	2:46.56	L	F	Mia Groenewald	14	KTS	21/03/2024 SA Level 3 Regional Age Group
36	2:46.59	L	F	Keilah-Naomi Holthuis	14	QSAW CED	21/03/2024 SA Level 3 Regional Age Group
37	2:46.60	L	P	Mikje Bocking	14	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
38	2:47.00	L	F	Scarlett Friis	14	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
39	2:47.21	L S	P	MacKenzie Bone	14	ELEC TSH	12/12/2023 NTS Championships 2023
40	2:47.29	L	P	Sharni-Marie Watson	14	PAC TSH	20/03/2024 SA Level 3 Regional Age Group
41	2:47.31	L	P	Clarise Van Niekerk	14	TUKS TSH	15/03/2024 SA National Junior Age Group
42	2:47.53	L	F	Danielle Grobler	14	BLOT MAN	06/12/2023 Free State Champs 2023
43	2:47.68	L	F	Shannon Hugo	14	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA
44	2:47.88	L	F	Hannah Hattingh	14	USC BUF	24/11/2023 BCA Long Course Championships 2023
45	2:47.97	L	F	Gabriella Boerstra	14	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
46	2:48.42	L	P	Amy Hartung	14	WCA CPT	19/04/2024 SA Schools Swimming Championship
47	2:48.53	L	F	Paige Meeser	14	CA EKU	07/12/2023 EGA Summer Championships
48	2:48.63	L	F	Riziki Magotsi	14	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
49	2:48.75	L	P	Jamie-Lee Graham	14	AA JHB	15/03/2024 SA National Junior Age Group
50	2:49.21	L	P	Sam Juries	14	CLSC WCD	14/12/2023 Western Cape LC-A Championship 2023
51	2:49.70	L	P	Ava Strong	14	PEAS NMA	19/04/2024 SA Schools Swimming Championship
52	2:49.80	L	P	Kayla Kleynhans	14	TUKS TSH	20/03/2024 SA Level 3 Regional Age Group
53	2:50.47	L	P	Isabella Bruyns	14	MDOL JHB	30/11/2023 CGA Championships 2023
54	2:50.78	L	F	Indigo Woodburn	14	MDOL JHB	20/03/2024 SA Level 3 Regional Age Group
55	2:50.81	L	F	Lethabo Masemola	14	WATR JHB	20/03/2024 SA Level 3 Regional Age Group
56	2:51.00	L	F	Izarra Ganas	14	ACSA ETH	21/01/2024 EDA Age Group Gala 5 2024
57	2:51.07	L	P	Almi Geysler	14	LALE CED	21/03/2024 SA Level 3 Regional Age Group
58	2:51.55	L	F	Lara Nel	14	SEALE ETH	21/01/2024 EDA Age Group Gala 5 2024
59*	2:52.08	L	P	Aliyah De Oliveira	14	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
59*	2:52.08	L	P	Amy Jackson	14	TCA EKU	20/03/2024 SA Level 3 Regional Age Group
61	2:52.50	L	F	Lehane Lategan	14	FAAC	14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER
62	2:52.51	L	F	Madison Higgs	14	INFA NMA	12/08/2023 Madibaz Swim Meet 2023
63	2:52.53	L	F	Lethokuhle Makhubu	14	ACSA ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
64	2:52.61	L	F	Abigail Munro	14	USC BUF	15/12/2023 NMBA Championships 2023
65	2:52.87	L	F	Marike Raimond	14	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
66	2:52.93	L	P	Alexa Basso	14	SOUL EKU	07/12/2023 EGA Summer Championships

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
67	2:53.01 L S	P	Nicola Carver	14	ELEC FSH	12/12/2023	NTS Championships 2023
68	2:53.13 L	F	Megan Mayhew	14	WATR JHB	30/11/2023	CGA Championships 2023
69	2:53.21 L	F	Marne' Van Rensburg	14	BLSS MAN	06/12/2023	Free State Champs 2023
70	2:53.22 L	F	Juanè Burger	14	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
71	2:53.49 L	P	Jade Van Vuuren	14	WATR JHB	30/11/2023	CGA Championships 2023
72	2:53.58 L	F	Rozaan Korff	14	PEPPS CCD	27/01/2024	Limpopo School Champs
73	2:54.01 L	P	Odette Upton	14	LP CCD	19/04/2024	SA Schools Swimming Championship
74	2:54.08 L	P	Madison Smith	14	CA EKU	20/03/2024	SA Level 3 Regional Age Group
75	2:54.29 L	P	Sophia Trout	14	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
76	2:54.63 L	F	Kaylin Fabricius	14	BARR CPT	17/02/2024	Swartland Invitational Gala 2024
77	2:54.78 L	P	Amy Walton	14	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
78	2:54.89 L	F	Ona-Mari Van Niekerk	14	KNYA EDD	10/02/2024	WCA-B Champs - 2024
79	2:55.09 L	F	Aryana Cloete-Hopkins	14	SSISA CPT	18/11/2023	CTA QUALIFYING MEET 2
80	2:55.21 L	P	Mi-Ly Vd Merwe	14	LALE CED	21/03/2024	SA Level 3 Regional Age Group
81	2:55.26 L	F	Emma Hagglund	14	SSISA CPT	24/11/2023	CTA A & B CHAMPS 2023
82	2:55.35 L S	P	Mila De Souza	14	EXP FSH	12/12/2023	NTS Championships 2023
83	2:55.53 L	F	Gabi McQuinn	14	ELEC FSH	12/01/2024	2024 Grand Prix Invitation Swimming
84	2:55.54 L	F	Mikayla Hinkley	14	PER JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
85	2:56.10 L	P	Xanri Muller	14	GHSK	26/03/2024	SA Level 2 Regional Age Group Champs
86	2:56.12 L	P	Addison Doolan	14	AA JHB	20/03/2024	SA Level 3 Regional Age Group
87	2:56.31 L	F	Abigail Wilcocks	14	PAC FSH	22/09/2023	NTS Level 3+ September Age Group
88	2:56.59 L	P	Tatum Grant	14	SOUL EKU	07/12/2023	EGA Summer Championships
89	2:56.66 L	F	Mine Prinsloo	14	BLSS MAN	06/12/2023	Free State Champs 2023
90	2:56.69 L	F	Jessica Hall	14	SEAL UMD	21/01/2024	EDA Age Group Gala 5 2024
91	2:57.49 L	F	Lia Assad	14	TYGE CPT	05/10/2023	42nd Freda Barnard Invitational Gala
92	2:57.55 L	F	Hazel Hutchison	14	FAAC	10/02/2024	AGE GROUP 6 UPT - 2024
93	2:57.93 L	F	Milla Hulse	14	PEAS NMA	01/10/2023	Curro AquaElite Gala
94	2:58.01 L S	P	Amara Okoye	14	PAC FSH	12/12/2023	NTS Championships 2023
95	2:58.24 L	F	Emily Hattingh	14	USC BUF	24/11/2023	BCA Long Course Championships 2023
96	2:58.92 L	P	Lara Eckersley	14	CRSC JHB	30/11/2023	CGA Championships 2023
97	2:59.09 L	F	Abbigail Kulynych	14	BAS EKU	26/01/2024	EGA Last Chance 2024
98*	2:59.10 L	F	Cailyn Clowes	14	PSCP UMD	24/11/2023	Westville-Seals LC Championships
98*	2:59.10 L	P	Abigail Blake	14	GREY CPT	14/12/2023	Western Cape LC-A Championship 2023
100	2:59.13 L	F	Isla Minderon	14	PEAS NMA	15/12/2023	NMBA Championships 2023
101	2:59.42 L	F	Jessica Stedall	14	WWOL FSH	20/10/2023	NTS Level 3+ October Age Group 2023
102	2:59.69 L	F	Kerrigan Hayes	14	CASC CPT	24/06/2023	PEA Winter Gala 2023
103	2:59.97 L	F	Elizabeth Viljoen	14	HREF BP	06/12/2023	NWS Championships 2023/24
104	3:00.57 L	F	Hannah De Necker	14	FISH EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
105	3:00.63 L	F	Payton Groger	14	LEGC ETH	24/11/2023	Westville-Seals LC Championships
106	3:00.97 L	F	Diane Munro	14	BLSS MAN	06/12/2023	Free State Champs 2023
107	3:01.09 L	F	Alexis Muller	14	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
108	3:01.40 L	F	Zia Moosa	14	SEALE ETH	21/01/2024	EDA Age Group Gala 5 2024
109	3:01.55 L	F	Marlo Lensing	14	UPSK ZMD	03/02/2024	NCASA SPRINTS 2024
110	3:01.56 L	F	Lili Annandale	14	BULS MAN	15/09/2023	Bull Sharks Annual Gala
111	3:01.73 L S	F	Huei-Ing Chen	14	DORE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
112	3:01.75 L	P	Kapitolina Xaba	14	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
113	3:01.93 L	P	Emma Nolan	14	MDOL JHB	30/11/2023	CGA Championships 2023
114	3:02.62 L	F	Sydni Adams	14	VINE CPT	21/01/2024	CTA BMEET 4
115	3:02.69 L	F	Kayla Koen	14	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
116	3:03.01 L	P	Shalem Mashingaidze	14	WATR JHB	30/11/2023	CGA Championships 2023
117	3:03.36 L	F	Emma-Lee Theron	14	BLSS MAN	06/12/2023	Free State Champs 2023
118	3:03.48 L	F	Katya O'Brien	14	BON EKU	24/11/2023	EGA Summer 4
119	3:03.52 L	P	Micke Prinsloo	14	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
120	3:03.78 L	F	Megan Jansen	14	ELEC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
121	3:03.81 L	F	Nikita Grant	14	WSTV ETH	24/11/2023	Westville-Seals LC Championships
122	3:04.04 L	F	Annabelle Van Rensburg	14	TUKS FSH	01/12/2023	2023 The Tshwane Mayor's Gala
123	3:04.07 L	F	Sahana Dayaram	14	DORE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
124	3:04.08 L	F	Inneke Liebenberg	14	POTC KKD	21/10/2023	NWS Age Group 1 & 2 2023
125	3:04.18 L	F	Ada Barnard	14	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
126	3:04.31	L	F	Lara Janse van Rensburg	14	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
127	3:04.36	L	P	Caitlin Knight	14	WATR JHB	20/03/2024	SA Level 3 Regional Age Group
128	3:04.39	L	F	Jani Visagie	14	SWAR WCD	10/02/2024	WCA-B Champs - 2024
129	3:04.43	L	P	Tatum Topliss	14	CA EKV	20/03/2024	SA Level 3 Regional Age Group
130	3:04.99	L	F	Jesse Kirsten	14	BLOT MAN	03/02/2024	Heidedal Welkom Gala 2
131	3:05.15	L	F	Ella-Mae Henning	14	VRC TSH	02/02/2024	NTS Level 1+2 February Age Group
132	3:05.33	L	F	Sulize Henning	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
133	3:05.59	L	F	Mia-Isabelle Mans	14	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
134	3:05.62	L	F	Lana Pretorius	14	LALE CED	03/02/2024	Winelands SL final
135	3:05.72	L	F	Ariel De Bruyn	14	CSA EZD	01/12/2023	Mpumalanga Championships 2023
136	3:05.94	L	F	Miane Kasselmann	14	RBOT BPD	06/12/2023	NWS Championships 2023/24
137	3:05.96	L	F	Tylah Johannes	14	VINE CPT	20/01/2024	CTA A MEET 4
138	3:05.97	L S	F	Rachel Henley	14	ESTR EKV	24/03/2024	SA Level 2 Regional Age Group Champs
139	3:06.15	L	F	Anja Volschenk	14	BLSS MAN	06/12/2023	Free State Champs 2023
140	3:06.21	L	F	Gabriella Baillie	14	ROA EDD	21/03/2024	SA Level 3 Regional Age Group
141	3:06.34	L	F	Caitlin Camacho	14	TUKS TSH	20/10/2023	NTS Level 3+ October Age Group 2023
142	3:06.70	L S	F	Keira Martins	14	H2O EKV	24/03/2024	SA Level 2 Regional Age Group Champs
143	3:07.11	L	F	Anike Taljaard	14	PSCP UMD	05/04/2024	SA Level 2 Regional Age Group Champs
144	3:07.51	L	F	Isabelle Welgemoed	14	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
145	3:07.57	L	F	Freyja Weaver	14	OHAN ILD	27/01/2024	Ushaka Champs 2024
146	3:07.66	L	P	Paige Van Niekerk	14	AFIN JHB	30/11/2023	CGA Championships 2023
147	3:07.69	L	F	Simone Van Wyk	14	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
148	3:07.79	L	P	Tara Saint	14	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
149	3:07.85	L	F	Ella Jv Rensburg	14	LSKP WB	04/11/2023	Limpopo LS - Top 8 skole 2023
150	3:07.93	L	F	Rebecca Froneman	14	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
151	3:08.37	L	F	Daniella Myburg	14	BLSS MAN	15/09/2023	Bull Sharks Annual Gala
152	3:08.61	L	F	Sulize Kruger	14	AA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
153	3:08.83	L	F	Mienke Kempen	14	LALE CED	03/02/2024	Winelands SL final
154	3:09.10	L	F	Milan Ferreira	14	TASC MPD	21/10/2023	Limpopo Age Group 4
155	3:09.21	L	F	Margo Louw	14	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
156	3:09.57	L	P	Kirsten Myers	14	SSISA CPT	14/12/2023	Western Cape LC-A Championship 2023
157	3:09.69	L	F	Sofiya Dos-Santos	14	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
158	3:10.59	L	F	Liane' de Wet	14	BULS MAN	06/12/2023	Free State Champs 2023
159	3:11.18	L	F	Georgia Wichmann	14	MGSC UGD	24/11/2023	Westville-Seals LC Championships
160	3:11.23	L	F	Mèla Loubser	14	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
161	3:11.29	L	F	Sadie Bothma	14	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
162*	3:11.38	L	F	Kay-Lee Mouton	14	SWAR WCD	17/02/2024	Swartland Invitational Gala 2024
162*	3:11.38	L S	F	Hannah Du Toit	14	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
164	3:11.57	L	F	Rebekah Van Coller	14	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
165	3:11.75	L	F	Talita Wessels	14	UNI EZD	01/12/2023	Mpumalanga Championships 2023
166	3:11.83	L	F	Chanel Van Tonder	14	SEAL UMD	24/11/2023	Westville-Seals LC Championships
167	3:12.16	L	F	Mariné Pretorius	14	KALA	27/10/2023	KALAHARI CLASSIC GALA 2023
168	3:12.41	L	F	Keona Landman	14	AACTA CPT	24/11/2023	CTA A & B CHAMPS 2023
169	3:12.57	L	P	Robyn-Rae Purdon	14	PSCP UMD	21/03/2024	SA Level 3 Regional Age Group
170	3:12.70	L	F	Ava Lambropoulos	14	TRAZ TSH	03/11/2023	NTS Level 1+2 November Age Group
171	3:13.02	L	F	Aaishah Hartley	14	MARL CPT	24/06/2023	PEA Winter Gala 2023
172	3:13.75	L	F	Anieke Prinsloo	14	BETH FDD	06/12/2023	Free State Champs 2023
173	3:13.94	L	F	Ameera Motala	14	ATLA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
174	3:14.02	L	F	Kyrah Mack	14	PEAS NMA	24/06/2023	PEA Winter Gala 2023
175	3:14.33	L	P	Klara Weber	14	PLAY CED	14/12/2023	Western Cape LC-A Championship 2023
176	3:14.90	L	F	Ellie-mari Reckling	14	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
177	3:14.95	L	F	Bianca Potgieter	14	PAC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
178	3:15.02	L	F	Cecilia Breedt	14	DORE JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
179	3:15.59	L	F	Kawanelo Linake	14	TRAZ TSH	01/12/2023	2023 The Tshwane Mayor's Gala
180	3:15.77	L	F	Nasheetah Jephtha	14	MANT CPT	10/02/2024	WCA-B Champs - 2024
181	3:16.14	L	F	Kayden Mauer	14	USC BUF	09/02/2024	Infinity Gala 2024
182	3:16.46	L	P	Jessica Davies	14	VIKI BUF	21/03/2024	SA Level 3 Regional Age Group
183	3:16.67	L	F	Simone' Pretorius	14	BETH FDD	06/12/2023	Free State Champs 2023
184	3:16.90	L	F	McKenzie Jones	14	ESTR EKV	24/11/2023	EGA Summer 4

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
185	3:17.05	L	P	Elandri Du Randt	14	BETH FDD	26/03/2024 SA Level 2 Regional Age Group Champs
186	3:17.13	L	P	Emmah Myburgh	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
187	3:17.18	L	F	Inge Vd Walt	14	TUKS TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
188	3:17.38	L S	F	Shayla WHYTE	14	MDOL JHB	24/03/2024 SA Level 2 Regional Age Group Champs
189	3:17.52	L	F	Christina Marzagalli	14	CYBE CPT	21/01/2024 CTA BMEET 4
190	3:18.38	L	F	Carmen Stapelberg	14	TINC TSH	26/01/2024 NTS Level 3+ Januarey Age Group 2024
191	3:18.70	L	P	Alexa Cave	14	MDOL JHB	30/11/2023 CGA Championships 2023
192	3:18.75	L	F	Daizeli Bosman	14	PLAY CED	05/10/2023 42nd Freda Barnard Invitational Gala
193*	3:19.15	L	F	Leandri Grobler	14	VHD ZLD	27/01/2024 Ushaka Champs 2024
193*	3:19.15	L	F	Macayle Eisen	14	UNI EZD	02/02/2024 MP AGE GROUP 5 GALA
195	3:19.19	L	F	Nicole Senekal	14	TKS WBD	01/12/2023 Limpopo Champs
196	3:19.21	L	F	Annemie De Villiers	14	PRKA PSD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
197	3:19.52	L	P	Melinda Dippenaar	14	BS LLD	26/03/2024 SA Level 2 Regional Age Group Champs
198	3:20.38	L	P	Keira Ellerbeck	14	H2O EKU	07/12/2023 EGA Summer Championships
199	3:21.14	L	F	Sinead De Wet	14	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
200	3:21.56	L	F	Abigail Suckling	14	FSE KCD	27/01/2024 Ushaka Champs 2024
201	3:21.60	L	P	Oratile Matli	14	ESTR EKU	07/12/2023 EGA Summer Championships
202	3:21.66	L	P	Julia Booth	14	SOUL EKU	07/12/2023 EGA Summer Championships
203	3:22.00	L	F	Delise Malenza	14	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
204	3:22.04	L	F	Carli Murray	14	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
205	3:22.20	L	F	Erin Olivier	14	ASAC CPT	17/09/2023 CTA BMEET 3
206	3:22.56	L	F	Jessie Ludick	14	CASC CPT	10/02/2024 WCA-B Champs - 2024
207	3:22.61	L	F	Stephanie Minnaar	14	TYGE CPT	21/01/2024 CTA BMEET 4
208	3:23.68	L	F	Keone Molapo	14	RFA TSH	02/02/2024 NTS Level 1+2 February Age Group
209	3:24.17	L	F	Alexandra Sheppard	14	BERG BP	23/02/2024 NW School Championships 2024
210	3:24.63	L	F	Riley Prinsloo	14	ELEC TSH	03/11/2023 NTS Level 1+2 November Age Group
211	3:24.64	L	F	Emma Brooks	14	SWAR WCD	11/11/2023 Swartland Prestige Gala 2023
212	3:24.87	L	P	Isabelle Botha	14	PGAC EKU	07/12/2023 EGA Summer Championships
213	3:25.23	L	F	Mila Volschenk	14	TYGE CPT	17/09/2023 CTA BMEET 3
214	3:25.47	L	F	Madisson De Druyn	14	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
215	3:25.72	L	F	Gabriela Dimitrova	14	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
216	3:26.00	L	F	Mia Koen	14	BULS MAN	11/11/2023 Bull Sharks Gala
217	3:26.80	L	F	Zephani Adams	14	WEST CPT	18/11/2023 CTA QUALIFYING MEET 2
218	3:27.58	L	P	Nieke Engelbrecht	14	UPSK ZMD	26/03/2024 SA Level 2 Regional Age Group Champs
219	3:27.63	L	F	Cayla Boardman	14	CA EKU	24/11/2023 EGA Summer 4
220	3:27.72	L	F	Karla Lemmer	14	USH KCD	28/10/2023 KCDA October Age Group Gala 2023
221	3:27.98	L	F	Sadie Kata	14	SWIFT EKU	02/03/2024 AG Level 1 Regional Age Group
222	3:28.38	L	F	Ndalwentle Nobangule	14	HARL BUF	24/11/2023 BC Long Course Championships 2023
223	3:29.04	L	F	Leah Davel	14	ACAQ CCD	21/10/2023 Limpopo Age Group 4
224	3:29.50	L	F	Megan Horn	14	DOLFI MPD	21/10/2023 Limpopo Age Group 4
225	3:30.03	L	F	Kaylee Glutz	14	SEALI ILD	24/11/2023 Westville-Seals LC Championships
226	3:31.02	L	F	Lyla Shekel	14	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
227	3:32.65	L	F	Kiara Storm	14	STSC KCD	27/01/2024 Ushaka Champs 2024
228	3:32.86	L	P	Erin Stead	14	FRA KCD	05/04/2024 SA Level 2 Regional Age Group Champs
229	3:33.12	L	F	Melandri Vermaak	14	TINC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
230	3:33.72	L	F	Isidora Stojanovic	14	RFA TSH	03/11/2023 NTS Level 1+2 November Age Group
231	3:34.94	L	F	Callen Campbell	14	WEST CPT	17/09/2023 CTA BMEET 3
232	3:35.66	L	F	Samara Prinsloo	14	STSC KCD	27/01/2024 Ushaka Champs 2024
233	3:35.74	L	F	Kyra Home	14	MDOL JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
234	3:35.97	L	F	Ilne Bruwer	14	BLSS MAN	06/12/2023 Free State Champs 2023
235	3:36.23	L	F	Rozel Scholtz	14	STELL RMD	21/10/2023 NWS Age Group 1 & 2 2023
236	3:37.21	L	F	Kari Tise	14	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
237	3:37.35	L	F	Rerapetse Ramohale	14	FIELD BP	23/02/2024 NW School Championships 2024
238	3:38.06	L	F	Leigh Chung Kim Yuen	14	MANT CPT	05/10/2023 42nd Freda Barnard Invitational Gala
239	3:38.53	L	P	Lauren Naidoo	14	ACSA ETH	05/04/2024 SA Level 2 Regional Age Group Champs
240	3:38.60	L	F	Imke Botha	14	STAR BPD	21/10/2023 NWS Age Group 1 & 2 2023
241	3:39.14	L	F	Nina Wessels	14	UNI EZD	01/12/2023 Mpumalanga Championships 2023
242	3:39.71	L	F	Nolene Badenhorst	14	STAQ CED	03/02/2024 Winelands SL final
243	3:41.75	L	F	Ashlin Nel	14	SSISA CPT	17/02/2024 Swartland Invitational Gala 2024



### Individual Top Times

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 Number of Top Times: All      Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
244	3:44.03	L	F	Mikaela Johst	14	ELEC FSH	03/11/2023 NTS Level 1+2 November Age Group
245	3:45.26	L	F	Sandisiwe Mkhathswa	14	MAKO EKU	24/11/2023 EGA Summer 4
246	3:45.42	L	F	Lilli-Hanna Black	14	HTSA CPT	17/09/2023 CTA BMEET 3
247	3:46.66	L	F	Emilia de Freitas	14	MAKO EKU	26/01/2024 EGA Last Chance 2024
248	3:46.91	L	F	Jasmine Hirshovitz	14	GREY CPT	21/01/2024 CTA BMEET 4
249	3:49.04	L	P	Skyla Reddy	14	SWIFT EKU	07/12/2023 EGA Summer Championships
250	3:50.21	L	F	Diëm Peens	14	CUHE OBD	21/01/2024 CTA BMEET 4
251	3:51.87	L	F	Hannah Struwig	14	AQUA BUF	21/10/2023 Uthukela District Age Group Gala
252	3:53.70	L	F	Bohlale Khahledi	14	BARR CPT	05/10/2023 42nd Freda Barnard Invitational Gala
253	3:54.15	L	F	Mia Okkers	14	HURA CPT	11/11/2023 Swartland Prestige Gala 2023
254	3:57.36	L	F	Humairah Safi	14	ISSA NM	23/02/2024 NW School Championships 2024
255	3:57.42	L	F	Mia Pienaar	14	BULS MAN	15/09/2023 Bull Sharks Annual Gala
256	4:01.77	L	F	Tamsyn Thomson	14	BULS MAN	15/09/2023 Bull Sharks Annual Gala
257	4:02.02	L	F	Nonjabulo Thusi	14	USH KCD	21/10/2023 Froggies Championships 2023
258	4:05.79	L	F	Jessica Bennett	14	SAAW CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
259	4:06.12	L	F	Mieke Griffiths	14	MSC NGD	20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY
260	4:08.32	L	F	Ilze Olley	14	ACAA CCD	11/11/2023 Limpopo Age Group 5
261	4:08.92	L	F	Benedicta Atta-Asamoah	14	WWOL FSH	03/11/2023 NTS Level 1+2 November Age Group
262	4:11.64	L	F	Johanika Groenewald	14	UNI EZD	02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS
263	4:12.45	L	F	Caroline Retief	14	HTSA CPT	17/09/2023 CTA BMEET 3
264	4:16.48	L	F	Lutendo Mphelo	14	BETH FDD	02/03/2024 FSA Level 1 2024
265	4:16.50	L	F	Klara Groenewald	14	PRA GSD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
266	4:16.94	L	F	Mamello Mabuza	14	ESP EKU	28/10/2023 EGA Summer 2 2023
267	4:18.27	L	F	Cornelia Van Zyl	14	LALE CED	11/11/2023 Winelands SL4
268	4:18.96	L	F	Nina Cloete	14	FISH EDD	21/10/2023 EDEN 2nd A-League Gala 2023
269	4:21.56	L	F	Reneilwe Malumane	14	POLSC CCD	01/12/2023 Limpopo Champs
270	4:27.53	L	F	Hannah Myburgh	14	AQDO CPT	05/10/2023 42nd Freda Barnard Invitational Gala
271	4:34.13	L	F	Deannè King	14	HTSA CPT	17/09/2023 CTA BMEET 3
272	4:43.36	L	P	Aobakwe Molokoane	14	TLAC BPD	06/12/2023 NWS Championships 2023/24
273	4:43.61	L	F	Kuzivakwashe Mukweveri	14	PELIC MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
<b>Women 14-14400 IM</b>							
1	5:22.47	L	F	Zuria Venter	14	CA EKU	15/03/2024 SA National Junior Age Group
2	5:28.97	L	F	Sienna Gous	14	INFA NMA	24/06/2023 PEA Winter Gala 2023
3	5:38.54	L	F	Ava Newton	14	CASC CPT	15/03/2024 SA National Junior Age Group
4	5:44.98	L	F	Madison Coleman	14	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
5	5:45.54	L	F	Caitlin Rossiter	14	HREF BP	15/03/2024 SA National Junior Age Group
6	5:46.25	L	F	Amy Hartung	14	ASAC CPT	14/12/2023 Western Cape LC-A Championship 2023
7	5:46.27	L	F	Anja Buitendach	14	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
8	5:48.56	L S	F	Mikayla Frösler	14	BEST NMA	26/01/2024 6th A League Gala 2024
9	5:49.01	L	F	Eva Dal Cin	14	ELEC FSH	09/11/2023 Mauritius Summer Championships (LC)
10	5:55.37	L	F	Kacey Hughes	14	STSC KCD	24/11/2023 Westville-Seals LC Championships
11	6:02.87	L	F	Ava Strong	14	PEAS NMA	21/10/2023 4th A League Gala 2023
12	6:05.19	L	F	Aliyah De Oliveira	14	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
13	6:06.07	L	F	Margo Senekal	14	TYGE CPT	11/11/2023 Winelands SL4
14	6:07.03	L	F	Lize-Marie Kruger	14	BLSS MAN	15/09/2023 Bull Sharks Annual Gala
15	6:08.32	L	F	Gabriella Boerstra	14	TUKS FSH	12/12/2023 NTS Championships 2023
16	6:10.70	L	F	Xanri Muller	14	NC FB	19/04/2024 SA Schools Swimming Championship
17	6:35.97	L	F	Marlo Lensing	14	NC FB	27/01/2024 4 + 1 Inter Provincial Gala 2023
18	6:37.61	L	F	Anja Volschenk	14	BLSS MAN	06/12/2023 Free State Champs 2023
19	8:42.56	L	F	Nieke Engelbrecht	14	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023